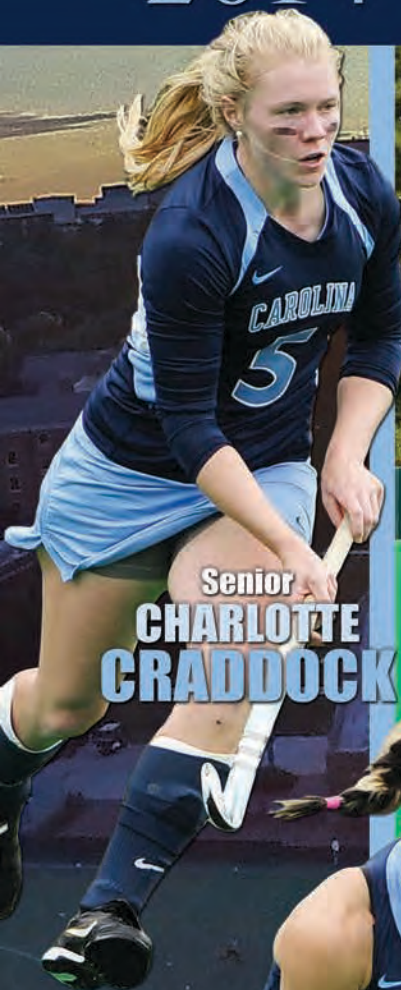


CAROLINA

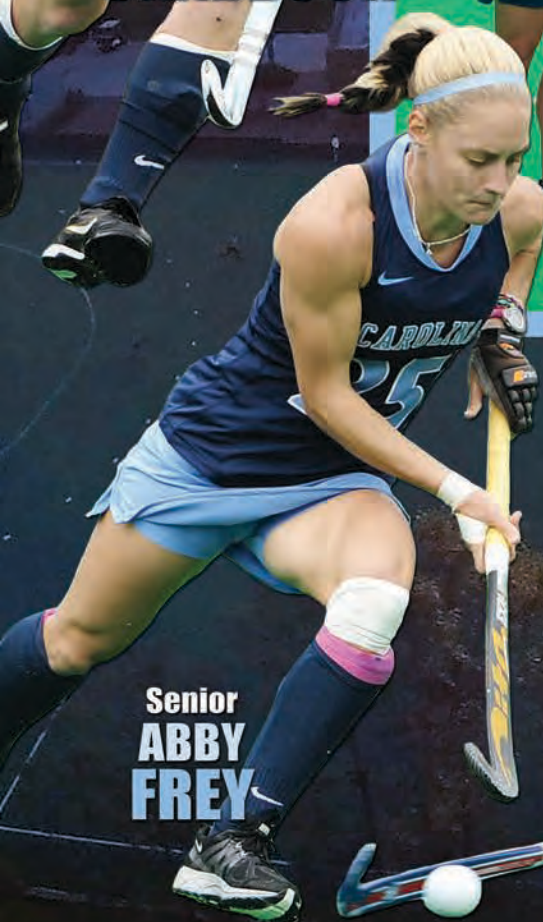
2014 Tar Heel Field Hockey



Senior
**CHARLOTTE
CRADDOCK**



Senior
**LOREN
SHEALY**



Senior
**ABBY
FREY**

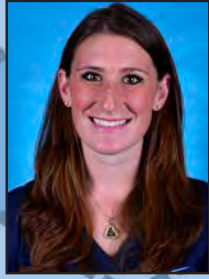


Senior
**SAMANTHA
TRAVERS**



Senior
**SASSI
AMMER**

2014 CAROLINA FIELD HOCKEY: MEET THE TAR HEELS



Sassi Ammer
#00 • Sr. • GK
Munich, Germany



Kristy Bernatchez
#3 • So. • M
Belgrade, Maine



Rachel Black
#18 • So. • F
Clemmons, N.C.



Emma Bozek
#14 • Jr. • M/F
Cortlandt Manor, N.Y.



Charlotte Craddock
#5 • Sr. • F
Wolverhampton, England



Casey Di Nardo
#21 • Jr. • F
Virginia Beach, Va.



Bljssie Du Bose
#26 • Fr. (RS) • F
Charlottesville, Va.



Halle Frain
#6 • Fr. • M
Lake Forest, Ill.



Abby Frey
#25 • Sr. • B
Lehighton, Pa.



Alex Gorry
#28 • Fr. • B
Pittsboro, N.C.



Alex Grant
#24 • Fr. • M/B
Chapel Hill, N.C.



Shannon Johnson
#31 • So. • GK
Ocean Port, N.J.



Gab Major
#27 • Fr. • F
Royersford, Pa.



Mackenzie Mick
#11 • Fr. • M
Lake Forest, Ill.



Lauren Moyer
#19 • So. • F
York, Pa.



Morgan Newell
#22 • Fr. • F
Greenville, N.C.



Sam Night
#12 • Fr. (RS) • M/F
Houston, Texas



Nina Notman
#10 • Jr. • M/B
Hamburg, Germany



Jessica Pereira
#1 • Fr. (RS) • M/F
Palmerton, Pa.



Caroline Plyler
#17 • So. • B/M
Charlotte, N.C.



Tyler Powell
#15 • So. • F
Cary, N.C.



Loren Shealy
#2 • Sr. • F
Charlotte, N.C.



Samantha Travers
#4 • Sr. • B
Harare, Zimbabwe



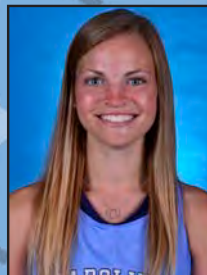
Charlotte Vaziri
#8 • Fr. • M
New Albany, Ohio



Tanner Watson
#29 • Fr. • F
Chapel Hill, N.C.



Emily Wold
#9 • Jr. • B/M
Freehold, N.J.



Julia Young
#16 • So. • B
Yorktown, Va.

2014 UNC Field Hockey Schedule

Date	Opponent	Site	Time
ACC-Big Ten Challenge			
Aug. 30	Michigan	Chapel Hill	11:30 a.m.
	Wake Forest vs. Iowa	Chapel Hill	2 p.m.
Aug. 31	Iowa	Chapel Hill	11:30 a.m.
	Wake Forest vs. Mich.	Chapel Hill	2 p.m.
Sept. 5	At Maryland	College Park, Md.	4 p.m.
Sept. 7	At Delaware	Newark, Del.	12 p.m.
Sept. 12	Syracuse *	Chapel Hill	5 p.m.
Sept. 20	At Louisville *	Louisville, Ky.	1 p.m.
Sept. 21	Vs. Miami, Ohio	Louisville, Ky.	12 p.m.
Sept. 26	At Boston College *	Newton, Mass.	4 p.m.
Sept. 28	Vs. Connecticut	Newton, Mass.	12 p.m.
Oct. 3	Virginia *	Chapel Hill	6 p.m.
Oct. 9	At Wake Forest	Winston-Salem, N.C.	5 p.m.
Oct. 10	At Longwood	Farmville, Va.	5 p.m.
Oct. 12	VCU	Chapel Hill	1 p.m.
Oct. 17	At Duke •	Durham, N.C.	6 p.m.
Oct. 19	At Liberty	Lynchburg, Va.	2 p.m.
Oct. 25	Wake Forest •	Chapel Hill	1 p.m.
Oct. 26	Pacific	Chapel Hill	1 p.m.
Nov. 2	At Old Dominion	Norfolk, Va.	1 p.m.

2014 Atlantic Coast Conference Championship

Nov. 6	Quarterfinals	Durham, N.C.	TBA
Nov. 7	Semifinals	Durham, N.C.	TBA
Nov. 9	Championship	Durham, N.C.	TBA

2014 NCAA Division I Championship

Nov. 15	First Round	Campus sites	TBA
Nov. 16	Second Round	Campus sites	TBA
Nov. 21	Semifinals	College Park, Md.	TBA
Nov. 23	Championship	College Park, Md.	TBA

* – Atlantic Coast Conference games

Supporting the Tar Heels

The University of North Carolina is proud of its long-standing relationship with Nike, Inc. The two parties signed a new 10-year contract in May 2009 for Nike to continue as the exclusive supplier of athletic footwear, apparel and accessory products. Nike will provide the athletic department with shoes, uniforms, coaching gear, balls and other equipment. Nike also gave the University \$2 million for the Chancellor's Academic Enhancement Fund to support faculty.

This partnership has benefitted all 28 varsity sports and provided millions of dollars for academics and student scholarships at the University.



The University of North Carolina

Location: Chapel Hill, N.C.
Chartered: 1789
Enrollment: 29,278 (18,503 undergraduate)
Chancellor: Carol Folt
Director of Athletics: Bubba Cunningham
Senior Woman Administrator: Dr. Beth Miller
Affiliation: NCAA Division I
Conference: Atlantic Coast
Nickname: Tar Heels
Mascot: Rameses the ram
School colors: Carolina blue and white
Athletic department web site: www.GoHeels.com

Carolina Field Hockey

Head Coach: Karen Shelton (West Chester, '79)
Record at UNC and overall: 568-146-9 in 33 seasons
Office phone: (919) 962-5230
Office fax: (919) 962-1646
Associate Head Coach: Grant Fulton (10th season)
Office phone: (919) 962-5219
Assistant Coach: Kaitlyn Ruhf (First season)
Office phone: (919) 962-4407
Director of Operations: Teryn Brill (Third season)
Office phone: (919) 962-5411
Mailing address: P.O. Box 2126, Chapel Hill, NC 27515
Home Stadium: Francis E. Henry Stadium (Astroturf)
Stadium Capacity: 1,086
NCAA appearances: 33, most recent in 2013
NCAA Championships: Six - 1989, '95, '96, '97, 2007, 2009
ACC Championships: 18 - 1983, '84, '85, '86, '87, '88, '89, '90, '91, '93, '94, '95, '96, '97, 2004, 2007, 2011, 2012
2013 Record: 18-6 (3-3 ACC)
2013 ACC Tournament results: Runner-up (Beat Wake Forest 3-2 in quarterfinal, beat Syracuse 1-0 in semifinal, lost to Maryland 2-0 in championship)
2013 NCAA Tournament results: Semifinal (Beat Delaware 6-2 in first round, beat Wake Forest 5-2 in second round, lost to Connecticut 2-1 in penalty strokes in the semifinal)
Letterwinners returning/lost: 16/6

UNC Athletic Communications

Assoc. Director/field hockey contact: Dana Gelin
Email address: dgelin@uncaa.unc.edu
Phone: office – (919) 962-0083; **cell –** (919) 455-8289
Office fax: (919) 962-0612
Mailing address: P.O. Box 2126, Chapel Hill, NC 27515

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GoHeels.com

@UNCFieldHockey

UNC Field Hockey

uncfielddhockey

Credits:

Photos by Jeffrey Camarati (team, headshots, cover photos and action). Campus photos by Dan Sears. Additional photos courtesy of Tony Yount, Claire Hayes and USA Field Hockey
 Printing by ImageMark.



Front row (L to R): Sassi Ammer, Abby Frey, Samantha Travers, Charlotte Craddock, Loren Shealy, Shannon Johnson
Second row: Head Coach Karen Shelton, Associate Head Coach Grant Fulton, Morgan Newell, Charlotte Vaziri, Jessica Pereira, Casey Di Nardo, Sam Night, Blissie Du Bose, Emily Wold, Gab Major, Tanner Watson, Video Coordinator Jarrett Alston, Assistant Coach Kaitlyn Ruhf
Third row: Nina Notman, Strength and Conditioning Coach Steve Gisselman, Alex Grant, Tyler Powell, Kristy Bernatchez, Lauren Moyer, Rachel Black, Emma Bozek, Caroline Plyler, Director of Operations Teryn Brill, Volunteer Assistant Coach Jack Purrington
Back row: Mackenzie Mick, Alex Gorry, Halle Frain, Julia Young

2014 UNC Field Hockey Roster

#	Name	Pos.	Yr.	Ht.	Hometown (High School)	Major
00	Sassi Ammer	GK	Sr.	5-9	Munich, Germany (Theresia-Gert. Gym)	Exercise & Sport Science
1	Jessica Pereira	M/F	Fr. (RS)	5-3	Palmerton, Pa. (Palmerton Area)	General College
2	Loren Shealy	F	Sr.	5-5	Charlotte, N.C. (Charlotte Country Day)	Business Administration
3	Kristy Bernatchez	M	So.	5-7	Belgrade, Maine (Messalonskee)	General College
4	Samantha Travers	B	Sr.	5-5	Harare, Zimbabwe (Peterhouse Girls Sch.)	Communication/Sociology
5	Charlotte Craddock	F	Sr.	5-7	Wolverhampton, England (Repton School)	PWAD/Public Policy
6	Halle Frain	M	Fr.	5-8.5	Lake Forest, Ill. (Lake Forest)	General College
9	Emily Wold	B/M	Jr.	5-8	Freehold, N.J. (Freehold Borough)	Communication Studies
10	Nina Notman	M/B	Jr.	6-0	Hamburg, Germany (Carl-von-Ossietzky Gymn.)	Psychology
11	Mackenzie Mick	M	Fr.	5-8	Lake Forest, Ill. (Lake Forest)	General College
12	Sam Night	M/F	Fr. (RS)	5-3	Houston, Texas (St. John's)	General College
14	Emma Bozek	M/F	Jr.	5-7	Cortlandt Manor, N.Y. (Lakeland)	Business Administration
15	Tyler Powell	M	So.	5-8	Cary, N.C. (Cary Academy)	Business Administration
16	Julia Young	B	So.	5-6	Yorktown, Va. (Grafton)	Exercise & Sport Science
17	Caroline Plyler	B/M	So.	5-7	Charlotte, N.C. (Charlotte Country Day)	Communication Studies
18	Rachel Black	F	So.	5-4	Clemmons, N.C. (West Forsyth)	Biology
19	Lauren Moyer	F	So.	5-5	York, Pa. (Central York)	General College
21	Casey Di Nardo	F	Jr.	5-6	Virginia Beach, Va. (Cox)	Journalism
22	Morgan Newell	F	Fr.	5-2	Greenville, N.C. (Arendell Parrott Academy)	General College
24	Alex Grant	M/B	Fr.	5-6	Chapel Hill, N.C. (Carrboro)	General College
25	Abby Frey	B	Sr.	5-3	Lehigh, Pa. (Lehigh Area)	Exercise & Sport Science
26	Blissie Du Bose	F	Fr. (RS)	5-6	Charlottesville, Va. (St. Anne's-Belfield)	Journalism
27	Gab Major	F	Fr.	5-3	Royersford, Pa. (Spring-Ford)	General College
28	Alex Gorry	B	Fr.	5-9	Pittsboro, N.C. (Northwood)	General College
29	Tanner Watson	F	Fr.	5-0	Chapel Hill, N.C. (Carrboro)	General College
31	Shannon Johnson	GK	So.	5-6	Ocean Port, N.J. (Shore Regional)	General College

Head Coach: Karen Shelton
Associate Head Coach: Grant Fulton
Assistant Coach: Kaitlyn Ruhf
Volunteer Assistant Coach: Jack Purrington
Director of Operations: Teryn Brill
Video Coordinator: Jarrett Alston

PRONUNCIATIONS

Sassi Ammer SAH-see AM-er	Abby Frey FRY
Kristy Bernatchez ber-NACH-ee	Jessica Pereira pair-AIR-uh
Emma Bozek BO-zek	Kaitlyn Ruhf ROOF
Halle Frain HAL (rhymes with "pal")-ee	Emily Wold Rhymes with "hold"



Ammer's Career Statistics

Yr.	GP-GS	GA	GAA	SV	SV%	Min
2011	25-20	17	0.86	33	.660	1385
2012	25-23	29	1.21	76	.724	1676
2013	23-19	23	1.55	68	.747	1331
Totals	83-62	69	1.09	144	.676	4392

SASSI AMMER #00
SENIOR • GK • MUNICH, GERMANY

Majoring in exercise and sport science with minors in chemistry and biology ... Participates in the *Richard A. Baddour* Carolina Leadership Academy as a CREED mentor, helping freshman student-athletes adjust to college life ... Serves as the team's Carolina Outreach representative

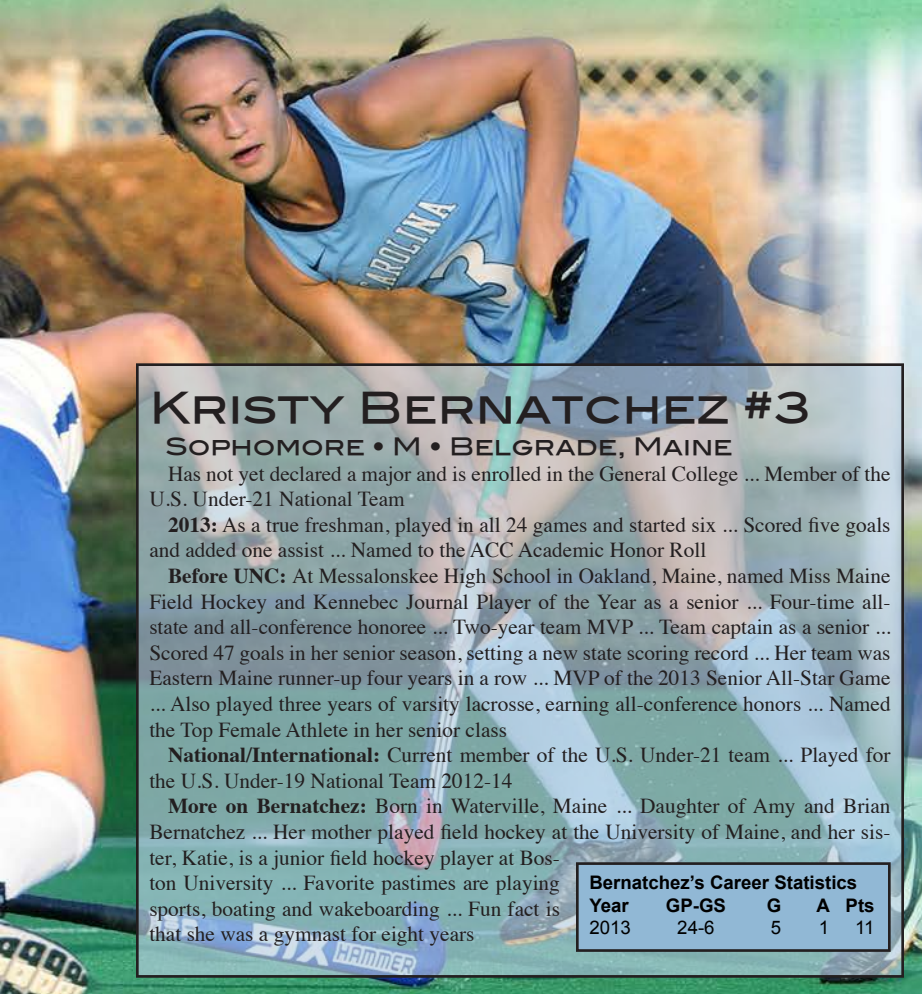
2013: As a junior, played in 23 games and started 19 ... Goals-against average of 1.55 for the season ... Made a season-high seven saves on three occasions, including the NCAA semifinal game against Connecticut ... Named to the All-ACC Academic Team

2012: As a sophomore, played in all 25 games, starting 23 ... Honored with the team's Dawson Family Most Improved Player Award ... Finished the season with a goals-against average of 1.21, allowing 29 goals over 25 games (1676 minutes played) ... Had six solo shutouts and shared one more for a total of seven on the season ... Made 76 saves for a .724 saves percentage ... Member of the German Under-21 team and played three matches against England over the summer of 2013

2011: As a freshman, played in all 25 games and started 20 in goal ... Named to the All-ACC team ... Allowed just 17 goals in 25 games and finished the season with a goals-against average of 0.86, the lowest in the ACC ... Recorded four solo shutouts and was a part of eight more ... Made a season-high four saves against Boston College on Oct. 8 and in the national semifinal game against Connecticut

Before UNC: Attended Theresia Gerhardinger Gymnasium in Munich ... Member of the 2013 Under-21 National Team and played in three matches against England over the summer ... Played for the U-18 National Team in 2010 and the U-16 National Team in 2009

More on Ammer: Full name is Saskia Theresa Maria Ammer ... Known as Sassi ... Born in Graefelfing, Germany ... Daughter of Beate and Klaus Ammer ... Has one older brother, Sebastian



KRISTY BERNATCHEZ #3
SOPHOMORE • M • BELGRADE, MAINE

Has not yet declared a major and is enrolled in the General College ... Member of the U.S. Under-21 National Team

2013: As a true freshman, played in all 24 games and started six ... Scored five goals and added one assist ... Named to the ACC Academic Honor Roll

Before UNC: At Messalonskee High School in Oakland, Maine, named Miss Maine Field Hockey and Kennebec Journal Player of the Year as a senior ... Four-time all-state and all-conference honoree ... Two-year team MVP ... Team captain as a senior ... Scored 47 goals in her senior season, setting a new state scoring record ... Her team was Eastern Maine runner-up four years in a row ... MVP of the 2013 Senior All-Star Game ... Also played three years of varsity lacrosse, earning all-conference honors ... Named the Top Female Athlete in her senior class

National/International: Current member of the U.S. Under-21 team ... Played for the U.S. Under-19 National Team 2012-14

More on Bernatchez: Born in Waterville, Maine ... Daughter of Amy and Brian Bernatchez ... Her mother played field hockey at the University of Maine, and her sister, Katie, is a junior field hockey player at Boston University ... Favorite pastimes are playing sports, boating and wakeboarding ... Fun fact is that she was a gymnast for eight years

Bernatchez's Career Statistics

Year	GP-GS	G	A	Pts
2013	24-6	5	1	11

RACHEL BLACK #18
SOPHOMORE • F • CLEMMONS, N.C.

Majoring in biology ... Has earned Dean's List and ACC Academic Honor Roll recognition

2013: Played in nine games at forward ... Named to the NFHCA National Academic Squad

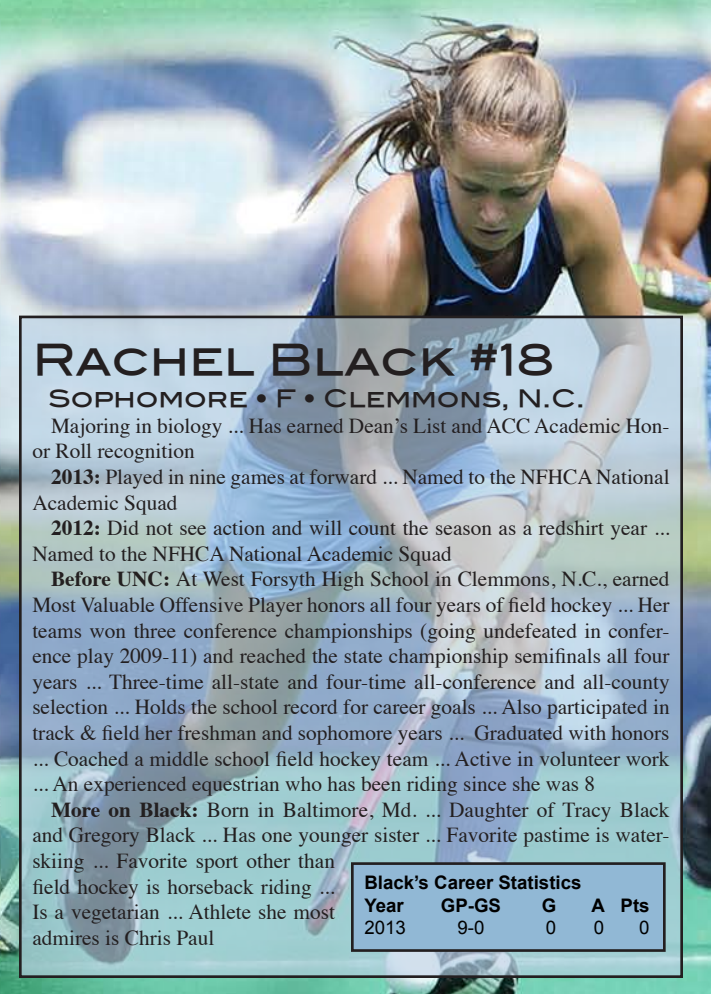
2012: Did not see action and will count the season as a redshirt year ... Named to the NFHCA National Academic Squad

Before UNC: At West Forsyth High School in Clemmons, N.C., earned Most Valuable Offensive Player honors all four years of field hockey ... Her teams won three conference championships (going undefeated in conference play 2009-11) and reached the state championship semifinals all four years ... Three-time all-state and four-time all-conference and all-county selection ... Holds the school record for career goals ... Also participated in track & field her freshman and sophomore years ... Graduated with honors ... Coached a middle school field hockey team ... Active in volunteer work ... An experienced equestrian who has been riding since she was 8

More on Black: Born in Baltimore, Md. ... Daughter of Tracy Black and Gregory Black ... Has one younger sister ... Favorite pastime is water-skiing ... Favorite sport other than field hockey is horseback riding ... Is a vegetarian ... Athlete she most admires is Chris Paul

Black's Career Statistics

Year	GP-GS	G	A	Pts
2013	9-0	0	0	0



EMMA BOZEK #14

JUNIOR • M • CORTLANDT MANOR, N.Y.

Majoring in business administration through the Kenan-Flagler Business School ... Part of the UNC honors program ... Member of the 2014-15 U.S. Under-21 National Team ... Preseason All-ACC selection ... Has earned ACC Academic Honor Roll recognition each year at UNC

2013: As a sophomore, played in all 24 games and started 17 ... Had five goals and four assists ... Two of her goals were game winners: against ODU on Sept. 13 (she scored the first two goals of a 3-0 win) and in an ACC matchup with Boston College on Oct. 19 ... Recipient of the team's Laree Beans Practice Player of the Year Award ... All-South Region second team ... Named to the All-ACC Academic Team and the NFHCA National Academic Squad

2012: As a freshman, appeared in 19 games and started five ... Scored six goals and added three assists ... Missed five games in September while competing as part of the U.S. Junior Women's National Team at the Pan American Junior Championship in Guadalajara, Mexico ... Helped the U.S. to a bronze medal in that event ... Named to the NFHCA National Academic Squad and the All-ACC Academic Team

Before UNC: At Lakeland Senior High School in Shrub Oak, N.Y., was named the 2011 NHSCA Field Hockey Player of the Year ... Earned NFHCA high school All-America honors in her junior and senior years ... Led her teams to state championships in her sophomore, junior and senior years ... Also earned All-America honors in lacrosse

National/International: A member of the Under-21 National Team since 2011 ... Represented the U.S. at the Junior World Cup in Germany in July 2013 ... Member of the U.S. Under-17 team in 2010 ... Part of the Under-21 tour to England in 2011 and the Under-17 tour to Holland in 2010

More on Bozek: Born in Mount Kisco, N.Y. ... Daughter of Ray and Donna Bozek ... Her mother ran track at Manhattan College ... Her sister Megan played field hockey at New Hampshire and is now an assistant coach at Boston College ... Favorite pastimes are camping and playing backyard football

Bozek's Career Statistics

Year	GP-GS	G	A	Pts
2012	19-5	6	3	15
2013	24-17	5	4	14
Career	43-22	11	7	29



CHARLOTTE CRADDOCK #5

SENIOR • F • WOLVERHAMPTON, ENGLAND

Working toward a double major in public policy and peace, war and defense ... A 2014 Preseason All-ACC selection ... Named to the ACC Academic Honor Roll

2013: As a junior, earned second-team All-America honors ... Named All-ACC, All-South Region and All-NCAA Tournament ... Appeared in 18 games (missed six due to injury) and started 14 of those ... Scored 13 goals and added five assists for 31 points, third on the team ... A team-high five of her goals were game winners ... Named to the All-ACC Academic Team

2012: As a sophomore, earned first-team All-America honors ... Started all 19 games in which she appeared ... Led UNC in goals with 26, establishing a new school record for goals by a sophomore ... Also had six assists for a team-high 58 points ... Named All-ACC and All-NCAA Tournament ... Twice named ACC

Player of the Week (Sept. 18, Oct. 9) and shared the honor on (Oct. 30) ... Sat out the first six games of the season to satisfy NCAA eligibility requirements

Before UNC: Graduated from Repton School in Derbyshire, England ... Attended University of Bristol and played for the University of Bristol Ladies Hockey Club

National/International: Was the youngest member of England's team at the Beijing Olympics in 2008 ... Earned her first international cap in 2007 ... Helped England to a bronze at the 2010 Commonwealth Games in India

More on Craddock: Born in Wolverhampton, England ... Daughter of Alan Craddock ... Favorite pastimes are going to movies and watching football

Craddock's Career Statistics

Year	GP-GS	G	A	Pts
2012	19-19	26	6	58
2013	18-14	13	5	31
Career	37-33	39	11	89

CASEY DI NARDO #21

JUNIOR • F • VIRGINIA BEACH, VA.

Majoring in journalism with plans to work in television ... Current member of the U.S. National Team ... Recipient of Dean's List and ACC Academic Honor Roll honors.

2013: As a sophomore, played in all 24 games and started 16 ... Second on the team with 14 goals ... Named second-team All-South Region ... Earned spots on the All-ACC Academic Team and the NFHCA National Academic Squad

2012: As a freshman, appeared in 17 games ... Scored two goals ... Named to the NFHCA National Academic Squad

Before UNC: At Frank W. Cox High School in Virginia Beach, was a four-year varsity starter and earned NFHCA All-America first team honors ... Team captain as a senior, when she was named all-state ... Virginia Beach & Norfolk Sports Club Female Athlete of the Year and Eastern Region & Beach District Player of the Year ... Received Cox's Kurt Felthousen Memorial Award as Fe-

male Athlete of the Year ... Helped her team to state championships in 2008 and '09 ... Cox was No. 1 in the nation in 2009

National/International: Member of the U.S. Under-19 National Team in 2012 and 2013 before being picked for the National Team ... Canadian tour with the 2011 U-17 team ... Junior National Women's Championship Team in 2011

More on Di Nardo: Born in Virginia Beach, Va. ... Daughter of Jimmy and Kathy Di Nardo ... Has one older sister and two brothers, one younger and one older ... Brother Derek plays football at Virginia Tech ... Her father played football at William & Mary ... Favorite pastimes are swimming, crafting and painting ... Wears jersey No. 21 because it was her brother's high school football number and because it is the number of cousins she has ... Fun fact is that she won first place in a school pep rally dance-off ... Dream job is to be a television anchor

Di Nardo's Career Statistics

Year	GP-GS	G	A	Pts
2012	17-0	2	0	4
2013	24-16	14	2	30
Career	41-16	16	2	34

BLISSIE DU BOSE #26

REDSHIRT FR. • F •

CHARLOTTESVILLE, VA.

Majoring in journalism ... Earned a spot on the ACC Academic Honor Roll ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Rising Stars program

2013: Did not see game action and will count the season as a redshirt year ... Named to the NFHCA National Academic Squad

Before UNC: At St. Anne's-Belfield School in Charlottesville, helped her team to two conference titles (2011, 2012) and an eighth-place finish in the state ... Recipient of the Coaches' Award for her team ... Nominated for the Women in Sports Award for field hockey ... Captain of her indoor club team, C'ville C'lect, in 2010 ... Placed third in summer adult league at the Commonwealth of Virginia games ... Also played tennis and lacrosse

More on Du Bose: Born in Charlottesville, Va. ... Daughter of Sally and Charles Du Bose ... Has a younger brother and an older sister ... Her mother played field hockey at Virginia ... An aunt, Anna Doughton, played tennis at UNC ... Many members of her family have attended UNC: her father; grandmother, Anna Du Bose; three aunts: Nancy Greenway, Anna Doughton, and Valinda Coates; and uncle Peter Du Bose ... Favorite pastimes are photography, watching movies/TV, going someplace warm on vacation and hanging out with friends and family

ABBY FREY #25

SENIOR • B • LEHIGHTON, PA.

Majoring in exercise and sport science ... Selected as the team's vice-captain for 2014 ... Earned a spot on the ACC Academic Honor Roll ... Played for the winning team, USA Eagle, in the U.S. Field Hockey Women's National Championships over the summer ... Honored each year as one of UNC's top performers in strength and conditioning

2013: As a junior, played in 19 games and started 16 ... Scored two goals, one at Iowa and one at VCU ... Claimed the strength and conditioning Iron Ram Award for the third year in a row

2012: As a sophomore, played in all 25 games, starting 24 ... Finished the year with two goals and an assist ... Recipient of the team's Marjorie Moses Schwab Unsung Hero Award ... Once again won the strength and condition Iron Ram Award

2011: As a redshirt freshman, played in 14 games ... Scored two goals and had one assist ... Led all UNC female athletes in strength & conditioning testing, earning top honors in the Super Ram (measuring overall athleticism) and Iron Ram (measuring relative strength) categories for the 2011-12 school year

2010: Was sidelined by an injury and will count the year as a redshirt season

Before UNC: At Lehigh Area High School, lettered in field hockey all four years ... team captain as a senior, when her team won the state championship ... Three time district and conference champions ... Named Offensive MVP in her sophomore, junior and senior years ... Also lettered in track, soccer and basketball ... As a senior on the track team, qualified for the state meet in four events and won conference titles in the 100 meters, long jump and 4x100 relay ... Offensive MVP in soccer

More on Frey: Born in Lehigh, Pa. ... Daughter of Robbie Frey and Kathy Boni ... Has five siblings ... Older brother played football at Connecticut ... Favorite pastimes are listening to and finding new music ... After college, hopes to become a physical therapist and specialize in knees and shoulders

Frey's Career Statistics

Year	GP-GS	G	A	Pts
2011	14-0	2	1	5
2012	25-24	2	1	5
2013	19-16	2	0	4
Career	58-40	6	2	14

SHANNON JOHNSON #31

SOPH. • GK • OCEAN PORT, N.J.

Has not yet declared a major and is enrolled in the General College ... Her sister, Aileen, is a junior on the Duke field hockey team ... Earned a spot on the ACC Academic Honor Roll ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Rising Stars program

2013: As a true freshman, appeared in 12 games at goalkeeper and started five ... Allowed just four goals in 312 minutes of play

Before UNC: At Shore Regional High School, team captain her senior year ... Won state titles in 2009 and 2011 and lost just six games in four years ... Her team won conference and division championships all four years ... All-America and all-state as a senior, when she was named Player of the Year by the Asbury Park Press and Monmouth County Player of the Year by the Star-Ledger ... Team MVP as a senior after earning Defensive Player of the Year honors the previous two years ... Also named all-county (four years), all-division (four years), and All-Shore (three years)

National/International: 2013 member of the U.S. Under-19 national team ... Under-17 national team in 2011-12 ... Named Top Goalie on the U-17's 2011 tour of Holland

More on Johnson: Born in Long Branch, N.J. ... Daughter of Stephen and Missy Johnson ... Favorite pastimes are traveling and spending summers at the beach ... Wears jersey No. 31 because it's a family number - her grandfather, father, uncle, cousin, and brother all wore that number ... Fun fact is that she is a nationally-ranked Irish step dancer ... Athlete she most admires is former Tar Heel and U.S. National Team goalkeeper Amy Tran Swensen

Johnson's Career Statistics

Yr.	GP-GS	GA	GAA	SV	SV%	Min
2013	12-5	4	1.15	5	.556	1385

SAM NIGHT #12

REDSHIRT FR. • F
HOUSTON, TEXAS

Has not yet declared a major and is enrolled in the General College ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Rising Stars program ... A member of UNC's honors program

2013: Did not see action and will count the year as a redshirt season ... Named to the NFHCA National Academic Squad

Before UNC: At St. John's School in Houston, helped her team to conference championships in 2011 and 2012 ... As a senior, named to the NFHCA High School All-West Region team and National Academic Squad ... Earned all-conference honors in 2012 and All-South Zone honors in 2010 and 2011 ... Team captain as a senior ... Also competed in track & field, helping her school to three conference championships and earning all-conference honors her freshman through senior years ... Captained the track team as a senior

More on Night: Born in Austin, Texas ... Daughter of Stacy and Susan Night ... Her mother played tennis at Oklahoma ... Favorite pastimes are cooking and baking, yoga, going to farmers' markets and watching old movies ... Favorite sport other than field hockey is football ... Athlete she most admires is Serena Williams ... After college, would like to travel and go to culinary school



LAUREN MOYER #19

SOPHOMORE • F • YORK, PA.

Has not yet declared a major and is enrolled in the General College ... A member of the 2014 U.S. Under-21 Team ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Rising Stars program

2013: As a true freshman, appeared in all 24 games and started five ... Scored six goals and had four assists for 14 points ... Her first career goal came in a 7-2 win over Michigan on Sept. 7, 2013

Before UNC: At Central York High School, served as team captain as a senior ... Four-year varsity starter ... Earned all-state honors ... Also named to the Senior All-Academic Team ... Named to Harrow Sports/NFHCA High School All-Region Pennsylvania second-team ... Led her team in goals, assists and defensive saves as a senior ... Named York Daily Record/Sunday News Division 1 All-Star in her junior and senior years ... 2011 and 2012 YAIAA All-League/County AAA first team ... 2012 YAIAA All-League/County Academic team ... Named to Senior All-Star team ... Also lettered in soccer, starting as a freshman

National/International: Current member of the U.S. Under-21 National Team and a former member of the U-19 team ... Two-year member (2013-14, 2012-13) of the U.S. Women's Junior National Indoor Team and represented the U.S. on a tour of Germany

More on Moyer: Born in York, Pa. ... Daughter of Jon and Angeline Moyer ... Favorite pastimes are traveling, watching movies and spending time with friends and family ... Favorite sport besides field hockey is soccer ... Fun fact is that she was on a juggling team in elementary school ... After graduation, hopes to be a sports nutritionist ...

Dream job is to be a Today show host

Moyer's Career Statistics

Year	GP-GS	G	A	Pts
2013	24-5	6	2	14

NINA NOTMAN #10

JUNIOR • M/B • HAMBURG, GERMANY

Came to UNC after one year of college in Germany, at Leuphana Universität Lüneburg ... Majoring in psychology

2013: As a sophomore, in her first season with the Tar Heels, led the team with 15 goals ... Also had seven assists for a team-best 37 points ... Played in all 24 games and started 21 ... Earned All-ACC honors and was named to the All-South Region first team

Before UNC: Graduated from Carl-von-Ossietzky Gymnasium in 2010 ... Played for the Under-16, Under-18 and Under-21 German National Teams ... Captained the German Under-21 team to the fourth-rank European Championship in 2012 ... Her team was the German Champion in 2009 and 2011 ... Named the Best Player at the German Indoor Championship in 2009 ... Runner-up at European Champions Cup in 2010

More on Notman: Born in Hamburg, Germany ... Daughter of Graeme and Kirsten Notman ... Her mother played field hockey in the German Bundesliga league and the Under-21 national team ... Her father played tennis for Scotland and an aunt competed in equestrian for Germany ... Favorite sports other than field hockey are tennis and soccer

Notman's Career Statistics

Year	GP-GS	G	A	Pts
2013	24-21	15	7	37

JESSICA PEREIRA #1

RS FRESHMAN • M/F • PALMERTON, PA.

Has not yet declared a major and is enrolled in the General College

2013: Did not see action and will count 2013 as a redshirt season, retaining four years of eligibility

Before UNC: At Palmerton (Pa.) High School, captained her high school team and was honored as MVP and Most Aggressive Player ... Also lettered four years in track ... As a junior was league champion in the 100, 400 and triple jump, and district champion in the 100, 200 and 400 ... Top Female Athlete her junior and senior years ... President of National Honor Society

More on Pereira: Born in Allentown, Pa. ... Daughter of Gerald and Cynthia Pereira ... Favorite pastimes are playing Call of Duty, doing puzzles, cooking, playing with her kitten, and hanging out with her family ... Fun fact is that she was a cheerleader for eight years until her school started offering field hockey and she quit cheerleading to play ... After graduation, plans to continue her education by studying biomedical engineering in graduate school

CAROLINE PLYLER #17

SOPHOMORE • M/B • CHARLOTTE, N.C.

Majoring in communication studies ... Her older sister, Katie, played field hockey at UNC from 2008-12

2013: As a redshirt freshman, played in nine games ... Scored her first career goal on a penalty stroke against Longwood on Oct. 23

2012: Did not see action and will count the year as a redshirt season

Before UNC: At Charlotte Country Day, earned all-state and all-conference honors her junior and senior years ... Team captain and MVP as a senior ... Helped her team to a state title in 2010 ... Also played four years of soccer, earning all-conference and second-team all-region honors ... Participated in four years of indoor track, serving as team captain and earning MVP honors as a senior ... Also a two-year member of the track and field team ... Graduated with a school-record 14 varsity letters ... Recipient of the Victoria Ludorum Award as the school's top female athlete

More on Plyler: Born in Charlotte, N.C. ... Daughter of Bill and Missy Plyler ... Her father and grandfather both played golf at UNC and her sister, Katie, played field hockey ... Her twin brother also is a sophomore at Carolina, and her mother is a UNC graduate ... Favorite pastimes are shopping with her sister and mom, watching movies, mentoring younger kids and hanging out with friends and family ... Favorite sport besides field hockey is soccer ... After graduation, would love to work in fashion and eventually coach and teach

Plyler's Career Statistics

Year	GP-GS	G	A	Pts
2013	9-0	1	0	2



TYLER POWELL #15

SOPHOMORE • F • CARY, N.C.

Majoring in business administration through the Kenan-Flagler Business School ... Member of the honors program ... Named to the ACC Academic Honor Roll and the Dean's List

2013: As a redshirt freshman, appeared in seven games ... Named to the NFCHA National Academic Squad

2012: Did not see action and will count the year as a redshirt season ... Named to the NFCHA National Academic Squad

Before UNC: At Cary Academy, was a three-time all-state selection and a four-time all-conference pick ... Named to the NFCHA National Academic Squad in 2011 ... Team captain as a junior and senior ... Played in the North Carolina All-Star Game in 2010 and 2011 ... Holds four school records, three in field hockey (career goals, career assists, goals in a season) and one in track (sprint medley) ... Her school's Female Athlete of the Year in 2012 ... Named Raleigh News & Observer Scholar-Athlete of the Week ... Also earned all-state honors in track ... Ran third leg of state championship 4x100 team ... Helped her school to a state title in track as a senior ... Was a finalist for UNC's prestigious Morehead-Cain Scholarship

More on Powell: Born in Raleigh, N.C. ... Daughter of Brian and Deanna Powell ... Favorite pastimes are reading, watching movies and going to the beach ... Favorite sport other than field hockey is ice hockey (to watch) ... Athletes she most admires are the 1980 U.S. men's ice hockey team ... After graduation, plans to go on to medical school ... Dream job is to be a pediatric intensive care specialist ... Wears No. 15 in honor of former Tar Heel and 2008 Olympian Jesse Gey, who played for the same club program (X-Calibur) she did

Year	GP-GS	G	A	Pts
2013	7-0	0	0	0

LOREN SHEALY #2

SENIOR • F • CHARLOTTE, N.C.

Majoring in business administration at Kenan-Flagler Business School ... Is a Robertson Scholar, splitting her time between the UNC and Duke campuses ... She was selected for the program in the spring of 2012 and is the first student-athlete from UNC to take part ... Named to the Dean's List and ACC Academic Honor Roll and is a member of the honors program ... Spent part of the summer of 2012 in Vietnam with the Coach for College program ... Participates in the *Richard A. Baddour* Carolina Leadership Academy as part of the Veteran Leaders Program ...

2013: As a junior, played in all 24 games and started 18 ... Scored seven goals and added nine assists for 23 points, fifth on the team ... Second-team Capital One Academic All-America selection as part of the At-Large team ... For the second year in a row, honored as the NCAA Elite 89 Award winner as the player at the field hockey final four with the highest cumulative GPA ... Honored as the ACC Field Hockey Scholar-Athlete of the Year and also named to the All-ACC Academic Team ... NFCHA Scholar of Distinction ... Served as team captain

2012: As a sophomore, played in all 25 games and started 12 ... Ranked second on the team in goals with 16 and third in points with 34 ... Named All-ACC Tournament after scoring two goals in the championship game win over Maryland ... Won the NCAA Elite 89 Award as the student-athlete at the field hockey championship site with the highest cumulative GPA ... Honored as a Scholar of Distinction and a National Scholar Athlete by the National Field Hockey Coaches Association ... Named All-ACC Academic ... Selected for the Academic All-District 3 At-Large Team ... Named the Sports Illustrated Female College Athlete of the Year in recognition of her academic and athletic success

2011: As a freshman, played in all 25 games and started six ... Named the team's Rookie of the Year ... Scored four goals and added two assists ... The first goal of her career was the game-



winner in a 2-1 overtime win over Wake Forest on Sept. 18 ... One of her assists came on Kelsey Kolojechick's gamewinner in UNC's 4-3 2OT win over UConn in the NCAA semifinal ... Graduated from high school early to enroll at UNC in January of 2011 as a "gray shirt," and practiced with the team during the spring season

Before UNC: At Charlotte Country Day School, lettered four years in field hockey and basketball and three in track ... As a senior in 2010, was named NFCHA All-America and All-South Region ... Two-time all-state selection and three-time all-conference pick ... Team MVP and Charlotte Field Hockey Player of the Year in her junior and senior years ... Helped her team to a state championship in 2009 ... Named to the 2010-11 NFCHA National Academic Squad ... NSCA Strength and Conditioning All-America pick in 2011 ... Her school's Scholar Athlete of the Year for 2010-11

More on Shealy: Born in Raleigh ... Daughter of Jan and Tommy Shealy ... Has one younger sister ... Her father played baseball at UNC and her grandfather played baseball at Georgia ... Lived in London for three years ... Made a hole-in-one when she was 10 ... Plays the cello ... Has climbed Mt. Shasta in northern California

Year	GP-GS	G	A	Pts
2011	25-6	4	2	10
2012	25-12	16	2	34
2013	24-18	7	9	23
Career	74-36	27	13	67

SAMANTHA TRAVERS #4

SENIOR • B • HARARE, ZIMBABWE

Working toward a double major in communication studies and sociology with a minor in business entrepreneurship ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Veteran Leaders program ... Team captain for 2014

2013: As a junior, played in all 24 games, starting 23 ... Earned All-ACC Tournament honors ... Named to the All-ACC Academic Team ... Scored seven goals (tied for fourth on the team) and added one assist ... Anchored the Tar Heel back line ... Recipient of the team's Carmen and Michael Hooker Leadership Award

2012: As a sophomore, switched from forward to back and played in all 25 games, starting 24 ... Scored eight goals and added one assist ... Made one defensive save ... Shared ACC Player of the Week honors on Sept. 11 after she scored five goals over a two game span and also helped the UNC defense to shutouts in both of those games

2011: As a redshirt freshman, came off the bench to play in all 25 games ... Scored 11 goals, tied for third on the team ... Also had three assists

2010: Enrolled at UNC in January of 2010 and practiced with the team through the spring semester ... Appeared in the first three games of the season then suffered an injury that kept her off the field for the rest of the fall ... Received a redshirt season and will have four years of eligibility remaining

Before UNC: Attended Peterhouse Girls School ... Member of the U21, U18 and U16 teams for Zimbabwe ... Also played two years of golf, representing Zimbabwe ... Member of the U16 and U18 tennis teams for Zimbabwe ... Singles and doubles champion 2004-09 ... Member of Zimbabwe's U18 and U16 squash teams ... Also in the debate club

More on Travers: Born in Harare, Zimbabwe ... Daughter of John and Judy Travers ... Has four older siblings ... Favorite pastime is waterskiing ... Favorite sport to play besides field hockey is squash and also loves cricket ... Dream job is to host a travel show ... Fun fact is that she and her family are featured in an Animal Planet show called, "There's a Rhino in My House."

Travers's Career Statistics

Year	GP-GS	G	A	Pts
2010	3-0	0	0	0
2011	25-0	11	3	25
2012	25-24	8	1	17
2013	24-23	7	1	15
Career	77-47	26	4	57



EMILY WOLD #9

JUNIOR • M/B
FREEHOLD, N.J.

Majoring in communication studies ... A member of the U.S. National Team ... Represented the U.S. in the 2014 World Cup and was the only collegiate player on the team ... Took the spring 2013 semester away from UNC to train with the U.S. team in Pennsylvania ... Named to the 2014 Preseason All-ACC team

2013: As a sophomore, played in all 24 games and started 22 ... Named first-team All-America, All-ACC, All-South Region, All-ACC Tournament and All-NCAA Tournament ... Selected as South Region Player of the Year ... Led the nation in assists with 23, a total that ranks seventh on UNC's single-season assists list ... Also had six goals and ranked second on the team in points with 25 ... Recipient of the team's Anderson Mark of Excellence Most Valuable Player Award as well as the Lingo Award as the Players' Player ... Also won the Keller Award for Open Play Assists

2012: As a freshman, started all 20 games in which she appeared and was named ACC Freshman of the Year ... Third-team All-America ... Also earned All-ACC, All-ACC Tournament, All-NCAA Tournament and All-South Region honors ... Scored three goals and added eight assists ... Named ACC Player of the



Week on Oct. 23 after scoring the gamewinner in an overtime victory at Maryland ... Missed five games in September while competing as part of the U.S. Junior National Team at the Junior Pan American Games, where the U.S. won bronze

Before UNC: At Freehold Borough High School, two-time All-America and all-region selection ... 2009-11 All-Shore first team ... 2011 Asbury Park Press Player of the Year ... 2012 New Jersey Transcript Female Athlete of the Year ... Helped her team to two state titles ... Holds school records career goals, career assists and most goals in a season ... Also lettered in basketball and track

National International: Member of the 2014-15 U.S. Women's National team ... Also played for the Under-21 National Team ... In the summer of 2013, played with the National Team at the World League Semi-Finals in London and the U-21 team at the Junior World Cup in Germany ... 2011 U19 US National team ... 2010 U17 US National team ... Has traveled on U.S. tours to Uruguay (U-17, Youth Pan Am Games), Ireland and Germany (U-21), Chile (U-19) and England (U-21)

More on Wold: Born in Englewood, N.J. ... Daughter of Kathleen and Mark Wold ... Favorite pastimes are going to the beach, hanging out with friends, playing sports, going to different countries, and dancing ... Started wearing jersey No. 9 in honor of Tar Heel alum Mia Hamm, and kept it in honor of another Tar Heel, Rachel Dawson, when she switched from soccer to field hockey ... Favorite sport besides field hockey is gymnastics ... Fun fact is she can carve things into an apple with her teeth ... Dream job is to be a famous singer

Wold's Career Statistics

Year	GP-GS	G	A	Pts
2012	20-20	3	8	14
2013	24-22	6	23	35
Career	44-42	9	31	49



JULIA YOUNG #16

SOPHOMORE • B • YORKTOWN, VA.

Majoring in exercise and sport science ... Current member of the U.S. Under-21 National Team ... Named to the 2013-14 ACC Academic Honor Roll ... Participates in the Richard A. Baddour Carolina Leadership Academy as part of the Rising Stars program

2013: As a true freshman, played in all 24 games and started 10 ... Recipient of the team's Ken and Cheryl Williams Rookie of the Year Award

Before UNC: At Grafton High School, captained her team as a senior and was a three-year starter ... Her team reached the state championship all four years and was state runner-up in 2011 ... Three-time all-state, all-region and all-district selection ... Daily Press All-Stars team in 2010-12 ... NFHCA All-America and All-South Region in 2011 ... Also competed in track & field, setting school and regional records in the high jump ... 2012 indoor track state champion in high jump ... Second-team All-America in 2011 and 2012 ... Team MVP in both indoor and outdoor track

National/International: Member of the 2013-14 U.S. Under-19 Team ... Also played for the U-17 Team

More on Young: Born in Montgomery, Ala. ... Daughter of Amy and Ted Young ... Favorite pastimes are watching scary movies, hanging out with friends, spending summer vacation in Pennsylvania at amusement parks with my family, and going to the beach ... Favorite sports other than field hockey are ice hockey and gymnastics ... Dream job is to be the athletic trainer for the Pittsburgh Steelers

Young's Career Statistics

Year	GP-GS	G	A	Pts
2013	24-10	0	2	2

MORE TO KNOW ...

Team Awards

(As voted on by the players)

Funniest: Charlotte Craddock

Best Dressed: Emily Wold

Best Singer: Gab Major

Best D.J.: Lauren Moyer

Best Cook: Sam Night

Best Storyteller: Jessica Pereira

Most likely to have her own talk show someday: Casey Di Nardo

Most likely to be the UNC field hockey coach someday: Abby Frey

Why did you pick your major?

Abby Frey (Exercise and Sport Science): I tore my ACL so I started to love anatomy! And I also love to coach and help younger players get where they want to be because that's what coaches did for me.

Emily Wold (Communication Studies): Because it would be sick to one day be working with ESPN and also because I really like the study of media.

Casey Di Nardo (Journalism): I love writing and talking so seemed like the perfect fit.

If you could travel anywhere for a week, where would you go?

Caroline Plyler: Africa

Morgan Newell: Africa

Emily Wold: Italy

Alex Gorry: Hawaii

Tanner Watson: Italy

Halle Frain: Barcelona

Sam Night: Paris

Lauren Moyer: Portugal

Charlotte Craddock: Vietnam

Loren Shealy: South Africa

What's your favorite class you've taken at UNC?

"Philosophy 368 (Environmental Ethics), which I'm in currently, because I enjoy the subject a lot and the professor, Douglas MacLean, teaches the class in an interesting way that makes me enjoy attending class." – Julia Young

"Mergers and Acquisitions – Great professor (David Ravenscraft) and very interesting subject matter." – Loren Shealy

"History 262 (History of the Holocaust) – The professor (Christopher Browning) was amazing and subject was really interesting."

– Charlotte Craddock

Tar Heels by State/Country

Illinois

Halle Frain

Mackenzie Mick

Maine

Kristy Bernatchez

New Jersey

Shannon Johnson

Emily Wold

New York

Emma Bozek

North Carolina

Rachel Black

Alex Gorry

Alex Grant

Morgan Newell

Caroline Plyler

Tyler Powell

Loren Shealy

Tanner Watson

Pennsylvania

Abby Frey

Gab Major

Lauren Moyer

Jessica Pereira

Texas

Sam Night

Virginia

Casey Di Nardo

Blissie Du Bose

Julia Young

England

Charlotte Craddock

Germany

Sassi Ammer

Nina Notman

Zimbabwe

Samantha Travers

MEET THE FRESHMEN



HALLE FRAIN

Has not yet declared a major and is enrolled in the General College

Before UNC: At Lake Forest High School, won state championships her junior and senior years ... Earned all-region honors as a senior ... Named all-academic in her sophomore through senior years ... Also played lacrosse and earned US Lacrosse High School All-Academic honors

More on Frain: Born in Chicago ... Daughter of Bill and Patti Frain ... Has one brother ... Her jersey number, 6, is her lucky number

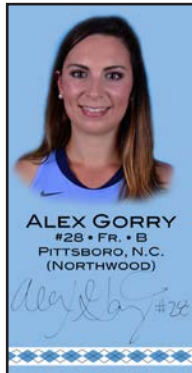


MACKENZIE MICK

Has not yet declared a major and is enrolled in the General College

Before UNC: At Lake Forest High School, won state championships her junior and senior years ... Team captain as a senior ... Also played soccer ... Active in student council

More on Mick: Born in Chicago ... Daughter of Ken and Sharla Mick ... Her father played soccer at Lafayette ... Has one brother and one sister ... Favorite pastimes are singing in the car, taking showers and napping ... Favorite sport other than field hockey is men's ice hockey ... Among other favorites are elephants and fried rice ... Athlete she admires most is Mia Hamm ... After UNC, hopes to go on to medical school ... Dream job is to be a surgeon



ALEX GORRY

Has not yet declared a major and is enrolled in the General College

Before UNC: Graduated from Northwood High School in Pittsboro, N.C., after spending her freshman year at Cardinal Gibbons High School in Raleigh ... Did not play high school field hockey (Northwood doesn't have a team), but played for club teams Carolina All-Stars, NC Tardevils and Charlotte Ambush ... Played JV lacrosse ... President of Key Club and French National Honor Society ... Coached youth field hockey ... Active in community service

More on Gorry: Born in Hickory, N.C. ... Daughter of Allan and Laura Gorry ... Has one sibling ... Her father played football at UNC ... Her uncle, Brigadier General Thomas Gorry, wrestled at UNC ... Her mother is also a

UNC graduate, as are more than 20 other family members ... Favorite pastimes are reading, shopping, spending time with family and watching movies ... Fun fact is that she was a figure skater and dreamed of competing in the Olympics... After UNC, plans to attend graduate school and live in a big city



MORGAN NEWELL

Has not yet declared a major and is enrolled in the General College

Before UNC: At Arendell Parrott Academy, started four years for the varsity squad ... Named team MVP and Most Aggressive Player ... Honored as the fastest player on the team ... Recipient of the Offensive Award ... Also played three years of soccer, earning the Most Improved Award and the Defensive Award ... Editor and photographer for the school newspaper ... Received the Presidential Award, recognizing more than 100 hours of community service

More on Newell: Born in New York, N.Y. ... Daughter of Mark and Dana Newell ... Has one sister ... Favorite pastimes are watching Law & Order: SVU, reading, playing with her dogs, cooking and baking ... Athletes she admires most are Michael Jordan and Serena and Venus Williams ... After UNC, would like to become a lawyer/legal analyst for broadcast news



ALEX GRANT

Has not yet declared a major and is enrolled in the General College

Before UNC: At Carrboro High School, lettered four years for the varsity team ... Earned all-state and all-conference honors and served as team captain ... Three-year member of the State All-Star team ... Led Carrboro to a second-place finish in the state tournament her senior year and a third-place finish her junior year ... Also lettered in lacrosse

More on Grant: Born in Glasgow, Scotland ... Daughter of Stuart and Carol Ann Grant ... Her father played field hockey at Glasgow University ... Has two sisters ... Favorite pastimes are hanging out with friends, traveling and playing with her dogs, Mac and Baxter ... Favorite sport other than field hockey is soccer ... Plays the piano

... Coached a middle school field hockey ... Fun fact is that she broke both her wrists at the same time while snowboarding



TANNER WATSON

Plans to major in exercise and sport science

Before UNC: At Carrboro High School, earned all-state and all-conference honors as a senior ... Recipient of the Coaches Award ... Helped her team to two conference titles ... All-Star game participant as a junior ... Played four years of lacrosse, serving as team captain as a senior

More on Watson: Born in Chapel Hill ... Daughter of Kathryn and Chad Watson ... Her father played lacrosse at UNC, winning NCAA and ACC championships ... Her mother also is a UNC graduate ... Has two younger brothers ... Favorite pastimes are playing pickup basketball with her brothers, playing lacrosse and going to the beach ... Athlete she most admires is her grandmother, who coached the U.S. field hockey team in the 1984 Summer

Olympics ... After graduation, hopes to move somewhere tropical and work in the medical field ... Dream job is to be an ESPN announcer



GAB MAJOR

Has not yet declared a major and is enrolled in the General College

Before UNC: At Spring-Ford High School, earned All-America honors as a junior ... First-team all-state and all-region her sophomore through senior years ... Team captain as a senior ... Four-year varsity starter... Named Player of the Year by the Pottstown (Pa.) Mercury in 2012 ... Played for the U.S. Under-19 and Under-17 Junior National teams

More on Major: Born in Norristown, Pa. ... Daughter of Paul and Mae Major ... Her mother was a gymnast at Alabama ... Has one brother, Paul, who plays lacrosse at Delaware ... He also wears jersey No. 27 ... Favorite pastime is going to her grandparents' house with all of her

cousins ... Favorite sport other than field hockey is ice hockey ... Dream job is to be an emergency room nurse

COACHING STAFF



Over the course of her 33 years in Chapel Hill, Karen Shelton has built one of the country's finest field hockey programs at the University of North Carolina. Shelton took over as the Tar Heels' head coach in 1981 and since then has led UNC to national prominence in the form of six NCAA Championships, nine NCAA runner-up finishes and 31 winning seasons.

Heading into her 34th campaign in 2014, Shelton carries a career record of 568-146-9 and ranks third in NCAA history in career wins. She ranks second among active Division I coaches in both career wins and career winning percentage (.792).

Five times in the past seven seasons, Shelton has led Carolina to the NCAA Championship game, claiming titles in 2007 and 2009 and finishing as runner-up in 2010, 2011 and 2012. In 2013, the Tar Heels reached the NCAA semifinal game. She has led UNC to 18 Atlantic Coast Conference championships, including back-to-back titles in 2011 and 2012.

She earned her 500th win on Oct. 31, 2010, with a 5-0 victory over Radford at home in Francis E. Henry Stadium.

In 2009, Shelton led the Tar Heels to the program's sixth national championship. She was named National Coach of the Year for the fifth time in her career and the second time in a three-year span. Shelton has been honored nine times as Atlantic Coast Conference Coach of the Year, most recently in 2012, and has led the Tar Heels to a league-best 18 ACC titles.

In January of 2008, Shelton was inducted into the National Field Hockey Coaches Association Hall of Fame for her achievements as a coach. She was inducted into the USA Field Hockey Hall of Fame in 1989 for her performance as a player.

Born Nov. 14, 1957, in Honolulu, Hawaii, Shelton spent the first 10 years of her life on Army bases across the country. She was in fifth grade when her father retired and the family - Shelton has four brothers and two sisters - moved to Pennsylvania, the cradle of field hockey. At West Chester State, Shelton played on three national championship field hockey teams and one national championship lacrosse team. Three times she was named field hockey's national player of the year, a streak that has never been equaled.

Shelton earned a bachelor's degree in health and physical education in 1979, then spent one year as assistant coach at Franklin & Marshall College before coming to UNC.

She was a member of the U.S. National Team from 1977-84 and started for the

squad that won a bronze medal at the Los Angeles Summer Games in 1984. Shelton was U.S. Field Hockey's Athlete of the Year in 1983. In 1999, she was named the Delaware County Field Hockey Athlete of the Millennium by the Delaware County Daily Times. In 2013 she was inducted into the Chester County (Pa.) Sports Hall of Fame.

Throughout her career, Shelton has groomed her players for success after UNC. Carolina student-athletes are high achievers on the field and in the classroom, adding academic honors to All-America accolades. Tar Heels alumni are successful in fields such as medicine, coaching, teaching, dentistry, business and finance.

Many of Shelton's players have gone on to represent the U.S. in international play. Six of the 16 players on the U.S. roster at the 2008 Summer Games were from UNC, and three Tar Heels represented the U.S. in 2012, with a fourth serving as the team's alternate. Five Tar Heels represented the U.S. and one played for South Africa at the 2014 Hockey World Cup. Every U.S. National Team since 1989 has included at least one Tar Heel.

A very visible ambassador for North Carolina and its athletic programs, Shelton was inducted into the Order of the Golden Fleece, a campus honor society, in March of 2002. In 2011, she received UNC's C. Knox Massey Distinguished Service Award in recognition of her longtime service and dedication to the University.

Shelton is married to Willie Scroggs, who retired in 2014 after serving as a long-time administrator in the UNC Department of Athletics. Scroggs also was the men's lacrosse coach at UNC from 1979-90, a span that included three NCAA titles. Their son, William, is a 2013 Carolina graduate who played lacrosse for the Tar Heels.



Karen Shelton with husband Willie Scroggs and son William Scroggs following William's graduation from UNC in May of 2013.

THE SHELTON FILE

- Born Nov. 14, 1957, in Honolulu, Hawaii
- Graduated from West Chester State College in 1979
- Three-time National Player of the Year at West Chester
- U.S. National Team member from 1978-84 and Olympic bronze medalist in 1984
- Head Coach at UNC since 1981
- Record of 568-146-9 in 33 seasons
- Five-time National Coach of the Year (1994, '95, '96, 2007, '09)
- Nine-time ACC Coach of the Year (1986, '87, '88, '89, '94, 2000, '04, '07, 2012)
- Has coached the Tar Heels to six NCAA Championships: 1989, 1995, 1996, 1997, 2007 and 2009
- Has coached UNC to 18 ACC Championships: 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2004, 2007, 2011, 2012
- Inducted into the U.S. Field Hockey Association Hall of Fame for her achievements as a player
- Inducted into the National Field Hockey Coaches Association Hall of Fame for her achievements as a coach
- Inducted into the North Carolina Sports Hall of Fame
- Married to Willie Scroggs; one son, William, 24



Karen Shelton with fellow Tar Heels and 1984 Olympians Michael Jordan and Sam Perkins

Shelton Year by Year

1981: 8-9-1	2001: 14-7 (2-2)*
1982: 11-8	2002: 9-11 (3-1)
1983: 13-4-3 (2-0)*	2003: 16-6 (2-2)*
1984: 14-5 (3-0)*	2004: 21-2 (4-0)*
1985: 13-4 (2-1)*	2005: 14-7 (2-3)*
1986: 19-3 (3-0)*	2006: 13-9 (1-4)*
1987: 19-2 (2-1)*	2007: 24-0 (5-0)*
1988: 18-2 (3-0)*	2008: 14-6 (3-2)*
1989: 20-2 (3-0)*	2009: 20-2 (4-1)*
1990: 20-4 (2-1)*	2010: 22-3 (4-1)*
1991: 15-6-1 (2-1)*	2011: 23-2 (5-0)*
1992: 14-7-1 (4-0)*	2012: 23-2 (5-0)*
1993: 16-3-3 (3-1)*	2013: 18-6 (3-3)*
1994: 21-2 (8-0)*	
1995: 24-0 (8-0)*	
1996: 23-1 (8-0)*	
1997: 20-3 (3-1)*	
1998: 13-8 (2-2)*	
1999: 16-6 (2-2)*	
2000: 20-4 (4-0)*	

ACC record in parentheses

* - NCAA Tournament participant



COACHING STAFF



GRANT FULTON
ASSOCIATE
HEAD COACH
10TH SEASON AT UNC

Grant Fulton came to Chapel Hill as an assistant coach in the summer of 2005, bringing to Chapel Hill a wealth of international experience as a coach and a player. He was promoted to Associate Head Coach in January of 2010.

Before arriving at Carolina, he spent two years coaching his native South Africa, where he served as an assistant for both the men's and women's national teams. He also has been an assistant coach and player for the University of Pretoria men's first team. He spent part of 2002 in Canada, where he was the head coach and manager for the Vancouver Hawks Field Hockey Club, working with male and female players of all ages. He coached and managed several club and school teams from 2001-02, and he was a player and coach for Oranje Zwart, a club team in The Netherlands, in 1998-99. From 1996-99, he co-founded and helped run Sport for Africa, which promoted a variety of sports to children ages 7-18 in Pretoria.

In the last five summers, Fulton has served as head coach of the South Region team in the USFHA Women's National Championships, leading the squad to a championship in 2013. As a player, he was the top goal scorer in the 2008 USFHA Men's National Championship.

A graduate of the University of Pretoria, he represented his home country at the 1996 Olympic Games in Atlanta and appeared in a total of 60 international matches with South Africa's National Team.

He was awarded a U.S. Field Hockey Level III Coaching certificate in 2007.

Fulton's wife, Meghan Fulton, is Staff Athletic Trainer for Club Sports at UNC. They have a son, Oliver.



KAITLYN RUHF
ASSISTANT COACH
FIRST SEASON AT UNC

Kaitlyn Ruhf joined the UNC field hockey staff in July of 2014. Ruhf, a goalkeeper during her four years as a student-athlete at Wake Forest and an assistant coach at Davidson last season, works primarily with Carolina's defense and goalkeepers.

A 2012 Wake Forest graduate with a bachelor's degree in English, Ruhf was the Demon Deacons' starter at goalkeeper all four years in the program. She was named to the All-ACC Academic Team in her junior and senior years and was named to the All-ACC Tournament team as a junior in 2011.

Ruhf (pronounced like "roof") spent the 2013 season as an assistant coach at Davidson College, working with the Wildcats' goalkeeping and defense. She has also gained experience from working camps, coaching in the Futures and Champions' Edge programs and working with youth programs in Winston-Salem.

A native of Bethlehem, Pa., she played at Freedom High School and for the U.S. Under-16 team.



JACK PURRINGTON
VOLUNTEER ASST. COACH
FIRST SEASON AT UNC

Jack Purrington joined the UNC field hockey staff in the fall of 2014 as a volunteer assistant coach.

A native of York, England, he is a student at Bournemouth University, studying sport psychology and coaching sciences. After spending the 2014-15 school year at UNC, he will return to England and will complete his degree in 2016.

Purrington is in the midst of a successful career as a player and was named MVP for the Bournemouth University 1st team for 2014. He has played for the City of York Men's 1st team after competing at various lower levels and also has been selected to compete for his Regional Junior Performance Centre. In addition to playing, for the past four years he has coached various age groups in England and also during time in Kenya. In the spring of 2014 he completed his England Hockey Level 2 Coaching Qualification.

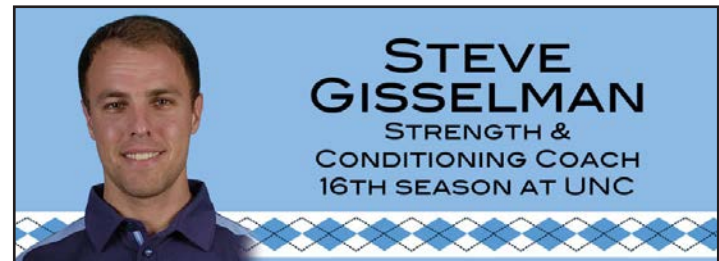


TERYN BRILL
DIRECTOR
OF OPERATIONS
THIRD SEASON AT UNC

Teryn Brill is in her third season on the Tar Heel staff, serving as the team's Director of Operations. In addition to organizational and logistical duties, she manages the team's social media presence.

Brill played for the Tar Heels from 2007-11 and was part of two NCAA titles and two Atlantic Coast Conference crowns. A journalism major, she started every game at back in her junior and senior seasons and was named to the All-ACC Academic Team in both of those years.

She was the second member of her family to play for the Tar Heels, following older sister Melanie, a 2009 graduate.



STEVE GISSELMAN
STRENGTH &
CONDITIONING COACH
16TH SEASON AT UNC

Steve Gisselman joined the UNC strength and conditioning program in 1999 and has been a full-time assistant since 2003.

A 1999 graduate of the University of Wisconsin with a bachelor's degree in kinesiology, Gisselman utilizes technological innovations to enhance the functional assessment of each athlete. He also employs it to aid in designing exercise prescriptions for improving athletic performance and concomitantly reducing the incidence of injury. He has incorporated digital media and a number of computer software programs to improve his coaching abilities since arriving at UNC. He was able to acquire most of these skills while in the Human Movement Science master's degree program at UNC.



JARRETT ALSTON
VIDEO COORDINATOR
NINTH SEASON AT UNC

Jarrett Alston is in his ninth year as the team's video coordinator. He oversees all areas of video coverage for the team.

A native of Durham, N.C., Alston graduated from NC State in 2003 with a degree in communication. He worked in the video field in Raleigh and Greensboro before joining the UNC football staff in 2006. He started working with the field hockey program shortly after coming to UNC.

THE TEAM BEHIND THE TEAM



Lawrence R. (Bubba) Cunningham is in his fourth year as the director of athletics at the University of North Carolina. Cunningham officially began his duties at UNC on November 14, 2011.

Cunningham is the seventh director of athletics in Carolina history, following Robert A. Fetzer (1923-52), Chuck Erickson (1953-67), Homer Rice (1969-75), Bill Cobey (1976-80), John Swofford (1980-97) and Dick Baddour (1998-2012).

One of Cunningham's first accomplishments at UNC was the development of a strategic plan for Carolina athletics. A planning committee worked with Dr. Paul Friga, associate professor of strategy and entrepreneurship at Carolina's Kenan-Flagler School of Business, throughout the process and created the mission statement "We Educate and Inspire Through Athletics."

The plan also identified four core values for Carolina Athletics: Responsibility,

Innovation, Service and Excellence.

"Our number one priority is for athletics to be part of the educational experience of all students at the University, those who compete in our 28 varsity sports as well as those who do not," says Cunningham. "Athletics provides academic and competitive opportunities for more than 700 students, and is part of a unifying spirit for thousands of other students, faculty, staff and alumni."

Cunningham is in his 12th year as a Division I director of athletics. He came to Chapel Hill after spending the previous six years as the director of athletics at the University of Tulsa. He also was the AD for three years from 2002-2005 at Ball State University. He was honored as the 2008-09 FBS Central Region Athletics Director of the Year, an award presented by the National Association of Collegiate Directors of Athletics.

Cunningham earned his bachelor's and master's degrees in business administration, both from Notre Dame, in 1984 and 1988, respectively. He played on the Irish golf team in 1982-83.

Cunningham is a member of NACDA's Executive Committee, and was on the Board of Directors of the Alzheimers Association of Oklahoma and the Folds of Honor Foundation Board. Cunningham also served on the Gatorade National Advisory Board and has been a featured speaker at numerous NACDA and I-A institute conferences.

Born in Flint, Mich., and raised in Naples, Fla., Cunningham and his wife, Tina, have four children: Matthew, Michael, John and Sarah.

SUPPORT STAFF



Mary Ellen Bingham
Sports Nutritionist



Jan Boxill
P.A. Announcer



Tom Brickner
Team Physician



A.J. Congelli
Henry Stadium
Facilities



Ellen Culler
Sport Administrator



Derek Dewig
Graduate Student
Athletic Trainer



Larry Gallo Jr.
Sport Administrator



Dana Gelin
Athletic
Communications



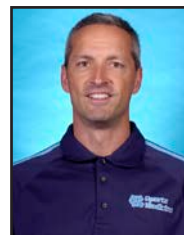
Matthew Jackman
Practice Player



Sara Koenig
Administrative Asst.



Beth Miller
Senior Woman
Administrator



Scott Oliaro
Head Athletic Trainer



Kerry Peterson
Graduate Student
Athletic Trainer



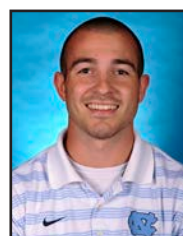
Yunah Park
Student Assistant



Jessica Rippey
Operations



Sherry Salyer
Scoreboard/Clock



Joe Smaldone
Sports Marketing



Rocío Sevilla
Student Assistant



Jeffrey Spang
Team Orthopedic
Physician



Carl White
Undergrad. Student
Athletic Trainer



Jon Wilson
Henry Stadium
Facilities



Tony Yount
Academic Advisor

2013 Results



2013 SEASON REVIEW

Date	Opponent	Score	Record	ACC	Att.	UNC Goals
Aug. 29	at Lock Haven	W, 2-1	1-0	0-0	1349	Travers (Wold, Shealy); Di Nardo (unassisted)
Sept. 1	vs. Villanova	W, 10-0	2-0	0-0	253	Di Nardo (Bozek); Grove (unassisted); Grove (Wold); Bozek (unassisted); Loughran (unassisted); Notman (unassisted); Notman (Grove, Wold); Wold (unassisted); Shealy (Wold)
Sept. 7	vs. #9 Michigan	W, 7-2	3-0	0-0	235	Magerman (Shealy); Craddock (Notman); Bozek (Shealy); Bernatchez (unassisted); Notman (Grove, Wold); Malmberg (penalty shot); Moyer (unassisted)
Sept. 8	at #13 Iowa	W, 3-1	4-0	0-0	337	Shealy (Wold); Craddock (unassisted); Frey (unassisted)
Sept. 13	#15 ODU	W, 3-0	5-0	0-0	343	Bozek (Drake); Bozek (unassisted); Shealy (Loughran)
Sept. 15	Radford	W, 8-1	6-0	0-0	305	Craddock (Grove, Young); Grove (Shealy); Wold (Grove); Notman (Loughran); Di Nardo (Shealy); Moyer (Bozek); Notman (unassisted); Bernatchez (unassisted)
Sept. 20	at #4 Virginia	W, 2-1	7-0	1-0	579	Loughran (Bozek); Craddock (Wold)
Sept. 22	at VCU	W, 6-0	8-0	1-0	327	Shealy (Craddock); Frey (Wold); Moyer (Craddock); Bernatchez (unassisted); Notman (Wold, Grove); Bernatchez (unassisted)
Sept. 27	at #13 Duke	L, 3-2 2OT, PS	8-1	1-1	862	Malmberg (penalty shot); Travers (Loughran)
Oct. 5	#1 Maryland	L, 2-1 OT	8-2	1-2	512	Malmberg (unassisted)
Oct. 6	California	W, 4-0	9-2	1-2	302	Notman (Grove, Wold); Shealy (unassisted); Travers (Shealy, Wold); Moyer (Wold)
Oct. 12	at #15 Wake Forest	W, 4-2	10-2	2-2	927	Loughran (unassisted); Wold (Notman); Wold (unassisted); Di Nardo (unassisted)
Oct. 19	#7 Boston College	W, 5-2	11-2	3-2	502	Bozek (Travers); Craddock (Wold, Grove); Shealy (Craddock); Di Nardo (unassisted); Di Nardo (Wold)
Oct. 20	Davidson	W, 10-0	12-2	3-2	252	Craddock (Loughran, Grove); Notman (Shealy); Travers (Wold); Loughran (Bernatchez); Malmberg (Notman); Loughran (Craddock); Notman (Wold); Di Nardo (Malmberg); Di Nardo (Loughran); Di Nardo (Moyer)
Oct. 23	Longwood	W, 9-0	13-2	3-2	212	Notman (Wold, Grove); Travers (Wold); Notman (unassisted); Di Nardo (Moyer); Di Nardo (unassisted); Travers (Young, Shealy); Malmberg (penalty shot); Moyer (unassisted); Caroline Plyler (penalty shot)
Oct. 26	#4 Connecticut	W, 2-1	14-2	3-2	62	Travers (Wold, Grove); Bernatchez (Wold)
Oct. 27	at #10 ODU	L, 3-2 OT	14-3	3-2	726	Shealy (unassisted); Craddock (Loughran)
Nov. 2	at #2 Syracuse	L, 1-0	14-4	3-3	324	—
Nov. 7	Wake Forest (ACC)	W, 3-2	15-4	3-3	447	Di Nardo (Notman); Notman (Bozek); Craddock (Wold)
Nov. 8	#2 Syracuse (ACC)	W, 1-0	16-4	3-3	356	Wold (Shealy)
Nov. 10	#1 Maryland (ACC)	L, 2-0	16-5	3-3	485	—
Nov. 16	#14 Delaware (NCAA)	W, 6-2	17-5	3-3	476	Wold (Notman); Notman (Malmberg); Craddock (unassisted); Craddock (Di Nardo); Craddock (unassisted); Malmberg (Di Nardo)
Nov. 17	#13 Wake Forest (NCAA)	W, 5-2	18-5	3-3	610	Notman (Wold, Grove); Notman (unassisted); Moyer (Notman); Di Nardo (Craddock); Craddock (Wold)
Nov. 22	#4 Connecticut (NCAA)	L, 2-1 2OT, PS	18-6	3-3	1196	Craddock (unassisted)



Photo: TheACC.com

2013 REVIEW



2013 Statistics

#	Player	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	PS-Att	DSV
10	Nina Notman	24-21	15	7	37	87	.172	52	.598	4	0-0	0
9	Emily Wold	24-22	6	23	35	42	.143	24	.571	2	0-0	0
5	Charlotte Craddock	18-14	13	5	31	56	.232	37	.661	5	0-0	0
21	Casey Di Nardo	24-16	14	2	30	47	.298	40	.851	2	0-0	0
2	Loren Shealy	24-18	7	9	23	33	.212	24	.727	2	0-0	0
77	Janne Grove	24-23	3	11	17	13	.231	13	1.000	0	0-0	0
11	Sinead Loughran	21-12	5	6	16	24	.208	15	.625	0	0-0	0
4	Samantha Travers	24-23	7	1	15	59	.119	35	.593	0	0-0	1
24	Marta Malmberg	24-8	6	2	14	24	.250	16	.667	0	3-5	0
19	Lauren Moyer	24-5	6	2	14	20	.300	15	.750	0	0-0	0
14	Emma Bozek	24-17	5	4	14	40	.125	28	.700	2	0-0	0
3	Kristy Bernatchez	24-6	5	1	11	22	.227	16	.727	1	0-0	0
25	Abby Frey	19-16	2	0	4	3	.667	2	.667	0	0-0	0
8	Rachel Magerman	23-6	1	0	2	10	.100	4	.400	0	0-0	0
17	Caroline Plyler	9-0	1	0	2	3	.333	2	.667	0	1-1	0
16	Julia Young	24-10	0	2	2	3	.000	2	.667	0	0-0	0
6	Meghan Drake	24-23	0	1	1	1	.000	1	1.000	0	0-0	3
18	Rachel Black	9-0	0	0	0	1	.000	0	.000	0	0-0	0
86	Rosie Wood	8-0	0	0	0	0	.000	0	.000	0	0-0	0
31	Shannon Johnson	12-5	0	0	0	0	.000	0	.000	0	0-0	0
15	Tyler Powell	7-0	0	0	0	0	.000	0	.000	0	0-0	0
00	Sassi Ammer	23-19	0	0	0	0	.000	0	.000	0	0-0	0
Total		24	96	76	268	488	.197	326	.668	18	4-6	4
Opponents		24	28	21	77	169	.166	109	.645	6	1-1	18

TEAM STATISTICS

	NC	OPP
SHOT STATISTICS		
Goals-Shot attempts	96-488	28-169
Goals scored per game	4.00	1.17
Shot pct.	.197	.166
Shots on goal-Attempts	326-488	109-169
SOG pct.	.668	.645
Shots/Game	20.3	7.0
Assists	76	21
PENALTY CORNERS		
	177	76
PENALTY STROKES		
	4-6	1-1
PENALTIES		
Green cards	24	18
Yellow cards	8	9
Red cards	0	0
ATTENDANCE		
Total	4376	4569
Dates/Avg Per Date	10/438	7/653
Neutral Site #/Avg	7/433	

GOALS	1st	2nd	OT	OT2	Total
UNC	55	41	0	0	96
Opponents	12	14	2	2	30

SHOTS	1st	2nd	OT	OT2	Total
UNC	263	208	8	9	488
Opponents	77	78	9	5	169

SAVES	1st	2nd	OT	OT2	Total
UNC	38	37	3	3	81
Opponents	128	94	4	3	229

CORNERS	1st	2nd	OT	OT2	Total
UNC	101	72	2	2	177
Opponents	31	40	4	1	76

Goalkeeping Statistics

#	Player	GP-GS	Minutes	GA	GAAv.	Saves	Save %	W	L	T	Shutouts
86	Rosie Wood	8-0	85:53	1	1.05	4	.800	0	0	0	0.5
31	Shannon Johnson	12-5	312:42	4	1.15	5	.556	5	0	0	0.6
00	Sassi Ammer	23-19	1331:20	23	1.55	68	.747	13	6	0	1.5
TM	TEAM	2-0	23:03	0	0.00	4	1.000	0	0	0	6.0
Total		24	1752:58	28	1.44	81	.743	18	6	0	7
Opponents		24	1752:58	96	4.93	229	.705	6	18	0	2

2013 Honors

Team Honors

- NCAA Semifinalist
- ACC Tournament Runner-Up
- National Academic Team Award

NCAA Elite 89 Award

Loren Shealy

All-America

First team: Emily Wold
Second team: Charlotte Craddock

All-NCAA Tournament

Charlotte Craddock, Emily Wold

NFHA South Region Player of the Year:

Emily Wold

NFHA All-South Region

First team: Charlotte Craddock, Nina Notman, Emily Wold

Second team: Emma Bozek, Casey Di Nardo, Sinead Loughran

All-ACC:

Charlotte Craddock, Nina Notman, Emily Wold

All-ACC Tournament:

Janne Grove, Samantha Travers, Emily Wold

ACC Field Hockey

Scholar-Athlete:

Loren Shealy

All-ACC Academic Team:

Sassi Ammer, Emma Bozek, Charlotte Craddock, Casey Di Nardo, Meghan Drake, Marta Malmberg, Loren Shealy, Samantha Travers, Emily Wold

NFHA Scholar of Distinction:

Loren Shealy

NFHA National Academic Squad

Rachel Black, Emma Bozek, Casey Di Nardo, Meghan Drake, Blissie Du Bose, Marta Malmberg, Sam Night, Tyler Powell, Loren Shealy, Emily Wold



2013 Carolina Field Hockey:

Front Row: Sassi Ammer, Marta Malmberg, Sinead Loughran, Meghan Drake, Rachel Magerman, Janne Grove, Shannon Johnson, Rosie Wood

Second Row: Head Coach Karen Shelton, Graduate Assistant Athletic Trainer Kerry Peterson, Sam Night, Abby Frey, Jessica Pereira, Casey Di Nardo, Caroline Plyler, Emily Wold, Blissie Du Bose, Graduate Assistant Athletic Trainer Taryn Gilrein, Director of Operations Teryn Brill

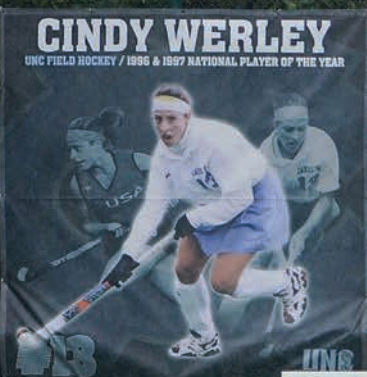
Third Row: Associate Head Coach Grant Fulton, Strength and Conditioning Coach Steve Gisselman, Nina Notman, Tyler Powell, Julia Young, Rachel Black, Emma Bozek, Samantha Travers, Video Coordinator Jarrett Alston, Assistant Coach Guy Cathro

Back Row: Kristy Bernatchez, Charlotte Craddock, Loren Shealy, Lauren Moyer

Francis E. Henry Stadium Home of the Tar Heels

In April of 1999, the North Carolina field hockey and women's lacrosse programs dedicated their new home, Francis E. Henry Stadium. Inside the Tar Heels' spacious locker room, each player has her own full-length locker, with ample storage space and a plaque bearing her name and number. Next door is the film and meeting room, where a "smart classroom" set-up allows the Tar Heels to seamlessly blend different information sources as they prepare for games and practices. The coaches' locker room provides another place for reviewing film.

The stands seat 1,086 fans and also house a concessions stand, rest-rooms, and sports medicine and storage areas. Added to the facility in 2006 was a state-of-the-art video board, providing instant replays, player features and more.



Banners at Henry honor
UNC's National Players of the Year



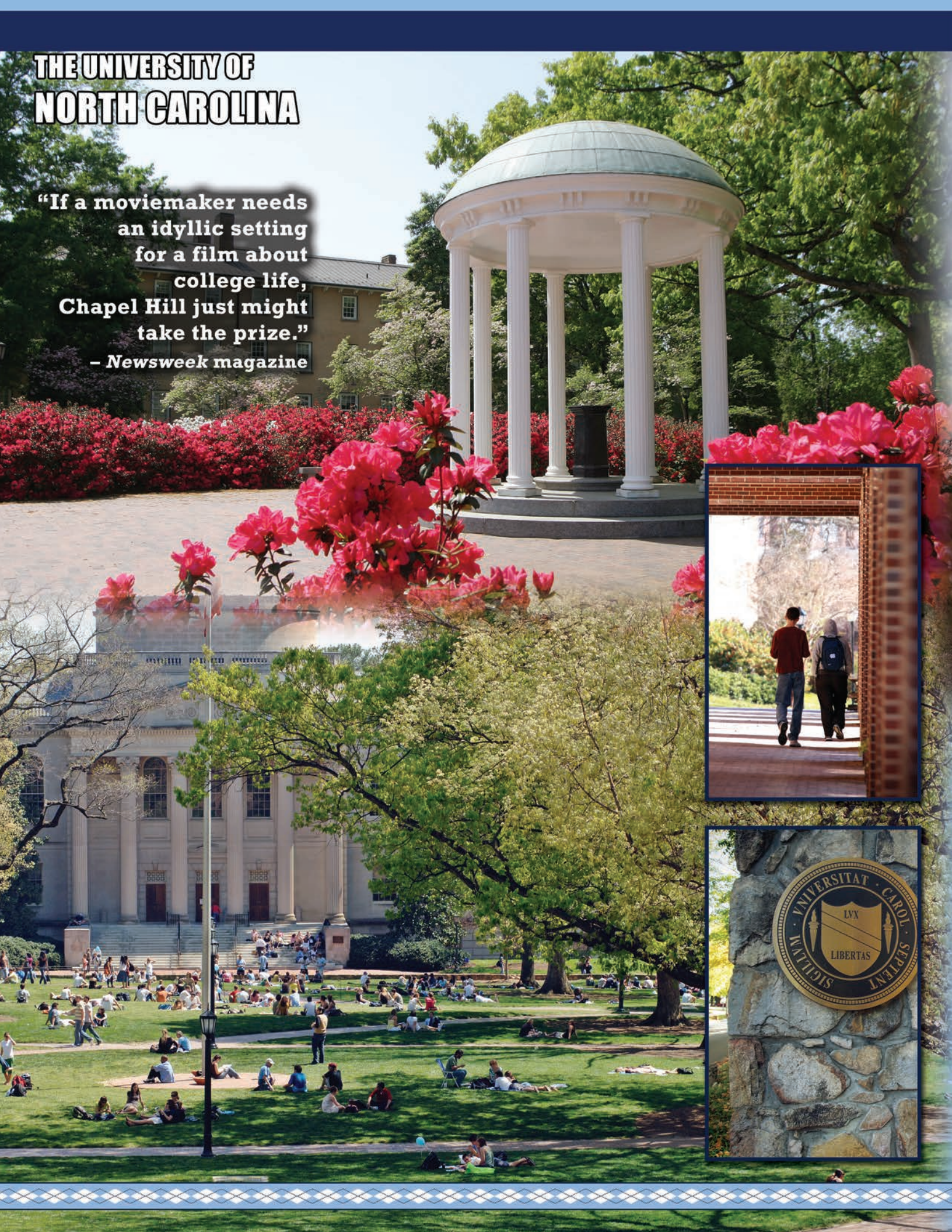
The team
meeting room

Henry Stadium became even more player-friendly in 2008 with the installation of a new AstroTurf surface. As part of the renovation, the crown was removed from the playing field and a top-notch watering system that recycles the field water was added.

Since the opening of Henry Stadium prior to the 1999 season, UNC is a combined 124-24 in its friendly confines. Dating back to the beginning of the 2007 season, Carolina is 66-4 at home.

THE UNIVERSITY OF NORTH CAROLINA

**“If a moviemaker needs
an idyllic setting
for a film about
college life,
Chapel Hill just might
take the prize.”
– *Newsweek* magazine**



FIRST and FINEST



“I like to believe I am an example of what the UNC system is all about – taking small-town kids and giving them worldly exposure so that they can contribute in their communities and wherever opportunities lead them.”

**– John Skipper
President of ESPN, UNC Graduate**

• Carolina’s vibrant people and programs attest to the University’s long-standing place among leaders in higher education since it was chartered in 1789 and opened its doors for students in 1795 as the nation’s first public university. Situated in the beautiful college town of Chapel Hill, N.C., UNC has earned a reputation as one of the best universities in the world. Carolina prides itself on a strong, diverse student body, academic opportunities not found anywhere else, and a value unmatched by any public university in the nation.

• UNC’s educational offerings include 78 bachelor’s, 112 master’s, 68 doctorate and seven professional degree programs through 14 schools and the College of Arts and Sciences.

For much more on the University of North Carolina and all it has to offer, go to unc.edu.



CHAPEL HILL

Home for a Lifetime

Often referred to as "The Southern Part of Heaven," Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*.

- Chapel Hill has been ranked the Most Livable Small City (less than 100,000) in America.
- Chapel Hill has a population of approximately 60,000 and neighboring Carrboro adds another 20,000 people.
- The Chapel Hill/Carrboro area offers a wealth of dining, shopping and entertainment options, with many more located nearby in Hillsborough, Durham and Raleigh.
- Chapel Hill's location is ideal, within an easy drive of North Carolina's beautiful beaches and mountains.



Photos courtesy of Chapel Hill and Orange County Visitors Bureau - visitchapelhill.org



Running along the north edge of campus, Franklin Street is the heart of Chapel Hill. It provides a mix of restaurants, shops and nightlife, and also serves as the town's meeting place. UNC fans rush Franklin Street to celebrate Tar Heel titles, and each year Halloween festivities draw thousands of revelers.



UNC has won 22 women's soccer national championships, most recently in 2012.

ATHLETIC HERITAGE

Representing UNC with Class



UNC Athletics celebrates success at the annual Rammy Awards

The Tar Heel women's tennis team advanced to the 2014 NCAA title match, finishing as the national runner-up. Freshman Jamie Loeb (far right and inset) was honored as the ITA National Player of Year.

- UNC has won more national championships and more conference championships than any other school in the Atlantic Coast Conference.

- UNC has finished among the top 10 in the Directors' Cup standings 11 times in the past 13 years and 17 times in the 21-year history of the competition. Carolina has ranked in the top 20 in all 21 years of the competition and won the inaugural trophy in 1994.

- Some of the best-known names in sports – such as Michael Jordan and Mia Hamm – wore Carolina blue.



ACADEMIC EXCELLENCE

Advancing to graduation, Building Character, Developing leadership

- The Academic Support Program for Student-Athletes assists Tar Heel student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals.

- The Academic Support Program is housed in the Loudermilk Center for Excellence, a 150,000-square-foot facility that serves all of Carolina's nearly 800 student-athletes across 28 varsity sports. The Loudermilk Center's largest feature is the John W. Pope Student-Athlete Academic Support Center. This facility provides classrooms for teaching and tutoring, study lounges, office space and a computer lab. It also houses the *Richard A. Baddour* Carolina Leadership Academy, which offers leadership training for Carolina student-athletes, coaches and staff.

- The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

- During the 2013-14 academic year, a record 347 Carolina student-athletes earned spots on the ACC Academic Honor Roll, a recognition that requires a cumulative GPA of at least 3.0 for the year. A total of 161 Tar Heel student-athletes were named to the Dean's List in the fall of 2013, and 168 were recognized in the spring.

LOUDERMILK CENTER
FOR EXCELLENCE



2013 Commencement



Three years in a row, Tar Heels have won the prestigious Elite 89 Award for field hockey. Marta Malmberg (left) won in 2011 and Loren Shealy (right, with Coach Karen Shelton) won in 2012 and 2013.

2013-14 Academic Honors

Team members named to the Dean's List, ACC Academic Honor Roll, ACC All-Academic Team and/or NFHCA National Academic Squad



Sassi Ammer

Kristy Bernatchez

Rachel Black

Emma Bozek

Charlotte Craddock

Casey Di Nardo

Meghan Drake

Blissie Du Bose

Abby Frey

Shannon Johnson

Sinead Loughran

Marta Malmberg

Sam Night

Jessica Pereira

Tyler Powell

Loren Shealy

Samantha Travers

Emily Wold

Rosie Wood

Julia Young

RICHARD A. BADDOUR CAROLINA LEADERSHIP ACADEMY

TAR HEEL
LEADERS OF DISTINCTION

Developing World-Class Leaders for a Lifetime of Service and Success



The following student-athletes earned the ultimate honor from their teammates, coaches and themselves. AS such, they have merited the designation of being a Tar Heel Leader of Distinction. This is the highest honor bestowed by the Richard A. Baddour Carolina Leadership Academy.

UNC student-athletes have the opportunity to participate in the *Richard A. Baddour Carolina Leadership Academy*, now in its 11th year of ground-breaking leadership training.

As the nation's premier leadership development program in collegiate athletics, the Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world-class leaders in athletics, academics and life.

The Leadership Academy provides comprehensive and cutting-edge leadership development programming through interactive workshops, 360-degree feedback, one-on-one coaching, peer mentoring and educational resources.

The *Richard A. Baddour Carolina Leadership Academy* offers five programs for student-athletes:

Carolina CREED Program

Leadership training begins in the first year at UNC. All leadership begins with personal leadership, therefore first-year student-athletes are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion.

CREED Mentors Program

Upperclass student-athletes are selected to serve as CREED mentors, directing discussions and helping to build community. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Leadership Lab Program

This level of involvement is slotted between Rising Star and possible Veteran Leader participation. It is an opportunity for continued leadership reflection, mentorship, and application. Leadership reflection entails authentically sourced curriculum for leadership workshops. Leadership mentorship is offered by coaches, department staff members, and current team leadership. Leadership application involves a leadership project.

Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles as well as share successes, frustrations and lessons.

Six field hockey players have earned the Tar Heel Leader of Distinction Award, the bCLA's highest honor, on nine occasions. They are (clockwise from upper left) Ilse Davids, Danielle Forword, Katelyn Falgowski (three-time winner), Carey Fetting-Smith, Rachel Dawson and Laree Beans (two-time winner). Davids, Dawson and Falgowski all were Olympians in 2012.

THE CAROLINA CREED

As a University of North Carolina student-athlete I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team, and myself.

C I will know and embrace the tradition and culture of this great university and its athletics department

R I will respect myself and others

E I will pursue excellence in my academic work by striving to reach my academic potential while preparing for a career of significance

E I will excel athletically by committing myself to performance excellence, team success, and continual improvement

D I will develop the capacity to effectively lead myself and others

Field Hockey in the *Richard A. Baddour Carolina Leadership Academy* • 2014-15

Veteran Leaders: Charlotte Craddock, Emily Wold, Loren Shealy, Samantha Travers

Rising Stars: Kristy Bernatchez, Blissie Du Bose, Shannon Johnson, Lauren Moyer, Sam Night, Nina Notman, Jessica Pereira, Julia Young

CREED Mentor: Sassi Ammer

HEELS IN HOLLAND



The UNC field hockey program traveled to Holland in the summer of 2014. The program's first-ever international trip provided opportunities to play field hockey, tour several Dutch cities and cheer for stellar field hockey at the Hockey World Cup.



The Tar Heels played three exhibition games against Dutch teams.



Seeing Tar Heel alums who live in Holland was a highlight of the trip. Left to right, former Tar Heels Charlotte Verstraten (2008-09), Judith Jonckheer (1984-85) and Julie Blaisse (1986-88), and Evelien Spee (1987-89).

Cycling through Amsterdam



Atop the Dom Tower in Utrecht

At the Rabobank Hockey World Cup, where the Tar Heels cheered for teammate Emily Wold and the rest of the U.S. squad

Tar Heel alums at the 2014 Harrow Cup



Once a Tar Heel, always a Tar Heel

The Tar Heels add educational and fun events into road trips whenever possible. In 2013, the team toured Gettysburg National Military Park en route to the season opener at Lock Haven.



The annual trip to Jungle Jim's



Christmas in Boston



ACC Tournament in Boston

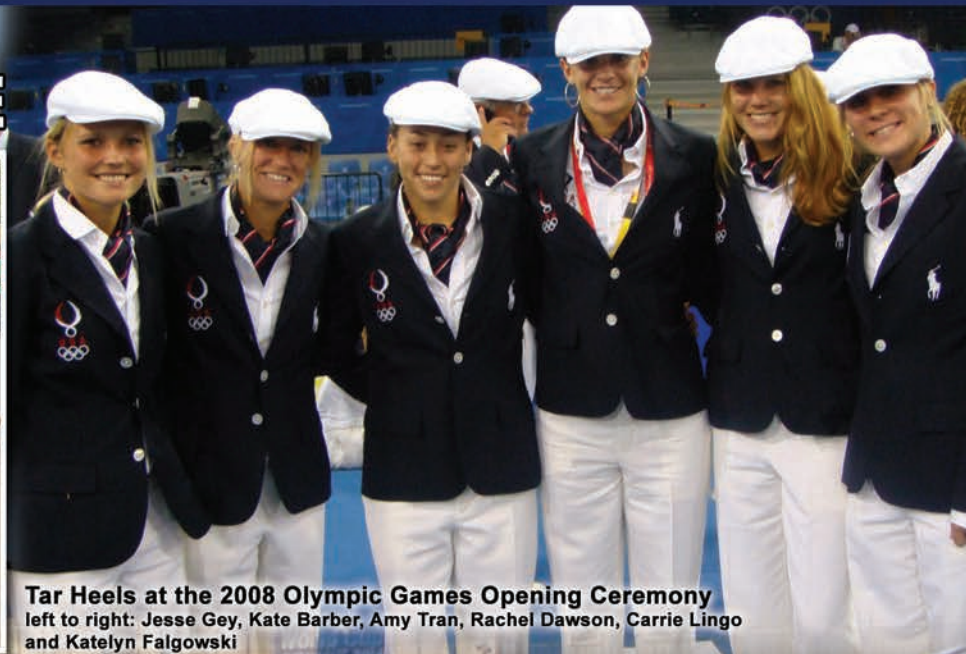


Halloween at Henry

TAR HEELS ON THE INTERNATIONAL STAGE



Tar Heel alum Illse Davids (2nd from R) represented South Africa at the 2012 Olympics in London. Pictured along with Davids and Coach Karen Shelton are fellow Carolina alums Danielle Forword and Britt Van Beek.



Tar Heels at the 2008 Olympic Games Opening Ceremony left to right: Jesse Gey, Kate Barber, Amy Tran, Rachel Dawson, Carrie Lingo and Katelyn Falgowski



Katelyn Falgowski with her gold medal from the 2011 Pan American Games.



Tar Heels Currently on National Teams:

U.S. Women's National Team: Rachel Dawson, Casey Di Nardo, Katelyn Falgowski, Jackie Kintzer, Kelsey Kolojechick, Caitlin Van Sickle, Emily Wold
 U.S. Under-21 Junior National Team: Kristy Bernatchez, Emma Bozek, Lauren Moyer, Julia Young
 South Africa Women's National Team: Illse Davids



Tar Heels Emily Wold, Marta Malmberg and Emma Bozek at the 2012 Junior Pan Am Games in Mexico



Emily Wold, Karen Shelton and Emma Bozek at the 2013 Junior World Cup



2012 Olympians Rachel Dawson, Jackie Kintzer (alternate), Katelyn Falgowski and Amy Tran Swensen with coach Karen Shelton

Olympic Games

1980: Karen Shelton
 1984: Karen Shelton
 1996: Laurel Hershey, Leslie Lyness, Cindy Werley
 2008: Kate Barber, Rachel Dawson, Katelyn Falgowski, Jesse Gey, Carrie Lingo, Amy Tran
 2012: Kate Barber, Katelyn Falgowski, Amy Tran Swensen (Alternate: Jackie Kintzer) – U.S.; Illse Davids – South Africa

World Cup

1979: Karen Shelton
 1983: Karen Shelton
 1990: Lori Bruney, Laurel Hershey, Leslie Lyness
 1994: Laurel Hershey, Leslie Lyness
 1998: Kate Barber, Peggy Storrar, Jana Withrow
 2002: Kate Barber, Carrie Lingo, Kristen McCann, Peggy Storrar
 2006: Kate Barber, Rachel Dawson, Katelyn Falgowski, Carrie Lingo, Amy Tran
 2014: Rachel Dawson, Katelyn Falgowski, Jackie Kintzer, Kelsey Kolojechick, Emily Wold – U.S.; Illse Davids – South Africa

Pan American Games

1987: Louise Hines
 1991: Laurel Hershey, Leslie Lyness
 1995: Laurel Hershey, Leslie Lyness, Cindy Werley
 1999: Kate Barber, Peggy Storrar, Jana Toepel, Cindy Werley, Jana Withrow
 2003: Kate Barber, Carrie Lingo, Kristen McCann, Peggy Storrar, Amy Tran, Abbey Woolley
 2007: Kate Barber, Rachel Dawson, Katelyn Falgowski, Carrie Lingo, Amy Tran
 2011: Rachel Dawson, Katelyn Falgowski, Jesse Gey, Jackie Kintzer

Champions Trophy

1995: Laurel Hershey, Leslie Lyness, Cindy Werley
 1997: Peggy Storrar

Senior National Team

1987: Louise Hines
 1989: Lori Bruney
 1990: Laurel Hershey, Leslie Lyness
 1991: Laurel Hershey, Leslie Lyness
 1992: Amy Cox, Laurel Hershey, Leslie Lyness
 1993: Amy Cox, Laurel Hershey, Leslie Lyness
 1994: Laurel Hershey, Leslie Lyness, Cindy Werley
 1995: Barb Hansen, Laurel Hershey, Leslie Lyness, Peggy Storrar, Cindy Werley
 1996: Joy Driscoll, Laurel Hershey, Leslie Lyness, Nancy Pelligreen, Peggy Storrar, Cindy Werley
 1997: Nancy Pelligreen, Peggy Storrar (Alternate: Jana Withrow)
 1998: Kate Barber, Peggy Storrar, Jana Withrow
 1999: Kate Barber, Peggy Storrar, Jana Toepel, Cindy Werley, Jana Withrow (Alternate: Nancy Pelligreen)
 2000: Kate Barber, Kristen McCann, Nancy Pelligreen, Peggy Storrar, Jana Toepel, Cindy Werley, Jana Withrow
 2001: Kate Barber, Carrie Lingo, Abby Martin, Kristen McCann, Peggy Storrar, Amy Tran

2002: Kate Barber, Carrie Lingo, Kristen McCann, Peggy Storrar, Amy Tran, Abbey Woolley
 2003: Kate Barber, Carrie Lingo, Abby Martin, Kristen McCann, Peggy Storrar, Amy Tran, Abbey Woolley
 2004: Kate Barber, Meredith Keller, Carrie Lingo, Kristen McCann, Peggy Storrar, Amy Tran, Abbey Woolley
 2005: Kate Barber, Kelsey Keeran, Carrie Lingo, Amy Tran
 2006: Kate Barber, Rachel Dawson, Kelsey Keeran, Carrie Lingo, Amy Tran
 2007: Kate Barber, Rachel Dawson, Katelyn Falgowski, Carrie Lingo, Amy Tran
 2008: Rachel Dawson, Katelyn Falgowski, Jesse Gey, Carrie Lingo, Amy Tran
 2009: Kate Barber, Rachel Dawson, Katelyn Falgowski, Jesse Gey, Carrie Lingo, Amy Tran
 2010: Melanie Brill, Rachel Dawson, Katelyn Falgowski, Jesse Gey, Jackie Kintzer, Carrie Lingo, Amy Tran
 2011: Melanie Brill, Rachel Dawson, Katelyn Falgowski, Jesse Gey, Jackie Kintzer, Carrie Lingo, Amy Tran

Under-23 Team

2002: Stephanie Fuller, Kelsey Keeran, Meredith Keller, Carrie Lingo, Abby Martin, Katy Potter, Amy Tran, Abbey Woolley
 2003: Kerry Falgowski, Kelsey Keeran, Meredith Keller, Katy Potter

Under-21 Team

1985: Betsy Gillespie
 1987: Lori Bruney, Laurel Hershey, Louise Hines, Kathy Staley, Tracey Yurgin
 1988: Lauren Hershey, Leslie Lyness
 1989: Laurel Hershey, Leslie Lyness
 1992: Amy Cox, Peggy Storrar, Cindy Werley, Jana Withrow
 1993: Jana Withrow
 1994: Kate Barber, Joy Driscoll, Jana Withrow
 1995: Kate Barber, Joy Driscoll, Nancy Pelligreen, Jana Withrow
 1996: Kate Barber, Pembry Keller, Jana Toepel
 1997: Pembry Keller, Katie McDonald
 2000: Lizzy Duffy, Carrie Lingo, Abby Martin, Amy Tran, Abbey Woolley (Alternate: Kelsey Keeran)
 2001: Carey Fetting-Smith, Stephanie Fuller, Kelsey Keeran, Meredith Keller, Abby Martin, Amy Tran, Abbey Woolley
 2004: Laree Beans, Rachel Dawson, Carey Fetting-Smith
 2005: Laree Beans, Rachel Dawson, Ashley Judge, Heather Kendell, Brooke Miller
 2006: Brianna O'Donnell, Alli Tanner
 2007: Elizabeth Drazdowski, Katelyn Falgowski, Riley Foster, Jackie Kintzer, Brianna O'Donnell
 2008: Elizabeth Drazdowski, Riley Foster, Jackie Kintzer
 2009: Elizabeth Drazdowski, Katelyn Falgowski, Jackie Kintzer, Kelsey Kolojechick
 2010: Elizabeth Drazdowski, Katelyn Falgowski, Kelsey Kolojechick, Marta Malmberg
 2011: Kelsey Kolojechick, Marta Malmberg, Caitlin Van Sickle
 2012: Emma Bozek, Kelsey Kolojechick, Marta Malmberg, Emily Wold
 2013: Emma Bozek, Emily Wold
 2014: Kristy Bernatchez, Emma Bozek, Lauren Moyer, Julia Young

Junior Developmental Squad

2008: Meghan Dawson

Under-20 Team

1999: Lizzy Duffy, Meredith Keller, Abby Martin, Alison Stewart, Amy Tran, Abbey Woolley (Alternate: Katie McDonald)
 2003: Carey Fetting-Smith, Brooke Miller, Katy Tran

Under-19 Team

1998: Carrie Lingo; 1999: Abby Martin
 2000: Carey Fetting-Smith, Kelsey Keeran,
 2001: Carey Fetting-Smith, Brooke Miller, Katy Tran
 2002: Carey Fetting-Smith, Katy Tran
 2004: Laree Beans, Rachel Dawson, Ashley Judge (Alternate: Brooke Miller)
 2012: Casey Di Nardo
 2013: Kristy Bernatchez, Shannon Johnson, Lauren Moyer, Julia Young



USA Field Hockey Photo

UNC junior Emily Wold has earned 30 caps with the U.S. National Team. A member of the squad since 2012, she was the only college player on the 2014 World Cup team.

2012: Rachel Dawson, Katelyn Falgowski, Jesse Gey, Jackie Kintzer, Kelsey Kolojechick, Amy Tran Swensen, Emily Wold
 2013: Rachel Dawson, Katelyn Falgowski, Jackie Kintzer, Kelsey Kolojechick, Caitlin Van Sickle, Emily Wold
 2013: Rachel Dawson, Casey Di Nardo, Katelyn Falgowski, Jackie Kintzer, Kelsey Kolojechick, Caitlin Van Sickle, Emily Wold

Women's Senior Reserve Team

1999: Nancy Pelligreen

Senior Developmental Squad

2007: Jesse Gey
 2009: Melanie Brill, Jackie Kintzer
 2010: Kelsey Kolojechick, Marta Malmberg
 2011: Meghan Dawson, Kelsey Kolojechick, Marta Malmberg, Caitlin Van Sickle
 2012: Meghan Dawson, Marta Malmberg, Caitlin Van Sickle

FIRST-TEAM ALL-AMERICA



Peggy Anthon
1990



Kate Barber
1995, 1996, 1997



Lori Bruney
1986, 1987



Cinda Carpenter
1993



Jennifer Clark
1990, 1991



Amy Cox
1992



Charlotte Craddock
2012



Rachel Dawson
2004, 2007



Joy Driscoll
1995



Maryellen Falcone
1986, 1987



Katelyn Falgowski
2009, 2011



Jesse Gey
2007



Barbara Hansen
1994



Laurel Hershey
1990



Louise Hines
1984, 1985



Judith Jonckheer
1985



Kelsey Keeran
2004, 2005



Jackie Kintzer
2009, 2010



Kelsey Kolojejchick
2009, 2010, 2011, 12



Carrie Lingo
2001



Leslie Lyness
1989, 1990



Kristen McCann
2000



Nancy Pelligreen
1998



Mary Sentementes
1983, 1984



Kathy Staley
1989



Peggy Storrar
1993



Jana Toepel
1998, 1999, 2000



Amy Tran
2000



Katy Tran
2005



Caitlin Van Sickle
2010, 2011, 12



Cindy Werley
1994, 1996, 1997



Jana Withrow
1996, 1997



Emily Wold
2013



Tracey Yurgin
1987

Second-Team All-America

Laree Beans (2007)
Amy Cox (1991)
Charlotte Craddock (2013)
Illse Davids (2008, '09)
Rachel Dawson (2005)
Joy Driscoll (1996, '97)
Katelyn Falgowski (2007, '08)
Danielle Forword (2009)
Laurel Hershey (1988)
Louise Hines (1983)
Judith Jonckheer (1984)
Meredith Keller (2002)
Nancy Lang (1991)
Abby Martin (2001)
Brooke Miller (2006)
Sharon Moore (1994)
Nancy Pelligreen (1995, '96)

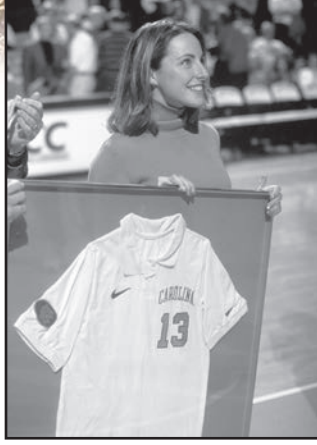
Kim Schroll (1995)
Peggy Storrar (1992)
Amy Tran (2001)
Britt van Beek (2008)
Tracey Yurgin (1986)

Third-Team All-America

Katie Ardrey (2011)
Melanie Brill (2009)
Laura Douglas (2003)
Mary Hartzell (1992)
Marta Malmberg (2010)
Abby Martin (2000)
Kristen McCann (1999)
Nancy Pelligreen (1997)
Kelly Staley (1992)
Emily Wold (2012)



Leslie Lyness • #7



Cindy Werley • #13



Rachel Dawson • #9



Katelyn Falgowski • #23

HONORS AND AWARDS

Honda Award Winners

Rachel Dawson (2007)
Leslie Lyness (1989)
Cindy Werley (1996, 1997)

NFCA National Player of the Year

Katelyn Falgowski (2011)

NCAA Elite 89 Award

Marta Malmberg (2011)
Loren Shealy (2012, 2013)

Sports Illustrated College Athlete of the Year

Loren Shealy (2012)

Patterson Medal

(The most prestigious UNC student-athlete award representing athletic and academic achievement)

Cindy Werley (1998)
Rachel Dawson (2008)
Katelyn Falgowski (2012)

Golden Fleece

Honorary Society

Rachel Dawson (2008)
Katelyn Falgowski (2012)
Danielle Forword (2010)
Meghan Lyons (2013)
Karen Shelton (2002)

ACC Top 50

Recognized in 2002 as being among the top 50 players in ACC field hockey history

Kate Barber, Lori Bruney, Bashi Buba, Jennifer Clark, Amy Cox, Joy Driscoll, Maryellen Falcone, Barbara Hansen, Laurel Hershey, Louise Hines, Judith Jonckheer, Carrie Lingo, Leslie Lyness, Kristen McCann, Nancy Pelligreen, Mary Sentementes, Peggy Storrar, Jana Toepel, Cindy Werley, Jana Withrow

Honda Award Finalists

Lori Bruney (1987)
Maryellen Falcone (1987)
Laurel Hershey (1990)
Kate Barber (1995, 1997)
Nancy Pelligreen (1998)
Katelyn Falgowski (2011)

Academic All-America

Rachel Dawson (2007)
Joy Driscoll (1996)
Holly Huff (2000, 2nd)
Sharon Moore (1994, 2nd)
Kathy Mulvey (1987, '88)
Loren Shealy (2013, 2nd)
Jana Toepel (1999, 2000, 3rd)
Katy Tran (2005, 2nd)

NFCA Scholar of Distinction

Loren Shealy (2012, 2013)

NFCA

National Academic Squad

Tollie Bell (2011)
Rachel Black (2012, '13)
Emma Bozek (2012, '13)
Casey Burns (2007, 08, 09)
Amber Chambers (2003)
Rachel Dawson (2003, '04, '05, '07)
Casey Di Nardo (2012, '13)
Meghan Drake (2011, 12, '13)
Elizabeth Drazdowski (07, 08, 09, 10)
Blissie Du Bose (2013)
Kerry Falgowski (2002, '03, '04)
Carey Fetting-Smith (2001, '02)
Riley Foster (2006, '07)
Hilary Hartman (2007)
Mary Havell (2002)
Drew Hayes (2010)
Susan Hayes (2001)
Holly Huff (1998, '99, 2000)
Kelsey Keeran (2001, '02)
Heather Kendell (03, 04, 05, 06, 07)
Meghan Lyons (2009, '10, '11, 12)
Kristen McCann (1999, 2000)
Louise McNutt (2007, '08, '09, '10)
Marta Malmberg (2010, '11, '12, '13)
Colleen Murphy (2007)

Sam Night (2013)

Brianna O'Donnell (2006, '07)
Alex Otto (2002)
Tyler Powell (2012, '13)
Loren Shealy (2011, '12, '13)
Kate Sidebottom (1998, '99, 2000)
Alison Stewart (2001, '02)
Jana Toepel (1998, 2000)
Katy Tran (2002, '03, '04, '05)
Emily Wold (2012, '13)

ACC Scholar-Athlete

Rachel Dawson (2007)
Loren Shealy (2013)

All-ACC Academic Team

Sassi Ammer (2013)
Emma Bozek (2012, '13)
Teryn Brill (2010, '11)
Charlotte Craddock (2013)
Rachel Dawson (2005, '07)
Casey Di Nardo (2013)
Meghan Drake (2012, '13)
Elizabeth Drazdowski (07, 08, 09, 10)
Katelyn Falgowski (2009)
Riley Foster (2006, '07, '08, '09)
Jesse Gey (2007)
Taryn Gjurich (2008, 2010, '11)
Heather Kendell (2005, '06, '07)
Jackie Kintzer (2009, 2010)
Marta Malmberg (2010, '11, '12, '13)
Kiki Norbruis (2007)
Brianna O'Donnell (2006, '07)
Katie Plyler (2012)
Loren Shealy (2012, '13)
Katy Tran (2005)
Samantha Travers (2013)
Britt van Beek (2008)
Emily Wold (2012, '13)

All-NCAA Tournament Team

Peggy Anthon (1989)
Kate Barber (1995, '96, '97)
Jennifer Blizzard (1993)
Lori Bruney (1986, '87)
Cinda Carpenter (1993)
Jennifer Clark (1990, '91)
Amy Cox (1991, '92)

Charlotte Craddock (2012)

Illse Davids (2007, '09)
Meghan Dawson (2010)
Rachel Dawson (2007)
Joy Driscoll (1996, '97)
Maryellen Falcone (1986, 87)
Charlotte Craddock (2013)
Katelyn Falgowski (2007, '09, '11)
Danielle Forword (2007, '09)
Barbara Hansen (1993, 94)
Laurel Hershey (1989)
Jackie Kintzer (2009, 2010)
Kelsey Kolojechick (2010, '11)
Meredith Lawrence (1994)
Imke Lempers (1989)
Carrie Lingo (2000)
Leslie Lyness (1987, 1989)
Abby Martin (2000)
Kristen McCann (2000)
Sharon Moore (1994)
Nancy Pelligreen (1995, '96, '97)
Susannah Schott (1995)
Kim Schroll (1995)
Christy Utter (1995)
Caitlin Van Sickle (2011, 12)
Stephanie Walsh (1990)
Cindy Werley (1994, '96, '97)
Jana Withrow (1995)
Emily Wold (2012, '13)

National Coach of the Year

Karen Shelton (1994, '95, '96, 2007, '09)

ACC Player of the Year

Kate Barber (1995)
Amy Cox (1992)
Barbara Hansen (1994)
Leslie Lyness (1989)
Kristen McCann (2000)
Cindy Werley (1996, 1997)

ACC Offensive Player of the Year

Kelsey Kolojechick (2011)

ACC Defensive Player of the Year

Rachel Dawson (2004, '07)
Caitlin Van Sickle (2010, '11, 12)

ACC Rookie of the Year

Kate Barber (1994)
Rachel Dawson (2003)
Katelyn Falgowski (2007)
Meredith Keller (1999)
Kelsey Kolojejchick (2009)
Stephanie Walsh (1990)
Emily Wold (2012)

ACC Coach of the Year

Karen Shelton (1986, '87, '88, '89, '94, 2000, '04, '07, '12)

ACC Tournament MVP

Kate Barber (1995)
Julie Blaisse (1988)
Jennifer Clark (1990, 1991)
Rachel Dawson (2007)
Maryellen Falcone (1987)
Katelyn Falgowski (2011)
Judith Jonckheer (1984,85)
Kelsey Keeran (2004)
Mary Sentementes (1983)
Kathy Staley (1989)
Caitlin Van Sickle (2012)
Cindy Werley (1994, '96, '97)

All-ACC

Sassi Ammer (2011)
Jennifer Anderson (1988)
Peggy Anthon (1989, '90)
Katie Ardrey (2011, 12)
Kate Barber (1995, '96, 97)
Julie Blaisse (1986, '88)
Jennifer Blizzard (1992)
Lori Bruney (1985, '86, '87)
Cinda Carpenter (1992, '93)
Jennifer Clark (1990, '91)
Amy Cox (1991, '92)
Charlotte Craddock (2012, '13)
Ilse Davids (2007, '08, '09)
Rachel Dawson (2004, '05, '07)
Joy Driscoll (1995, '97)
Laura Douglas (2002, '03)
Claire Dougherty (1986)
Maryellen Falcone (1986, '87)
Katelyn Falgowski ('07, '08, '09, 11)
Stephanie Fuller (2002)
Danielle Forword (2009)
Betsy Gillespie (1987)
Jesse Gey (2007)
Barbara Hansen (1994)
Mary Hartzell (1992)
Susan Hayes (2001)
Laurel Hershey (1989, 90)
Louise Hines (1985)
Judith Jonckheer (1985)
Kelsey Keeran (2003, '04)
Meredith Keller (2002)
Jackie Kintzer (2009, 2010)
Kelsey Kolojejchick (09, '10, '11, 12)
Nancy Lang (1990, 1991)
Imke Lempers (1989)
Carrie Lingo (1999, 2001)
Beth Logan (1985)
Leslie Lyness (1988, '89)
Marta Malmberg (2010)
Abby Martin (2000, 2001)



UNC visited the White House after winning the 2009 NCAA title.

Kristen McCann (1998, '99, 2000)
Brooke Miller (2006)
Sharon Moore (1993, '94)
Nina Notman (2013)
Nancy Pelligreen (1995, '96, '97, '98)
Katy Potter (2004)
Kim Schroll (1995)
Evelien Spee (1989)
Kathy Staley (1989)
Kelly Staley (1991, '92)
Peggy Storrar (1992, '93)
Jana Toepel (1998, '99, 00)
Amy Tran (2000, 2001)
Katy Tran (2004, '05)
Christy Utter (1996)
Britt van Beek (2008)
Caitlin Van Sickle (2010, '11, 12)
Stephanie Walsh (1993)
Cindy Werley (1994, '96, '97)
Jana Withrow (1995, '96, 97)
Emily Wold (2012, '13)
Abbey Woolley (2001)
Tracey Yurgin (1987)

All-ACC Tournament

Peggy Anthon (1990)
Kate Barber (1994, '95, '96, '97)
Laree Beans (2007)
Melanie Brill (2009)
Jennifer Blizzard (1992, 93)
Cinda Carpenter (1992)
Jennifer Clark (1990, '91)
Amy Cox (1991, '92)
Meghan Dawson (2011)
Rachel Dawson (2003, '04, '07)
Joy Driscoll (1995, '96, '97)
Katelyn Falgowski (2008, '11)
Danielle Forword (2007)
Jesse Gey (2006)
Janne Grove (2013)
Barbara Hansen (1993, '94)
Mary Hartzell (1992)
Susan Hayes (2000, 2001)
Laurel Hershey (1990)
Kelsey Keeran (2004)
Meredith Keller (2002)
Jackie Kintzer (2010)
Kelsey Kolojejchick (2010, '11, 12)
Nancy Lang (1991)
Carrie Lingo (2000, 2001)
Kristen McCann (1997, '99)
Karen Mann (2003)
Brooke Miller (2005)
Sharon Moore (1992)
Brianna O'Donnell (2006)
Nancy Pelligreen (1995,98)
Susannah Schott (1994)
Kim Schroll (1995)
Loren Shealy (2012)
Kelly Staley (1991)
Peggy Storrar (1993)
Beth Taterosian (1990)
Jana Toepel (1998, '99)
Katy Tran (2004, '05)
Caitlin Van Sickle (2010, '11, 12)
Naomi Weatherald (2002, '04)
Cindy Werley (1994, '96, '97)
Emily Wold (2012, '13)



Kelsey Kolojejchick was a four-time first-team All-America and All-ACC selection.



1989 NCAA Champions

The 1989 UNC team had to work through all of regulation, three overtimes and then penalty strokes to finally capture the program's first title, 2-1 over Old Dominion in Springfield, Mass. Peggy Anthon put UNC on the board with 10:56 remaining, but ODU tied the game with just over six minutes to play and the teams stayed that way through three overtimes. In the first championship to be decided by strokes, UNC goalkeeper Evelien Spee clinched the victory by scoring on Carolina's fifth and final attempt.



1995 NCAA Champions

UNC captured the program's second title with a 5-1 win over Maryland in Winston-Salem, N.C., capping a 24-0 season for the Tar Heels. It was the fourth meeting of the year between the Tar Heels and Terps, and each of the previous three had gone to overtime. In the title game, Susannah Schott led the way with a hat trick and captain Kim Schroll, the team's only senior, had four assists.

The Tar Heels also won the ACC crown, after finishing 8-0 in regular-season play. Carolina's undefeated season was the first in program history.



1996 NCAA Champions

The 1996 championship game pitted the Tar Heels against the Princeton Tigers, which had upset Old Dominion in the semifinals to prevent the year's third UNC-ODU matchup. Carolina dominated play throughout the title game in Chestnut Hill, Mass., en route to a 3-0 victory and a second-consecutive title. Susannah Schott, Nancy Pelligreen and Ashley Hanson scored for UNC.

The Tar Heels outscored opponents 101-21 on the year, giving up more than two goals in a single game just once all season.



1997 NCAA Champions

The championship game between UNC and Old Dominion in Storrs, Conn., was the third meeting of the season between the two teams, with each having claimed a one-goal victory on the other's home field. After ODU took a 1-0 lead in the final, Cindy Werley scored to tie the game and Nancy Pelligreen put UNC up 2-1 heading into halftime. In the second half, Joy Driscoll scored again to put the Tar Heels up 3-1. ODU scored once more but the Tar Heels hung on to win their third-consecutive title, 3-2.



2007 NCAA Champions

The Tar Heels completed the second undefeated season in program history and became the fifth team in NCAA tournament history to win the crown without a loss or a tie when they beat Penn State 3-0 in College Park, Md. UNC tied the school record for wins (24) and set new marks for goals scored (102) and shutouts (16). Katelyn Falgowski scored what would prove to be the gamewinner just three minutes in. UNC carried a 1-0 lead into the second half, when team captain Rachel Dawson and Danielle Forward added goals to the Tar Heels' total.



2009 NCAA Champions

Danielle Forward's penalty corner goal with 11.7 seconds to play in Winston-Salem, N.C., put UNC up 3-2 against Maryland and gave the Tar Heels their sixth NCAA title. Carolina fought back against the previously-undefeated Terrapins, scoring twice in the final five minutes of play.

After UM scored to go up one with just less than eight minutes remaining, coach Karen Shelton pulled goalkeeper Jackie Kintzer in favor of an extra field player. Ilse Davids scored three minutes later to tie the game and set up the thrilling finish.



ALL-TIME LETTERWINNERS

AAA
 Valerie Alston 1976
Sassi Ammer **2011-12-13**
 Jennifer Anderson 1985-86-87-88
 Peggy Anthon 1987-88-89-90
 Katie Ardrey 2009-10-11-12
 Betty Ausherman 1975-76-77-78

BBB
 Ellen Bakken 1984-85-86-87
 Kate Barber 1994-95-96-97
 Leslie Barrows 2005
 Laura Bauman 1977-78
 Laree Beans 2003-04-05-07

Kristy Bernatchez **2013**
 Ana Bertsch 1997
 Beth Best 1980
 DeDe Biles 1975-76
 Connie Bishop 1976

Rachel Black **2013**
 Julie Blaisse 1986-87-88
 Jennifer Blizzard 1990-91-92-93
 Marie Bounds 2004-05
 Marcia Bowling 1975

Emma Bozek **2012-13**
 Lynn Brewer 1980-81-82
 Melanie Brill 2006-07-08-09
 Teryn Brill 2008-09-10-11
 Kelsey Brinkman 2009
 Laura Brown 1976
 Becky Bruney 1987-88-89
 Lori Bruney 1984-85-86-87
 Carol Burnette 1980
 Bashi Buba 1975-76-77-78
 Terri Buck 1987-88-89-90
 Casey Burns 2007-08-09
 Kathy Burwell 1974-75

CCC
 Cinda Carpenter 1990-91-92-93
 Sara Carroll 1996-97
 Amber Chambers 2001-02-03
 Jennifer Clark 1988-89-90-91
 Kim Clarke 1976
 Hazel Conkwright 1977-78-79-80
 Cathleen Conwell 1981-82
 Christine Coppola 2010
 Amy Cox 1989-90-91-92
 Erin Cox 1997-98-99-2000

Charlotte Craddock **2012-13**
 Jill Croke 1991
 Juliana Cuyler 1979

DDD

Illse Davids 2006-07-08-09
 Bonnie Davis 1983
 Meghan Dawson 2007-09-10-11
 Melanie Dawson 2011-12
 Rachel Dawson 2003-04-05-07
 Sonja Denlinger 1987-88
 Jennifer DiCuollo 1994-95-96-97
Casey Di Nardo **2012-13**
 Ann Donio 1978-79-80
 Claire Dougherty 1983-84-85-86
 Laura Douglas 2001-02-03-04
 Stewi Downer 2006
 Meghan Drake 2010-11-12-13
 Elizabeth Drazdowski 2007-08-09-10
 Mary Driebeek 1976
 Joy Driscoll 1994-95-96-97
 Lizzy Duffy 1999-2000
 Liz Dunne 1978

EEE

Linda Eglin 1979-80
 Amy Ellis 1982

FFF

Jana Facchinei 2002
 JoAnn Fafrowicz 1975
 Betsy Fahl 1976-77-78-79
 Jacqueline Falcone 1983
 Maryellen Falcone 1984-85-86-87
 Katelyn Falgowski 2007-08-09-11

Kerry Falgowski 2001-02-03-04
 Therese Ferland 1981
 Carey Fetting-Smith 2001-02-03-04
 Leslie Florio 1979
 Danielle Forword 2006-07-08-09
 Riley Foster 2006-07-08-09
 Joanne Fresco 1977-78
Abby Frey **2011-12-13**
 Nicole Frey 1996-97-98-99
 Stephanie Fuller 1999-2000-01-02
 Xan Funk 2004-05-06-07

GGG

Jaclyn Gaudioso Radvany 2009-10-11-12
 Stephanie Gaulin 1989-90
 Jesse Gey 2004-05-06-07
 Katy Gilbert 1976
 Betsy Gillespie 1984-85-86-87
 Laurie Ginter 1975-76-77-78
 Taryn Gjurich 2008-09-10-11
 Nancy Golz 1975
 Jessica Grasso 1991-92-93-94
 Vickie Greenwood 1974-75-76-77
 Janne Grove 2013

HHH

Jacky Hagenbach 1983
 Kristin Haines 1983
 Mary Halsey 1977
 Barbara Hansen 1991-92-93-94
 Ashley Hanson 1992-94-95-96
 Hilary Hartman 2005-06-07
 Mary Hartzell 1989-90-91-92
 Mary Havell 2001-02-03
 Drew Hayes 2011
 Susan Hayes 1998-99-2000-01
 Laurel Hershey 1987-88-89-90
 Constance Hiatt 1975
 Palmer Hill 1978
 Tracy Hill 1978-79-80-81
 Becky Hines 1976
 Louise Hines 1982-83-84-85
 Alexandra Holland 1975
 Ann Hollinger 1977
 Mary Holzer 1976-77-78-79
 Poppy Holzworth 1979
 Lisa Hoover 1980
 Krista Horstman 1986
 Kelly Houk 1981
 Tracey Houk 1984-85-87-88
 Kate Howard 2006
 Holly Huff 1997-98-99-2000

III

Monica Irwin 1992-93-94

JJJ

Jane Jester 1982-83-84
 Sara Johnson 1991
Shannon Johnson **2013**
 Judith Jonckheer 1984-85
 Ashley Judge 2003-04-05-06
 Sheila Judge 1978

KKK

Dorothy Kallop 1979-80
 Diane Kee 1978-79-80
 Kelsey Keeran 2001-02-03-04
 Abbi Keller 1994-95-96-97
 Meredith Keller 1999-2000-01-02
 Pembry Keller 1997-98-99
 Michelle Kelley 1992-93-94
 Heather Kendall 2004-05-06-07
 Shireen Khan 1985-86
 Kristy Kimball 1984-85-86
 Jackie Kintzer 2007-08-09-10
 Kristin Klingbiel 1989
 Jamie Knickerbocker 1982-83
 Kim Knickerbocker 1979-80-81-82
 Emily Kole 2010-11-12
 Kelsey Kolojejchick 2009-10-11-12

LLL

Nancy Lang 1988-89-90-91
 Kelly Lassiter 1980

Meredith Lawrence 1993-94-95-96
 Laura Lembke 2004
 Mary Lewis 1979
 Becky Lea 1975-76
 Imke Lempers 1989
 Carrie Lingo 1999-2000-01
 Patricia Lipp 1982
 Elizabeth Logan 1982-83-84-85
 Sinead Loughran 2010-11-12-13
 Joanne Luciano 1989
 Leslie Lyness 1986-87-88-89
 Meghan Lyons 2010-11-12

MMM

Rachel Magerman 2010-11-12-13
 Marta Malmberg 2010-11-12-13
 Karen Mann 2002-03-04-06
 Abby Martin 1998-99-2000-01
 Barbara Martz 1974-75
 Libby Mathiasen 1977-78-79-80
 Sue McCandless 1975-76-77-78
 Kristen McCann 1997-98-99-2000
 Louise McNutt 2008-09-10
 Katie McDonald 1998-99-2000-01
 Moira McFadden 1995-96-97-98
 Jan Miles 1982-83-84-85
 Brooke Miller 2003-04-05-06
 Deborah Miller 1980
 Rebecca Mohr 1989
 Sharon Moore 1991-92-93-94
 Alisia Morgan 1988
 Lisa Morin 1982-83-84
 Liz Morris 2004-05-06-07
 Lauren Moyer 2013
 Amy Moyers 1991-92-93
 Jill Mulhern 1986-87
 Kathy Mulvey 1984-85-86

NNN

Kate Nealon 2012
 Helen Nisbet 1975
 Catherine Noland 1974-75
 Kiki Norbruis 2007-08
 Susan Norman 1975-76-77-78

Nina Notman **2013**

OOO

Sue Oakes 1980
 Brianna O'Donnell 2006-07-08-09
 Emily O'Hara 2001
 Cathy Osmers 1988-89
 Alex Otto 2002

PPP

Kristen Palermo 1982-83-86
 Catherine Patteson 1975
 Nancy Pelligreen 1995-96-97-98
 Ann Philbrick 1976-77
Caroline Plyler **2013**
 Katie Plyler 2009-10-11-12
 Charlotte Plugge 2001
 Darcy Plymire 1978
Tyler Powell **2013**
 Caitlin Powers 2010-11-12
 Katy Potter 2001-02-03-04
Katie Price **2012**
 Alisa Pridgen 1978-79

RRR

Jane Radford 1981
 Brenda Reed 1981-82
 Pat Richman 1976
 Jane Ronner 1976-77-78-79
 Annemarie Rosenbaum 1983-84-85-86
 Sharon Ross 1985-86-87-88
 Jennifer Rudman 1979-80
 Sophie Rudolph 2011
 Michelle Russell 1985-86-87-88

SSS

Abigail Saltonstall 1979-80-81
 Susan Sanner 1980
 Kate Scholl 2005-06-07-08
 Susannah Schott 1993-94-95-96
 Kim Schroll 1992-93-94-95

Stacey Schweighart 1995-96-97-98
 Alison Beth Seger 1981-82-83-84
 Mary Sentementes 1981-82-83-84
 Katie Shanahan 2010

Loren Shealy **2011-12-13**

Marie Sheehan 1978-79
 Kate Sidebottom 1997-98-99-2000
 Melanie Simpson 1975-76
 Kathryn Sims 1979-80
 Jen Slocum 2007-08-09-10
 Sandra Smith 1982-83-84-85
 Evelien Spee 1987-88-89
 Jody Spinney 1981
 Kathy Staley 1986-87-88-89
 Kelly Staley 1990-91-92-93
 Elizabeth Stephens 2008-09-10-11
 Susan Stern 1975-76
 Martha Stevens 1975
 Alison Stewart 1999-2001-02
 Mary Stewart 1978-79-80-81
 Paula Storch 1985-86
 Peggy Storrar 1990-91-92-93
 Erika Streck 1999
 Alexis Suarez 2001-02
 Alison Swift 1977-78

TTT

Margaret Talman 1977
 Alli Tanner 2004-05-06-07
 Beth Terosian 1987-88-89-90
 Merri Tice 1975
 Lisa Todd 1979-80-81
 Jana Toepel 1997-98-99-2000
 Amy Tran 1999-2000-01-02
 Katy Tran 2001-03-04-05
Samantha Travers **2011-12-13**
 Maura Troy 1988

UUU

Christy Utter 1993-94-95-96

VVV

Britt van Beek 2005-06-07-08
 Caitlin Van Sickle 2009-10-11-12
 Charlotte Verstraten 2008-09
 Susan Vick 1977

WWW

Sharon Walker 1976
 Andrea Walsh 1983-84-85-86
 Stephanie Walsh 1990-91-92-93
 Wendy Walsh 1978
 Connie Walton 1982
 Meg Wanser 1981-82-83-84
 Jamie Warren 1984
 Leigh Watts 1987
 Naomi Weatherald 2002-03-04-05
 Cindy Werley 1993-94-96-97
 Mary Whaley 1986
 Marion White 1976
 Donna Williams 1980-81
 Patricia Williams 1974-75
 Ellen Winstead 1989
 Jana Withrow 1994-95-96-97
Emily Wold **2012-13**
 Laurie Woodward 1974-75-76-77
Rosie Wood **2013**
 Abbey Woolley 1998-99-2000-01
 Leslie Wornall 1992

YYY

Georgiana Yonuschot 1989
Julia Young **2013**
 Tracey Yurgin 1985-86-87-88

ZZZ

Joan Zabriskie 1977-78-79-80
 Jean Zammit 1976
 Kim Zimmerman 1977-79

Listed are those who have earned varsity field hockey letters at UNC dating back to 1974. Please contact Dana Gelin at dgelin@unc.edu with any corrections.

ACC TOURNAMENT HISTORY

1983	Duke	W	2-1	Semifinal
	Maryland	W	1-0	Championship
1984	Duke	W	3-1	Semifinal
	Virginia	W	2-1	Championship
1985	Duke	W	6-1	Semifinal
	Virginia	W	2-1	Championship
1986	Duke	W	4-0	Semifinal
	Maryland	W	4-3 3OT	Championship
1987	Duke	W	8-1	Semifinal
	Maryland	W	5-0	Championship
1988	Virginia	W	3-0	Semifinal
	Maryland	W	3-0	Championship
1989	Duke	W	3-0	Semifinal
	Maryland	W	8-1	Championship
1990	Maryland	W	5-1	Semifinal
	Duke	W	2-1 OT	Championship
1991	Duke	W	1-0	Semifinal
	Maryland	W	3-0	Championship
1992	Virginia	W	5-0	Semifinal
	Maryland	L	2-1 2OT	Championship
1993	Virginia	W	2-0	Semifinal
	Maryland	W	2-0	Championship
1994	Wake Forest	W	6-1	Semifinal
	Maryland	W	2-0	Championship
1995	Duke	W	2-1	Semifinal
	Maryland	W	3-2 OT	Championship
1996	Duke	W	3-2	Semifinal
	Maryland	W	4-0	Championship
1997	Maryland	W	3-2 OT	Semifinal
	Virginia	W	2-0	Championship
1998	Maryland	L	2-1 2OT PS	Semifinal
1999	Wake Forest	L	6-1	Semifinal
2000	Virginia	L	2-1 2OT PS	Semifinal
2001	Wake Forest	L	3-2 OT	Semifinal
2002	Maryland	L	3-2 OT	Semifinal
2003	Duke	L	4-3	Semifinal
2004	Wake Forest	W	2-1 OT	Semifinal
	Maryland	W	3-1	Championship
2005	Boston College	W	2-1	First Round
	Wake Forest	L	2-1 OT	Semifinal
2006	Duke	W	2-0	First Round
	Wake Forest	L	3-0	Semifinal
2007	Virginia	W	3-0	Semifinal
	Wake Forest	W	4-3 OT	Championship
2008	Wake Forest	L	2-1	Semifinal
2009	Virginia	L	1-0	Semifinal
2010	Virginia	W	1-0 OT	Semifinal
	Maryland	L	5-2	Championship
2011	Wake Forest	W	2-1	Semifinal
	Duke	W	2-1	Championship
2012	Wake Forest	W	4-0	Semifinal
	Maryland	W	4-2	Championship
2013	Wake Forest	W	3-2	Quarterfinal
	Syracuse	W	1-0	Semifinal
	Maryland	L	2-0	Championship

NCAA TOURNAMENT HISTORY

1983	California	W	2-1	First Round
	Old Dominion	L	8-0	Second Round
1984	Virginia	L	2-1 3OT PS	First Round
1985	Old Dominion	L	3-2	Second Round
1986	Rutgers	W	2-0	Second Round
	New Hampshire	L	2-1	Semifinal
	Penn State	W	4-0	Consolation
1987	Old Dominion	W	3-1	Second Round
	Massachusetts	W	3-0	Semifinal
	Maryland	L	2-1 OT	Championship
1988	Maryland	W	2-0	First Round



POSTSEASON PLAY

1989	Old Dominion	L	2-1	Second Round
	Northeastern	W	2-1	Second Round
	Iowa	W	1-0	Semifinal
	Old Dominion	W	2-1 3OT PS	Championship
1990	Northeastern	W	3-1	Second Round
	Penn State	W	1-0	Semifinal
	Old Dominion	L	5-0	Championship
1991	Temple	W	1-0	Second Round
	Penn State	W	1-0	Semifinal
	Old Dominion	L	2-0	Championship
1992	Duke	W	3-0	Second Round
	Old Dominion	L	5-0	Semifinal
1993	James Madison	W	2-1 OT	Second Round
	Penn State	W	2-1 2OT PS	Semifinal
	Maryland	L	2-1 2OT PS	Championship
1994	Boston College	W	5-0	Second Round
	Iowa	W	4-1	Semifinal
	James Madison	L	2-1 2OT PS	Championship
1995	Princeton	W	6-0	Second Round
	James Madison	W	3-0	Semifinal
	Maryland	W	5-1	Championship
1996	Virginia	W	2-1	Second Round
	Northeastern	W	2-1	Semifinal
	Princeton	W	3-0	Championship
1997	Connecticut	W	4-0	Second Round
	Princeton	W	4-3	Semifinal
	Old Dominion	W	3-2	Championship
1998	Northeastern	W	5-0	First Round
	Old Dominion	L	7-2	Second Round
1999	Penn State	W	1-0	First Round
	Iowa	L	2-0	Second Round
2000	Kent State	W	5-3	First Round
	Massachusetts	W	5-1	Second Round
	Maryland	W	4-1	Semifinal
	Old Dominion	L	3-1	Championship
2001	Michigan	L	5-2	First Round
2003	Michigan	L	2-1	First Round
2004	Richmond	W	3-0	First Round
	Duke	L	2-1	Second Round
2005	Indiana	L	3-2	First Round
2006	Penn State	L	4-3	First Round
2007	Stanford	W	4-0	First Round
	James Madison	W	1-0	Second Round
	Connecticut	W	4-2	Semifinal
	Penn State	W	3-0	Championship
2008	Michigan State	L	3-2	First Round
2009	Ohio State	W	4-1	First Round
	Wake Forest	W	4-1	Second Round
	Virginia	W	3-2	Semifinal
	Maryland	W	3-2	Championship
2010	Stanford	W	3-1	First Round
	Old Dominion	W	5-1	Second Round
	Virginia	W	4-3 OT	Semifinal
	Maryland	L	3-2 2OT	Championship
2011	Ohio	W	4-0	First Round
	Michigan	W	5-1	Second Round
	Connecticut	W	4-3 2OT	Semifinal
	Maryland	L	3-2 OT	Championship
2012	Stanford	W	4-1	First Round
	Old Dominion	W	3-1	Second Round
	Syracuse	W	6-1	Semifinal
	Princeton	L	3-2	Championship
2013	Delaware	W	6-2	First Round
	Wake Forest	W	5-2	Second Round
	Connecticut	L	2-1 2OT, PS	Semifinal

TAR HEEL TEAM AWARDS



Emily Wold



Julia Young



Meghan Drake



Samantha Travers



Janne Grove



Emma Bozek



Casey Di Nardo

Anderson Mark of Excellence Most Valuable Player Award

1994: Barb Hansen
1995: Kim Schroll
1996: Jana Withrow
1997: Cindy Werley
1998: Nancy Pelligreen
1999: Jana Toepel
2000: Kristen McCann
2001: Abby Martin
2002: Meredith Keller
2003: Kelsey Keeran
2004: Kelsey Keeran
2005: Rachel Dawson
2006: Jesse Gey
2007: Rachel Dawson
2008: Britt van Beek
2009: Katelyn Falgowski
2010: Caitlin Van Sickle
2011: Kelsey Kolojechick,
Caitlin Van Sickle
2012: Caitlin Van Sickle
2013: Emily Wold

Ken and Cheryl Williams Rookie of the Year Award

1994: Kate Barber
1995: Nancy Pelligreen
1996: Jana Toepel
1997: Carrie Lingo
1998: Abby Martin
1999: Meredith Keller
2000: Katy Potter
2001: Carey Fetting-Smith
2002: Naomi Weatherald
2003: Rachel Dawson
2004: Alli Tanner

2005: Britt van Beek
2006: Brianna O'Donnell
2007: Katelyn Falgowski
2008: Caitlin Van Sickle
2009: Kelsey Kolojechick
2010: Marta Malmberg
2011: Loren Shealy
2012: Emily Wold
2013: Julia Young

Marjorie Moses Schwab Unsung Hero Award

1994: Sharon Moore
1995: Susannah Schott
1996: Christy Utter
1997: Joy Driscoll
1998: Jana Toepel
1999: Erin Cox
2000: Susan Hayes
2001: Susan Hayes
2002: Alison Stewart
2003: Kerry Falgowski
2004: Brooke Miller
2005: Brooke Miller
2006: Riley Foster
2007: Xan Funk, Heather Kendell
2008: Danielle Forword, Kate Scholl
2009: Casey Burns,
Brianna O'Donnell
2010: Meghan Dawson
2011: Teryn Brill, Meghan Dawson
2012: Abby Frey
2013: Meghan Drake

Carmen and Michael Hooker Leadership Award

1999: Nicole Frey

2000: Jana Toepel
2001: Susan Hayes
2002: Stephanie Fuller
2003: Carey Fetting-Smith
2004: Carey Fetting Smith
2005: Katy Tran, Naomi Weatherald
2006: Laree Beans
2007: Laree Beans, Rachel Dawson
2008: Britt van Beek
2009: Illse Davids, Danielle Forword
2010: Elizabeth Drazdowski,
Jackie Kintzer
2011: Katelyn Falgowski
2012: Caitlin Van Sickle
2013: Samantha Travers

Lingo Award as Players' Player of the Year

2002: Meredith Keller
2003: Kerry Falgowski
2004: Kerry Falgowski
2005: Laree Beans
2006: Jesse Gey
2007: Jesse Gey
2008: Riley Foster
2009: Riley Foster
2010: Elizabeth Drazdowski
2011: Elizabeth Stephens
2012: Meghan Lyons
2013: Emily Wold

Caitlin "Poppy" Van Sickle Defensive Player of the Year

2013: Janne Grove

Keller Award for Open-Play Assists

2002: Meredith Keller
2003: Kelsey Keeran
2004: Laree Beans
2005: Laree Beans, Britt van Beek
2006: Jesse Gey
2007: Katelyn Falgowski, Jesse Gey
2008: Illse Davids
2009: Kelsey Kolojechick
2010: Kelsey Kolojechick
2011: Kelsey Kolojechick
2012: Kelsey Kolojechick
2013: Emily Wold

Laree Beans Practice Player of the Year Award

2003: Kelsey Keeran
2004: Carey Fetting-Smith
2005: Rachel Dawson
2006: Rachel Dawson
2007: Laree Beans
2008: Katelyn Falgowski
2009: Jackie Kintzer
2010: Jackie Kintzer
2011: Meghan Drake
2012: Kelsey Kolojechick
2013: Emma Bozek

Dawson Family Most Improved Player Award

2009: Melanie Brill
2010: Katie Ardrey
2011: Katie Plyler
2012: Sassi Ammer
2013: Casey Di Nardo

ALL-TIME JERSEY NUMBERS

Those listed have worn the specified jersey number for UNC in intercollegiate competition or are members of this year's team. Please contact Dana Gelin at dgelin@unc.edu with corrections.

#00
Sassi Ammer
Nicole Frey
Michelle Kelley
Peggy Storrar

#1
Jessica Pereira
Emma Bozek
Teryn Brill
Marie Bounds
Jill Croke
Jane Radford
Evelien Spee
Peggy Storrar
Alexis Suarez

#2
Loren Shealy
Jennifer Anderson

Illse Davids
Maryellen Falcone
Therese Ferland
Carey Fetting-Smith
Laurel Hershey
Holly Huff
Amy Moyers
Kriss Palermo

#3
Kristy Bernatchez
Drew Hayes
Cathleen Conwell
Riley Foster
Beth Logan
Kristen McCann
Alex Otto
Kathy Staley
Kelly Staley
Maura Troy

#4
Samantha Travers
Amy Cox
Stewi Downer
Joy Driscoll
Maryellen Falcone
Charlotte Verstraten
Meg Wanser
Naomi Weatherald
Abbey Woolley

#5
Charlotte Craddock
Taryn Gjurich
Mary Havell
Pembry Keller
Beth Logan
Sharon Moore
Alli Tanner
Beth Taterosian

#6
Halle Frain
Meghan Drake

Jacky Hagenbach
Brooke Miller
Kiki Norbruis
Charlotte Plugge
Sharon Ross
Kate Sidebottom
Jody Spinney

#7 - Retired
LESLIE LYNESS
Claire Dougherty
Tracey Houk
Mary Sentementes

#8
Charlotte Vaziri
Louise Hines
Meredith Keller
Heather Kendell
Imke Lempers
Rachel Magerman
Stacey Schweighart
Donna Williams
Leslie Wornall

Tracey Yurgin
#9 - Retired
RACHEL DAWSON
Emily Wold
Julie Blaisse
Jessica Grasso
Susan Hayes
Alison Seger
Sandra Smith

#10
Nina Notman
Ellen Bakken
Melanie Brill
Moiria McFadden
Cathy Osmer
Sharon Ross
Katie Shanahan
Alison Stewart
Meg Wanser

#11
Mackenzie Mick
Katie Ardrey
Jennifer DiCuollo
Stephanie Gaulin
Kelsey Keeran
Kristy Kimball
Kim Knickerbocker
Sinead Loughran
Deborah Miller
Kate Scholl
Kathy Staley
Andrea Walsh
Jana Toepel

#12
Sam Night
Jennifer Anderson
Jennifer DiCuollo
Stephanie Fuller
Katie Plyler
Britt van Beek
Stephanie Walsh

Meg Wanser
Tracey Yurgin

#13
Retired
CINDY WERLEY
Mary Hartzell
Annemarie
Rosenbaum

#14
Emma Bozek
Ana Bertsch
Sonja Denlinger
Hilary Hartman
Tracy Hill
Kelsey Kolojechick
Katy Potter
Kim Schroll
Alison Seger
Andrea Walsh

TEAM RECORD BOOK

CAREER RECORDS

Career Goals

	Gms	Gls
1. Cindy Werley (1993-97)	90	84
2. Nancy Pelligreen (1995-98)	89	82
3. Bashi Buba (1975-78)	59	81
T4. Kelsey Kolojejchick (2009-12)	97	68
T4. Louise Hines (1982-85)	74	68
6. Kristen McCann (1997-2000)	89	59
7. Julie Blaisse (1986-88)	62	57
8. Kate Barber (1994-97)	92	56
Rachel Dawson (2003-05, '07)	84	56
10. Danielle Forword (2006-08)	76	54

Career Assists

	Gms	Asts
1. Katelyn Falgowski (2007-11)	81	63
2. Joy Driscoll (1994-97)	91	58
3. Kelsey Kolojejchick (2009-12)	97	48
4. Katie Ardrey (2009-12)	88	46
5. Cindy Werley (1993-97)	90	44
6. Laura Douglas (2001-04)	80	42
7. Peggy Anthon (1987-90)	74	40
Nancy Lang (1988-91)	77	40
9. Kate Barber (1994-97)	92	39
10. Lori Bruney (1984-87)	77	38

Career Points

	Pts	(G/A)
1. Cindy Werley (1993-97)	212	(84/44)
2. Nancy Pelligreen (1995-98)	193	(82/29)
3. Kelsey Kolojejchick (2009-12)	184	(68/48)
4. Bashi Buba (1975-78)		162
5. Louise Hines (1982-85)	152	(68/16)
6. Kate Barber (1994-97)	151	(56/39)
7. Julie Blaisse (1986-88)	139	(57/25)
8. Rachel Dawson (2003-5, '07)	135	(56/23)
9. Kristen McCann (1997-2000)	131	(59/13)
10. Abby Martin (1998-2001)	128	(49/30)

Most Goals by a ...

Freshman: 25 (Imke Lempers, 1989, 22 games)
Sophomore: 26 (Charlotte Craddock, 2012, 19 games)
Junior: 23 (Kelsey Kolojejchick, 2011, 25 games)
Senior: 36 (Cindy Werley, 1997, 23 games)

GOALKEEPING RECORDS

Goals Against Average

Career	Player	Games	GAA
1. Evelien Spee (1987-89)		57	0.51*
2. Kathy Mulvey (1984-87)		53	0.54
3. Jana Withrow (1994-97)		94	0.82
4. Jackie Kintzer (2007-10)		78	0.95
5. Jan Miles (1983-85)		55	0.98

Season

0.43* – Jana Withrow, 1994, 10 goals in 23 games
 0.43* – Kathy Mulvey, 1987, 9 goals in 21 games

Saves

Game: 27 – by Jan Miles vs. Old Dominion, 1982
 Season: 149 – by Evelien Spee, 1988, 20 games
 Career: 503 – by Peggy Storrar, 1990-93, 85 games

Shutouts

Season: 14* – by Jana Withrow, 1994, 23 games;
 by Evelien Spee, 1988, 20 games;
 by Mary Holzer, 1978, 23 games

Career: 46* – by Jana Withrow, 1994-97, 94 games

* – Atlantic Coast Conference record

SINGLE-SEASON RECORDS

Season Goals

	Yr	G	Gls
1. Cindy Werley	1997	23	36
2. Bashi Buba	1978	23	27
Kristen McCann	2000	24	27
4. Charlotte Craddock	2012	19	26
Kathy Staley	1989	22	26
6. Imke Lempers	1989	22	25
7. Cindy Werley	1994	23	24
Kate Barber	1995	24	24
9. Bashi Buba	1977	18	23
Nancy Pelligreen	1996	24	23
Kelsey Kolojejchick	2011	25	23

Season Assists

	Yr	G	A
1. Peggy Anthon	1990	24	31
Ashley Hanson	1996	24	31
3. Joy Driscoll	1996	24	29
4. Nancy Lang	1990	24	27
5. Katelyn Falgowski	2009	22	26
6. Lori Bruney	1987	21	24
7. Kelsey Kolojejchick	2012	25	23
Leslie Lyness	1989	22	23
Emily Wold	2013	24	23
10. Abbi Keller	1995	24	22
Kim Schroll	1995	24	22

Season Points

	Yr	Pts
1. Cindy Werley	1997	87
2. Cindy Werley	1994	61
3. Kathy Staley	1989	60
4. Charlotte Craddock	2012	58
Kate Barber	1995	58
6. Imke Lempers	1989	56
Kristen McCann	2000	56
8. Cindy Werley	1996	55
Kelsey Kolojejchick	2011	55
10. Julie Blaisse	1986	54
Nancy Pelligreen	1996	54

ALL-TIME JERSEY NUMBERS

#15 Tyler Powell	Elizabeth Stephens	Barbara Hansen	Kate Howard	Jane Jester	Amy Tran	#30 Sinead Loughran
Kelsey Brinkman	Claire Dougherty	Emily Kole	Nancy Lang	Alisia Morgan	Jana Withrow	
Sara Carroll	Ashley Hanson	Patty Lipp	Meredith Lawrence	Sharon Ross		
Jana Facchinei	Ashley Judge	Karen Mann	Lisa Morin	Susannah Schott	#26 Blissie Du Bose	#31 Shannon Johnson
Jesse Gey	Carrie Lingo	Abigail Saltonstall	Annemarie	Lisa Todd	Jackie Kintzer	Jaclyn Gaudio
Monica Irwin	Jill Mulhern	Erika Streck	Rosenbaum		Katy Tran	Radvany
Kristy Kimball	Marie Sheehan	Leigh Watts		#24 Alex Grant		
Beth Logan	Paula Storch			Jennifer Blizzard	#27 Gab Major	#43 Christine Coppola
Annemarie		#20 Terri Buck	#22 Morgan Newell	Lynn Brewer	Casey Burns	
Rosenbaum	#18 Rachel Black	Xan Funk	Peggy Anthon	Lori Bruney	Kate Nealon	#77 Janne Grove
Michelle Russell	Leslie Barrows	Shireen Khan	Kate Barber	Erin Cox	Sophie Rudolph	
	Becky Bruney	Jamie Knickerbocker	Bonnie Davis	Marta Malmberg		
#16 Julia Young	Cinda Carpenter	Katie McDonald	Melanie Dawson	Liz Morris	#28 Alex Gorry	#82 Brianna O'Donnell
Laree Beans	Amber Chambers	Christy Utter	Laura Douglas	Emily O'Hara	Louise McNutt	
Jennifer Clark	Elizabeth Drazdowski	Caitlin Van Sickle	Danielle Forword	Cathy Osmer	Katie Price	#86 Caitlin Powers
Abbi Keller	Tracey Houk	Jamie Warren	Betsy Gillespie			Rosie Wood
Leslie Lyness	Tracey Houk		Sara Johnson	#25 Abby Frey	#29 Tanner Watson	
Abby Martin	Nancy Pelligreen	#21 Casey Di Nardo	Mary Stewart	Peggy Anthon	Meghan Lyons	
Brenda Reed	Brenda Reed	Meghan Dawson	Connie Walton	Cathleen Conwell		
	#19 Lauren Moyer	Erin Cox		Amy Ellis		
#17 Caroline Plyler	Ellen Bakken	Kerry Falgowski	#23 - Retired KATELYN FALGOWSKI	Judith Jonckheer		
	Flo Belvedere	Kelly Houk	Lizzy Duffy			

CAROLINA FIELD HOCKEY

YEAR-BY-YEAR RESULTS



2013: 18-6 (3-3 ACC)
NCAA Semifinals, ACC Runner-up
Home: 8-2; Away: 5-2; Neutral: 5-2

8/29	At Lock Haven	W	2-1
9/1	vs. Villanova-1	W	10-0
9/7	vs. Michigan-2	W	7-2
9/8	At Iowa-2	W	3-1
9/13	ODU	W	3-0
9/15	Radford	W	8-1
9/20	At Virginia	W	2-1
9/22	At VCU	W	6-0
9/27	Duke	L2OT	3-2
10/5	Maryland	LOT	2-1
10/6	California	W	4-0
10/12	At Wake Forest	W	4-2
10/19	Boston College	W	5-2
10/20	Davidson	W	10-0
10/23	Longwood	W	9-0
10/26	vs. Connecticut-3	W	2-1
10/27	At ODU	LOT	3-2
11/2	At Syracuse	L	1-0
11/7	vs. Wake Forest-4	W	3-2
11/8	vs. Syracuse-4	W	1-0
11/10	vs. Maryland-4	L	2-0
11/16	Delaware-5	W	6-2
11/17	Wake Forest-5	W	5-2
11/22	Connecticut-6	L2OT	2-1

1-Newark, Del.; 2-ACC/Big Ten Challenge, Iowa City, Iowa; 3-Norfolk, Va.; 4-ACC Tournament, Newton, Mass.; 4-NCAA 1st & 2nd rounds, Chapel Hill; 5-NCAA semifinal, Norfolk, Va.



2012: 23-2 (5-0 ACC)
NCAA Runner-up, ACC Champion
Home: 10-0; Away: 8-1; Neutral: 5-1

8/25	Michigan-1	W	5-1
8/26	Iowa-1	W	5-0
9/1	At Syracuse	L	1-0, OT
9/2	At Cornell	W	6-1
9/7	At Delaware	W	6-0
9/9	vs. Villanova-2	W	10-0
9/14	Old Dominion	W	3-2
9/16	At Wake Forest	W	2-1
9/21	At Duke	W	7-3
9/23	Stanford	W	6-2
9/25	At Davidson	W	6-0
9/29	Wake Forest	W	3-2
9/30	VCU	W	6-1
10/6	At Boston College	W	4-0

10/7	Dartmouth-3	W	6-0
10/13	Virginia	W	3-2, OT
10/20	At Maryland	W	4-3, OT
10/26	At Old Dominion	W	3-1
10/28	Radford	W	6-1
11/2	Wake Forest-4	W	4-0
11/4	Maryland-4	W	4-2
11/10	Stanford-5	W	4-1
11/11	ODU-5	W	3-1
11/16	vs. Syracuse-6	W	6-1
11/18	vs. Princeton-6	L	3-2

1-ACC/Big Ten Challenge, Winston-Salem, N.C.; 2-Newark, Del.; 3-Newton, Mass.; 4-ACC Tournament, Chapel Hill, N.C.; 4-NCAA 1st & 2nd rounds, Chapel Hill; 5-NCAA semifinal & final, Norfolk, Va.



2011: 23-2 (5-0 ACC)
NCAA Runner-up, ACC Champion
Home: 12-1; Away: 6-0; Neutral: 5-1

8/27	At Michigan-1	W	5-0
8/28	Iowa-1	W	2-0
9/2	Syracuse	W	3-2
9/9	At Delaware	W	6-0
9/11	vs. Lafayette-2	W	8-0
9/16	Old Dominion	L	3-1
9/18	Wake Forest	W	2-1, OT
9/21	Longwood	W	5-1
9/24	Duke	W	1-0, 2OT
9/25	Davidson	W	5-0
9/30	At Wake Forest	W	1-0
10/2	Radford	W	7-0
10/8	Boston College	W	2-0
10/9	Appalachian State	W	12-0
10/15	At Virginia	W	7-2
10/16	At James Madison	W	3-0
10/22	Maryland	W	2-1
10/23	Michigan	W	4-3, 2OT
10/30	At Old Dominion	W	3-2, OT
11/4	vs. Wake Forest-3	W	2-1
11/6	vs. Duke-3	W	2-1
11/12	vs Ohio-4	W	4-0
11/13	Michigan-4	W	5-1
11/18	Connecticut-5	W	4-3, 2OT
11/20	Maryland-5	L	3-2, OT

1-ACC/Big Ten Challenge, Ann Arbor, Mich.; 2-Newark, Del.; 3-ACC Tournament, College Park, Md.; 4-NCAA 1st & 2nd rounds, Chapel Hill; 5-NCAA semifinal & final, Louisville, Ky.



2010: 22-3 (4-1 ACC)
NCAA Runner-up, ACC Runner-up
Home: 12-0; Away: 6-2; Neutral: 4-1

8/28	Michigan-1	W	3-0
8/29	Iowa-1	W	3-0
9/3	At Wake Forest	W	5-1
9/10	Villanova -2	W	7-1
9/12	At West Chester	W	7-1
9/17	Old Dominion	W	3-1
9/19	William & Mary	W	5-0
9/25	At Duke	W	1-0
9/26	Stanford	W	2-1
9/28	At Longwood	W	5-0
10/2	Wake Forest	W	5-1
10/4	California	W	1-0
10/8	At Boston College	W	3-0
10/10	Connecticut - 3	W	3-1
10/16	Virginia	W	3-2
10/17	James Madison	W	4-0
10/23	At Maryland	L	3-2
10/30	At Old Dominion	W	2-1
10/31	Radford	W	5-0
11/5	Virginia - 4	W	1-0 OT
11/7	Maryland - 4	L	5-2
11/13	Stanford - 5	W	3-1
11/14	Old Dominion - 5	W	5-1
11/19	Virginia - 6	W	4-3 OT
11/21	Maryland - 6	L	3-2 2OT

1-ACC/Big Ten Challenge, Chapel Hill, N.C.; 2-Vonnie Gros Classic, West Chester, Pa.; 3-Chestnut Hill, Md.; 4-ACC Tournament, Winston-Salem, N.C.; 5-NCAA Tournament first and second rounds, Chapel Hill; 6-NCAA Tournament semifinal and final, College Park, Md.



2009: 20-2 (4-1 ACC)
NCAA Champion
Home: 6-1; Away: 8-1; Neutral: 6-0

8/29	Michigan-1	W	2-1
8/30	Iowa-1	W	5-0
9/4	Wake Forest	W	4-1
9/8	At Davidson	W	9-0
9/11	Villanova -2	W	7-0
9/12	At West Chester	W	6-0
9/16	Radford	W	8-0
9/18	Old Dominion	W	4-0
9/20	Longwood	W	6-0
9/26	Duke	W	7-0



YEAR-BY-YEAR RESULTS

10/3	At Wake Forest	W	3-0
10/10	Boston College	W	4-0
10/11	At Duke	W	2-1
10/17	At Virginia	W	2-1 OT
10/18	At James Madison	W	2-0
10/24	Maryland	L	4-1
10/31	At Old Dominion	W	2-0
11/6	At Virginia - 3	L	1-0
11/14	Ohio State - 4	W	4-1
11/15	At Wake Forest - 4	W	4-1
11/20	Virginia - 5	W	3-2
11/22	Maryland - 5	W	3-2

1-ACC/Big Ten Chall., Iowa City, Iowa; 2-Vonnie Gros Classic, West Chester, Pa.; 3-ACC Tour., Charlottesville, Va.; 4-NCAA Tour. first and second rounds, Winston-Salem, N.C.; 5-NCAA Tour. semifinal and final, Winston-Salem, N.C.



2008: 14-6 (3-2 ACC)

NCAA Tournament First Round

Home: 7-0 Away: 4-4 Neutral: 3-2

8/30	Michigan-1	W	6-0
8/31	Iowa-1	L	3-2
9/5	At Wake Forest	L	2-1
9/7	Georgetown	W	11-0
9/13	Penn State-2	W	4-0
9/14	At West Chester-2	W	7-0
9/19	Old Dominion	W	3-1
9/21	Radford	W	9-3
9/27	At Duke	W	2-1
9/28	At Longwood	W	3-1
10/4	Wake Forest	W	4-3
10/10	At Boston College	L	2-0
10/12	Yale-3	W	3-1
10/18	Virginia	W	3-0
10/19	James Madison	W	1-0
10/25	At Maryland	L	7-0
11/1	At Old Dominion	W	3-1
11/2	Davidson	W	9-0
11/7	Wake Forest-4	L	2-1
11/15	At Michigan State-5	L	3-2

1-ACC/Big Ten Challenge, Winston-Salem, N.C.; 2-Vonnie Gros Classic, West Chester, Pa.; 3-Newton, Mass.; 4-ACC Tournament, Durham, N.C.; 4-NCAA Tournament, East Lansing, Mich.



2007: 24-0 (5-0 ACC)

NCAA Champion, ACC Champion

Home: 11-0 Away: 7-0 Neutral: 6-0

8/25	At Michigan-1	W	3-1
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8/26	Iowa-1	W	5-2
8/31	Wake Forest	W	2-1 OT
9/2	James Madison	W	2-1
9/8	Villanova-2	W	7-2
9/9	At West Chester-2	W	9-0
9/14	Old Dominion	W	3-0
9/16	Penn State	W	6-0
9/20	Appalachian State	W	7-0
9/22	Duke	W	5-0
9/25	At Davidson	W	8-0
9/29	At Wake Forest	W	5-0
10/6	Boston College	W	2-0
10/7	Radford	W	6-0
10/12	At William & Mary	W	4-2
10/14	At Virginia	W	3-0
10/20	Maryland	W	3-0
10/27	At Old Dominion	W	3-0
11/2	Virginia-3	W	3-0
11/4	Wake Forest-3	W	4-3 OT
11/10	Stanford-4	W	4-0
11/11	James Madison-4	W	1-0
11/16	Connecticut-5	W	4-2
11/18	Penn State-5	W	3-0

1-ACC/Big Ten Challenge, Ann Arbor, Mich.; 2-Vonnie Gros Classic, West Chester, Pa.; 3-ACC Tournament, Newton, Mass.; 4-NCAA Tour. 1st/2nd Rounds, Chapel Hill; 5-NCAA Tour. semifinal and final, College Park, Md.



2006: 13-9 (1-4 ACC)

NCAA Tournament First Round

Home: 8-4 Away: 3-4 Neutral: 2-1

8/26	Michigan-1	W	3-1
8/27	Iowa-1	W	2-1
9/2	At James Madison	W	4-1
9/5	Davidson	W	2-0
9/9	At West Chester-2	W	6-0
9/10	Villanova-2	W	7-0
9/16	Old Dominion	L	3-1
9/17	Virginia	L	2-1
9/23	At Duke	L	2-1 OT
9/24	Albany	W	4-0
9/27	Appalachian State	W	11-0
9/30	Wake Forest	L	4-3 OT
10/1	William & Mary	W	4-0
10/7	At Boston College	W	4-0
10/8	Yale-3	W	6-0
10/13	At Penn State	L	2-1
10/22	At Maryland	L	1-0
10/28	At Old Dominion	L	3-1
10/29	Radford	W	6-1
11/2	Duke-4	W	2-0
11/3	Wake Forest-4	L	3-0
11/11	Penn State-5	L	4-3

1-ACC/Big Ten Challenge, Chapel Hill; 2-Vonnie Gros Classic, West Chester, Pa.; 3-Newton, Mass.; 4-ACC Tournament, Chapel Hill; 4-NCAA Tournament, College Park, Md.



2005: 14-7 (2-3 ACC)

NCAA Tournament First Round

Home: 5-3 Away: 5-2 Neutral: 4-2

8/27	Michigan-1	W	2-0
8/28	At Iowa-1	W	5-0
9/3	At William & Mary	W	3-1
9/5	James Madison	W	1-0
9/10	At Temple	W	1-0
9/11	Monmouth-2	W	7-0
9/17	Old Dominion	W	1-0
9/23	Duke	L	2-1
9/25	Radford	W	4-0
10/1	At Wake Forest	L	2-0
10/8	Boston College	W	3-1
10/9	Stanford-3	W	4-0
10/11	At Davidson	W	7-0
10/14	Wake Forest	L	3-2 2OT,PS
10/16	At Virginia	W	3-1
10/23	Maryland	L	2-1
10/29	At Old Dominion	L	5-0
10/30	Penn State	W	3-2 OT
11/3	Boston College-4	W	2-1
11/4	Wake Forest-4	L	2-1 OT
11/12	Indiana-5	L	3-2

1-ACC/Big Ten Challenge, Iowa City, Iowa.; 2-Philadelphia, Pa.; 3-Winston-Salem, N.C.; 4-ACC Tournament, College Park, Md.; 4-NCAA Tournament, Winston-Salem, N.C.



2004: 21-2 (4-0 ACC)

NCAA Tourn. Second Round, ACC Champion

Home: 8-1 Away: 8-1 Neutral: 5-0

8/28	Michigan-1	W	3-2
8/29	Iowa-1	W	5-0
9/4	Iowa-2	W	1-0
9/5	American-2	W	2-0
9/10	At Delaware	W	5-1
9/12	At Penn State	W	2-1
9/18	Old Dominion	W	1-0
9/19	Virginia	W	4-0
9/22	Appalachian State	W	6-0
9/25	At Duke	W	2-1
9/26	William & Mary	W	3-0
9/28	Davidson	W	4-0
10/2	Wake Forest	W	3-2 2OT, PS
10/3	Radford	W	9-0
10/10	At Wake Forest	L	4-3 OT
10/16	At James Madison	W	2-0

CAROLINA FIELD HOCKEY

YEAR-BY-YEAR RESULTS

10/17	At Virginia	W	2-1
10/23	At Maryland	W	2-1 OT
10/30	At Old Dominion	W	4-1
11/5	At Wake Forest-3	W	2-1 OT
11/7	Maryland-3	W	3-1
11/13	Richmond-4	W	3-0
11/14	Duke-4	L	2-1

1-ACC/Big Ten Challenge, Ann Arbor, Mich.; 2-Temple Invitational, Philadelphia, Pa.; 3-ACC Tournament, Winston-Salem, N.C.; 4-NCAA Tournament, Chapel Hill, N.C.

9/7	Louisville-2	L	3-2 OT
9/8	At Temple-2	W	4-0
9/12	Radford	W	5-1
9/15	At Penn State	L	2-1
9/21	Old Dominion	W	2-0
9/22	Virginia	W	3-1
9/28	William & Mary	W	2-1
9/29	Wake Forest	L	2-1
10/5	At Duke	W	5-4 2OT
10/6	Kent State	L	2-1 2OT,PS
10/12	At James Madison	L	4-3
10/13	At Virginia	L	1-0
10/19	Duke	W	3-1
10/20	At Wake Forest	L	2-0
10/26	At Maryland	W	3-2
11/2	At Old Dominion	L	3-2 2OT,PS
11/3	Princeton-3	L	4-2
11/8	Maryland-4	L	3-2 OT

1-ACC/Big Ten Challenge, Chapel Hill, N.C.; 2-Temple Invitational, Philadelphia, Pa.; 3-Norfolk, Va.; 4-ACC Tournament, Durham, N.C.



2000: 20-4 (4-0 ACC)

NCAA Runner-up
Home: 7-1 Away: 7-2 Neutral: 6-1

8/26	Duke	W	3-0
9/3	Michigan-1	W	2-0
9/4	Penn State-1	W	2-1 OT
9/9	Iowa-2	W	5-0
9/10	At Temple-2	W	6-1
9/16	Old Dominion	L	1-0
9/17	Virginia	W	3-1
9/23	At Richmond	W	4-1
9/24	At James Madison	W	4-1
9/30	Wake Forest	W	3-2
10/1	At Duke	W	2-1
10/7	Princeton-3	W	3-2
10/8	Radford	W	10-0
10/10	At Wake Forest	W	4-3 OT
10/13	Michigan	W	4-0
10/15	At Virginia	W	3-0
10/22	At Maryland	W	1-0 OT
10/28	At Old Dominion	L	2-1 OT
10/29	William & Mary-3	W	4-0
11/3	Virginia-4	L	2-1 2OT,PS
11/11	Kent State-5	W	5-3
11/12	Massachusetts-5	W	5-1
11/17	Maryland-6	W	4-1
11/19	At Old Dominion-6	L	3-1

1-ACC/Big Ten Challenge, St. Louis, Mo.; 2-Temple Invit., Philadelphia, Pa.; 3-Norfolk, Va.; 4-ACC Tournament, College Park, Md.; 5-NCAA First and Second Rounds, Chapel Hill; 6-NCAA Championships, Norfolk, Va.



2003: 16-6 (2-2 ACC)

NCAA Tournament First Round
Home: 7-2 Away: 7-2 Neutral: 2-2

8/31	Michigan-1	W	4-0
9/1	Iowa-1	W	3-1
9/6	Michigan State-2	W	3-0
9/7	At Temple-2	W	6-1
9/10	At Davidson	W	6-0
9/14	James Madison	W	9-1
9/20	Old Dominion	W	4-0
9/21	Virginia	W	5-1
9/23	Miami (Ohio)	W	10-0
9/26	At Wake Forest	L	2-1 OT
10/3	Duke	W	4-1
10/5	Penn State	W	3-2
10/10	At Appalachian State	W	6-0
10/12	At Virginia	W	6-0
10/18	At Duke	L	5-0
10/19	Wake Forest	L	2-1
10/25	Maryland	L	3-2 OT
10/26	Radford	W	6-0
11/1	At Old Dominion	W	4-2
11/2	At William & Mary	W	1-0
11/7	Duke-3	L	4-3
11/15	Michigan-4	L	2-1

1-ACC/Big Ten Challenge, Ann Arbor, Mich.; 2-Temple Invitational, Philadelphia, Pa.; 3-ACC Tournament, Charlottesville, Va.; 4-NCAA Tournament, East Lansing, Mich.



2001: 14-7 (2-2 ACC)

NCAA Tournament First Round
Home: 8-4 Away: 3-3 Neutral: 3-0

8/25	Connecticut-1	W	4-0
9/1	Penn State	W	3-1
9/2	Va. Commonwealth	W	13-0
9/8	Michigan-2	W	2-1
9/9	At Temple-2	W	4-1
9/22	Kent State	L	5-4 OT
9/23	James Madison	W	3-1
9/26	Wake Forest	L	2-0
9/29	Duke	W	5-0
9/30	Richmond	W	8-0
10/6	At Wake Forest	L	2-0
10/13	At Virginia	W	4-1
10/14	Radford	W	8-0
10/17	Old Dominion	W	2-1
10/20	Maryland	L	1-0 OT
10/21	At Duke	W	3-1
10/25	Virginia	W	3-0
10/27	At Old Dominion	L	6-4
10/28	William & Mary-3	W	2-0
11/2	Wake Forest-4	L	3-2 OT
11/10	At Michigan-5	L	5-2

1-Saratoga Springs, N.Y.; 2-Temple Invit., Philadelphia, Pa.; 3-Norfolk, Va.; 4-ACC Tournament, Chapel Hill, N.C.; 5-NCAA Tournament, Ann Arbor, Mich.



2002: 9-11 (3-1 ACC)

NCAA Tournament Second Round
Home: 6-3 Away: 3-5 Neutral: 0-3

8/31	Michigan-1	L	2-0
9/1	Iowa-1	W	2-1 OT



1999: 16-6 (2-2 ACC)

NCAA Tournament Second Round
Home: 9-2 Away: 5-4 Neutral: 2-0

8/28	Michigan	W	4-1
8/29	Duke	W	4-0
9/5	At Penn State	L	1-0
9/11	Michigan State-1	W	5-2
9/12	Temple-1	W	4-0
9/18	Old Dominion	W	1-0
9/19	Virginia	W	1-0
9/25	Massachusetts	W	4-1
9/26	James Madison	W	3-2
10/2	At Wake Forest	L	2-0
10/3	At Duke	W	3-0



YEAR-BY-YEAR RESULTS

10/6	Radford	W	2-0
10/12	Wake Forest	L	3-2 OT
10/15	Va. Commonwealth	W	9-0
10/17	At Virginia	W	2-0
10/23	Maryland	L	2-1 2OT
10/24	Richmond	W	6-0
10/30	Old Dominion	W	2-1 OT
10/31	William & Mary	W	2-0
11/5	Wake Forest-2	L	6-1
11/13	Penn State-3	W	1-0
11/14	Iowa-3	L	2-0

1-Temple Invitational, Philadelphia, Pa.; 2-ACC Tournament, Winston-Salem, N.C.; 3-NCAA First and Second Rounds, Iowa City, Iowa



1998: 13-8 (2-2 ACC)

NCAA Tournament Second Round

Home: 6-1 Away: 2-5 Neutral: 5-2

9/5	Penn State-1	W	3-0
9/7	Iowa-1	W	2-1
9/12	Mich. State-2	W	1-0
9/13	Radford-2	W	5-1
9/19	Old Dominion	L	4-3
9/20	Virginia	W	3-0
9/26	Duke	W	2-0
9/30	At Duke	W	3-2
10/3	At Wake Forest	W	3-0
10/4	Richmond	W	8-0
10/9	At James Madison	L	5-4
10/11	At Maryland	L	5-0
10/18	At Virginia	L	2-1
10/21	Radford	W	6-0
10/24	Boston College	W	5-1
10/27	Wake Forest	W	3-1
10/31	Princeton-3	L	4-3 OT
11/1	At Old Dominion	L	3-1
11/6	Maryland-4	L	2-1 OT
11/14	Northeastern-5	W	5-0
11/15	Old Dominion-5	L	7-2

1-ACC/Big 10 Challenge, St. Louis, Mo.; 2-Temple Invitational, Philadelphia, Pa.; 3-At Norfolk, Va.; 4-ACC Tournament, Charlottesville, Va.; 5-NCAA 1st & 2nd Rounds, Norfolk, Va.



1997: 20-3 (3-1 ACC)

NCAA Champion, ACC Champion

Home: 10-2 Away: 4-1 Neutral: 6-0

8/30	Penn State	W	6-5
9/6	At Michigan	W	6-3

9/7	Ohio State-1	W	3-0
9/13	Iowa-2	W	2-0
9/14	Delaware-2	W	5-0
9/19	Virginia	L	2-0
9/20	Old Dominion	L	5-4 OT
9/26	At Duke	W	5-1
9/28	William & Mary	W	5-0
10/1	Wake Forest	W	3-1
10/4	Massachusetts	W	10-2
10/5	Radford	W	10-0
10/20	At Virginia	L	2-1
10/22	At Wake Forest	W	5-1
10/24	James Madison	W	4-1
10/27	Maryland	W	4-3 OT
10/29	Duke	W	5-0
11/2	At Old Dominion	W	2-1
11/8	Maryland-3	W	3-2 OT
11/10	Virginia-3	W	2-0
11/16	Connecticut-4	W	4-0
11/21	Princeton-5	W	4-3
11/23	Old Dominion-5	W	3-2

1-Ann Arbor, Mich.; 2-Temple Invitational, Philadelphia, Pa.; 3-ACC Tour., Chapel Hill, N.C.; 4-NCAA Second Round, Chapel Hill, N.C.; 5-NCAA Championships, Storrs, Conn.



1996: 23-1 (8-0 ACC)

NCAA Champion, ACC Champion

Home: 8-1 Away: 10-0 Neutral: 5-0

9/1	At Penn State	W	3-0
9/2	At James Madison	W	6-0
9/14	New Hampshire-1	W	8-0
9/15	At Temple-1	W	5-0
9/21	Virginia	W	4-0
9/22	Old Dominion	L	3-2 OT
9/25	Duke	W	5-2
9/28	Maryland	W	5-2
9/29	Northeastern	W	5-2
10/2	At Wake Forest	W	5-1
10/5	At Massachusetts	W	2-1
10/6	Syracuse-2	W	6-0
10/12	At Virginia	W	1-0
10/19	At Maryland	W	2-1
10/23	Wake Forest	W	7-1
10/26	At Old Dominion	W	4-2
10/30	At Duke	W	5-0
11/2	James Madison	W	6-0
11/3	Radford	W	5-1
11/9	Duke-3	W	3-2
11/10	Maryland-3	W	4-0
11/17	Virginia-4	W	2-1
11/23	Northeastern-5	W	2-1
11/24	Princeton-5	W	3-0

1-Temple Invitational, Philadelphia, Pa.; 2-At Amherst, Mass.; 3-ACC Tournament, Durham, N.C.; 4-NCAA Second Round, Chapel Hill, N.C.; 6-NCAA Championships, Chestnut Hill, Mass.



1995: 24-0 (8-0 ACC)

NCAA Champion, ACC Champion

Home: 10-0 Away: 7-0 Neutral: 7-0

9/2	Penn State	W	6-0
9/4	At William & Mary	W	5-1
9/9	Iowa-1	W	4-3
9/10	Temple-1	W	4-0
9/16	Old Dominion	W	5-0
9/17	Massachusetts	W	5-0
9/20	At Duke	W	3-0
9/23	At Virginia	W	1-0
9/27	Wake Forest	W	1-0
9/30	American-2	W	4-1
10/1	At Maryland	W	2-1 OT
10/9	Radford	W	4-0
10/13	Virginia	W	5-2
10/14	Maryland	W	2-1 OT
10/18	At Wake Forest	W	6-0
10/21	James Madison	W	2-0
10/25	Duke	W	3-0
10/28	At Old Dominion	W	2-1
10/29	Boston University-3	W	2-1 OT
11/4	Duke-4	W	2-1
11/5	Maryland-4	W	3-2 OT
11/12	Princeton-5	W	6-0
11/18	James Madison-6	W	3-0
11/19	Maryland-6	W	5-1

1-Temple Invitational, Philadelphia, Pa.; 2-At College Park, Md.; 3-At Norfolk, Va.; 4-ACC Tournament, College Park, Md.; 5-NCAA Second Round, Chapel Hill, N.C.; 6-NCAA Championships, Winston-Salem, N.C.



1994: 21-2 (8-0 ACC)

NCAA Runner-up, ACC Champion

Home: 10-0 Away: 6-1 Neutral: 5-1

9/4	William & Mary	W	5-2
9/7	Stanford	W	8-0
9/10	Boston Univ.-1	W	4-0
9/11	At Temple-1	W	5-0
9/17	At Old Dominion	W	1-0
9/21	Radford	W	3-0
9/24	Duke	W	6-0
9/25	At Wake Forest	W	2-0
10/1	Maryland	W	2-1 2OT
10/2	Virginia	W	4-0
10/6	California	W	8-0
10/9	At Massachusetts	L	1-0 OT
10/15	Maryland-2	W	3-1
10/16	At Virginia	W	3-2
10/19	Wake Forest	W	3-1
10/23	At James Madison	W	3-0

CAROLINA FIELD HOCKEY

YEAR-BY-YEAR RESULTS

10/29	At Duke	W	3-0
10/30	Old Dominion	W	1-0 2OT
11/5	Wake Forest-3	W	6-1
11/6	Maryland-3	W	2-0
11/12	Boston College-4	W	5-0
11/19	Iowa-5	W	4-1
11/20	James Madison-5	L	2-1 2OT,PS

1-Temple Invitational, Philadelphia, Pa.; 2-at Charlottesville, Va.; 3-ACC Tournament, Charlottesville, Va.; 4-NCAA Second Round, Chapel Hill; 5-NCAA Championships, Brookline, Mass.



1993: 16-3-3 (3-1 ACC)

NCAA Runner-up, ACC Champion

Home: 5-0-2 Away: 5-1-1 Neutral: 6-2

9/4	Radford-1	W	10-1
9/5	At William & Mary	W	7-0
9/11	Villanova-2	W	2-0
9/12	At Temple-2	W	3-2 OT
9/18	Duke	W	1-0
9/19	Northwestern	T	0-0 2OT
9/25	At Old Dominion	T	0-0 2OT
9/26	Penn State-3	L	2-0
10/2	Va. Commonwealth	W	2-1
10/3	At Virginia	W	3-1
10/9	At Maryland	L	4-1
10/10	American-4	W	2-0
10/17	Wake Forest	W	4-0
10/23	James Madison	W	2-1
10/24	Old Dominion	T	1-1 2OT
10/30	Massachusetts	W	1-0 OT
10/31	At Duke	W	2-1
11/6	Virginia-5	W	2-0
11/7	Maryland-5	W	2-0
11/14	James Madison-6	W	2-1 OT
11/20	Penn State-7	W	2-1 2OT,PS
11/21	Maryland-7	L	2-1 2OT,PS

1-Williamsburg, Va.; 2-Temple Invitational, Philadelphia, Pa.; 3-Norfolk, Va.; 4-College Park, Md.; 5-ACC Tournament, Winston-Salem, N.C.; 6-NCAA Second Round, Chapel Hill, N.C.; 7-NCAA Championships, Piscataway, N.J.



1992: 14-7-1 (4-0 ACC)

NCAA Semifinals

Home: 7-1 Away: 4-2 Neutral: 3-4-1

9/7	Old Dominion	L	5-0
9/12	Iowa-1	L	4-1

9/13	Princeton-1	W	3-1
9/19	Massachusetts-2	L	1-0
9/20	At Northeastern	L	5-0
9/23	Radford	W	1-0
9/26	At Duke	W	3-0
9/27	Va. Commonwealth	W	3-1
10/3	Maryland	W	4-0
10/4	William & Mary	W	5-1
10/10	At James Madison	W	2-1
10/17	At Old Dominion	L	3-0
10/18	Temple-3	T	1-1 2OT
10/24	West Chester-4	W	6-0
10/25	At Penn State	W	2-1 OT
10/28	At Wake Forest	W	8-0
10/31	Virginia	W	6-1
11/1	Duke	W	2-0
11/7	Virginia-5	W	5-0
11/8	Maryland-5	L	2-1 2OTPS
11/15	Duke-6	W	3-0
11/21	Old Dominion-7	L	5-0

1-Temple Invitational, Philadelphia, Pa.; 2-Boston, Mass.; 3-Norfolk, Va.; 4-University Park, Pa.; 5-ACC Tournament, Winston-Salem, N.C.; 6-NCAA Second Round, Chapel Hill, N.C.; 7-NCAA Semifinals, Richmond, Va.



1991: 15-6-1 (2-1 ACC)

NCAA Runner-up, ACC Champion

Home: 8-1-1 Away: 4-4 Neutral: 3-1

9/7	Boston Univ.-1	W	1-0
9/8	At Temple-1	L	3-1
9/14	Syracuse-2	W	5-0
9/15	At Penn State	L	3-0
9/18	Duke	W	3-0
9/21	Northeastern	W	2-1
9/25	Radford	W	3-1
9/26	At Va. Commonwealth	W	2-1
9/29	At Old Dominion	L	1-0
10/6	At Maryland	L	4-0
10/7	At William & Mary	W	3-1
10/13	Old Dominion	L	2-1
10/18	James Madison	T	2-2 2OT
10/19	Northwestern	W	4-0
10/27	At Virginia	W	3-0
10/30	At Duke	W	3-1
11/2	Ball State	W	7-1
11/9	Duke-3	W	1-0
11/10	Maryland-3	W	3-0
11/17	Temple-4	W	1-0
11/23	Penn State-5	W	1-0
11/24	Old Dominion-5	L	2-0

1-Temple Invitational, Philadelphia, Pa.; 2-University Park, Pa. 3-ACC Tournament, Chapel Hill, N.C.; 4-NCAA Second Round, Chapel Hill, N.C.; 5-NCAA Championships, Villanova, Pa.



1990: 20-4 (2-1 ACC)

NCAA Runner-up, ACC Champion

Home: 10-1 Away: 6-0 Neutral: 4-3

9/8	Providence-1	L	4-2
9/9	Northern Illinois-1	W	4-0
9/13	Radford	W	10-0
9/15	At Northeastern	W	3-2
9/16	At Boston University	W	3-2 2OT
9/22	At Old Dominion	W	3-2
9/23	Iowa-2	W	2-1
9/28	William & Mary	W	3-0
9/29	Kent University	W	3-0
10/3	At James Madison	W	3-0
10/6	Maryland	L	3-2
10/7	New Hampshire	W	5-2
10/10	Duke	W	3-1
10/13	Old Dominion	W	2-1
10/17	Va. Commonwealth	W	6-2
10/20	Northwestern-3	L	3-0
10/21	At St. Louis	W	4-0
10/26	Hofstra	W	8-0
10/28	Virginia	W	2-1
11/3	At Maryland-4	W	5-1
11/4	Duke-4	W	2-1 2OT
11/11	Northeastern-5	W	3-1
11/17	Penn State-6	W	1-0
11/18	Old Dominion-6	L	5-0

1-Temple Invitational, Philadelphia, Pa.; 2-Norfolk, Va.; 3-St. Louis, Mo.; 4-ACC Tournament, College Park, Md.; 5-NCAA 2nd Round, Chapel Hill, N.C.; 6-NCAA Champs, Piscataway, N.J.



1989: 20-2 (3-0 ACC)

NCAA Champion, ACC Champion

Home: 5-1 Away: 9-1 Neutral: 6-0

9/9	At Villanova	W	6-1
9/10	At Temple	W	5-0
9/14	Radford	W	11-0
9/15	St. Louis	W	7-1
9/24	At Old Dominion	L	1-0
9/25	Northeastern-1	W	2-1
9/28	At Virginia	W	4-0
9/30	Cal State-Chico-2	W	4-0
10/2	Stanford-2	W	5-0
10/7	At Maryland	W	3-0
10/8	At William & Mary	W	3-1
10/10	At Duke	W	2-0
10/13	Northwestern	L	2-1



YEAR-BY-YEAR RESULTS

10/14	Old Dominion	W	5-2
10/18	At Va. Commonwealth	W	2-0
10/21	Boston University	W	3-0
10/22	James Madison	W	7-0
10/28	At Duke-3	W	3-0
10/29	Maryland-3	W	8-1
11/12	At Northeastern-4	W	2-1
11/18	Iowa-5	W	1-0
11/19	Old Dominion-5	W	2-1 3OT,PS

1-Norfolk, Va.; 2-Berkeley, Calif.; 3-ACC Tournament, Durham, N.C.; 4-NCAA 2nd Round, Boston, Mass.; 5-NCAA Champs, Springfield, Mass.



1988: 18-2 (3-0 ACC)
NCAA Tourn. 2nd Round, ACC Champion
Home: 7-1 Away: 5-1 Neutral: 6-0

9/7	Radford	W	8-0
9/16	Maine-1	W	3-0
9/17	New Hampshire-1	W	4-0
9/18	At Northeastern	W	1-0
9/22	Iowa	W	2-0
9/24	Old Dominion	L	4-0
9/25	Maryland	W	3-0
10/1	West Chester	W	2-0
10/6	At James Madison	W	4-0
10/8	William & Mary	W	5-0
10/9	Virginia	W	8-0
10/11	Duke	W	3-0
10/15	At Hofstra	W	5-2
10/16	Boston University-2	W	2-1
10/23	At Old Dominion	W	3-2 2OT
10/24	Stanford-3	W	3-2
10/29	At Virginia-4	W	5-0
10/30	Maryland-4	W	3-0
11/12	Maryland-5	W	2-0
11/13	At Old Dominion-5	L	2-1

1-Boston, Mass.; 2-Hempstead, N.Y.; 3-Norfolk, Va.; 4-ACC Tournament, Charlottesville, Va.; 5-NCAA First and Second Round, Norfolk, Va



1987: 19-2 (2-1 ACC)
NCAA Runner-up, ACC Champion
Home: 8-1 Away: 7-1 Neutral: 4-0

9/13	At Rutgers	W	2-0
9/19	Northeastern	W	5-1
9/20	Northwestern-1	W	6-2
9/21	At Old Dominion	W	2-1

9/26	Iowa-1	W	5-0
9/27	At Old Dominion	W	4-0
10/6	At Virginia	W	4-0
10/10	At Maryland	L	2-1
10/11	At William & Mary	W	5-0
10/13	At Duke	W	2-0
10/18	At Northwestern	W	2-1
10/19	Purdue-2	W	5-0
10/20	Northern Illinois-2	W	2-0
10/23	Maine	W	8-0
10/25	James Madison	W	3-2
10/31	Duke-3	W	8-1
11/1	Maryland-3	W	5-0
11/8	New Hampshire	W	4-1
11/16	Old Dominion-4	W	3-1
11/21	Massachusetts-5	W	3-0
11/22	Maryland-5	L	2-1 OT

1-Norfolk, Va.; 2-Evanston, Ill.; 3-ACC Tourn., Chapel Hill, N.C.; 4-NCAA Second Round, Chapel Hill, N.C.; 5-NCAA Championships, Chapel Hill, N.C.



1986: 19-3 (3-0 ACC)
NCAA Semifinalist, ACC Champion
Home: 9-1 Away: 5-0 Neutral: 5-2

9/7	Va. Commonwealth	W	7-0
9/13	New Hampshire-1	L	3-2
9/14	At Boston College	W	2-0
9/19	Iowa	W	4-1
9/21	Old Dominion	W	3-1
9/27	At Temple	W	4-0
9/28	Pacific-2	W	5-0
10/3	Appalachian State	W	11-0
10/5	William & Mary	W	7-0
10/8	Virginia	W	5-0
10/14	Duke	W	6-1
10/18	Maine-3	W	3-2
10/19	Connecticut-3	W	2-0
10/23	At James Madison	W	3-1
10/26	Maryland-4	W	2-1
11/1	Duke-5	W	4-0
11/2	At Maryland-5	W	4-3 3OT
11/7	Davis & Elkins	W	7-0
11/9	Northwestern	L	2-0
11/16	At Rutgers-6	W	2-0
11/22	New Hampshire-7	L	2-1
11/23	Penn State-7	W	4-0

1-Boston, Mass.; 2-Philadelphia, Pa.; 3-Norfolk, Va.; 4-Finley Field, Chapel Hill, N.C.; 5-ACC Tournament, College Park, Md.; 6-NCAA Second Round, Piscataway, N.J.; 7-NCAA Championships, Norfolk, Va.



1985: 13-4 (2-1 ACC)
NCAA Tourn. 2nd Round, ACC Champion
Home: 6-1 Away: 4-2 Neutral: 3-1

9/7	Penn State	W	5-0
9/13	Va. Commonwealth	W	2-1
9/21	Stanford-1	W	3-1
9/22	At Old Dominion	L	2-0
9/28	At Temple	W	5-3
9/29	California-2	W	6-0
10/5	Old Dominion	W	3-1
10/8	At Virginia	W	3-2
10/12	At Maryland	L	2-1
10/13	Ursinus-2	W	2-1
10/19	At William & Mary	W	3-0
10/23	At Duke	W	4-0
11/2	Duke-3	W	6-1
11/3	Virginia-3	W	4-0
11/5	New Hampshire-4	L	2-1
11/6	James Madison	W	6-0
11/17	Old Dominion-5	L	3-2

1-Norfolk, Va.; 2-Philadelphia, Pa.; 3-ACC Tournament, Chapel Hill, N.C.; 4-Norfolk, Va.; 5-NCAA Second Round, Chapel Hill, N.C.



1984: 14-5 (3-0 ACC)
NCAA Tourn. 1st Round, ACC Champion
Home: 6-0 Away: 4-2 Neutral: 4-3

9/4	Va. Commonwealth	W	6-0
9/7	Massachusetts-1	W	2-1
9/8	At Springfield	W	2-0
9/12	Appalachian State	W	9-0
9/15	Northwestern-2	L	2-1
9/16	Michigan State-2	W	5-0
9/18	Duke	W	2-0
9/22	Iowa-2	W	2-1
9/23	At Temple	L	2-1
10/1	Stanford-3	L	3-2
10/6	Virginia	W	3-0
10/14	At Penn State	W	2-1 2OT
10/21	At Old Dominion	L	4-0
10/24	At Duke	W	4-0
10/27	William & Mary	W	1-0
10/30	James Madison	W	4-0
11/3	Duke-4	W	3-0
11/4	At Virginia-4	W	2-1
11/10	Virginia-5	L	2-1 3OT,PS

1-Springfield, Mass.; 2-Philadelphia, Pa.; 3-Norfolk, Va.; 4-ACC Tournament, Charlottesville, Va.; 5-NCAA First Round, Norfolk, Va.



1983: 13-4-3 (2-0 ACC)
NCAA tourn. 1st Round, ACC Champion
Home: 7-1-1 Away: 5-2-1 Neutral: 1-1-1

9/9	Va. Commonwealth	W	3-0
9/16	James Madison	W	4-0
9/18	Penn State	T	1-1 2OT
9/21	At Duke	W	2-0
9/23	Massachusetts-1	T	0-0 2OT
9/24	At Springfield	W	3-0
9/30	At Virginia	W	1-0
10/1	At William & Mary	T	1-1 2OT
10/4	Old Dominion	L	3-0
10/11	At Appalachian State	W	4-0
10/15	Duke-2	W	2-1
10/16	Maryland-2	W	1-0
10/20	Southern Illinois	W	3-0
10/25	Wake Forest	W	6-1
10/26	Duke	W	3-1
10/30	At Old Dominion	L	1-0
11/4	San Jose-3	L	2-1
11/5	At Temple	W	1-0
11/12	California-4	W	2-1
11/13	At Old Dominion-4	L	8-0

1-Springfield, Mass.; 2-ACC Tournament, Chapel Hill, N.C.; 3-Philadelphia, Pa.; 4-NCAA First and Second Rounds, Norfolk, Va.



1981: 8-9-1
First in State AIAW, Second in region
Home: 3-1 Away: 1-6-1 Neutral: 4-2

9/22	At Duke	L	1-2
9/24	High Point	W	2-0
9/26	Virginia Tech	W	3-1
10/2	At William & Mary	T	2-2
10/3	At Virginia	L	0-4
10/5	Wake Forest	W	10-0
10/13	Duke	L	2-3
10/14	At Pfeiffer	L	0-1
10/18	At West Chester	L	0-4
10/19	At Delaware	L	1-3
10/22	At Appalachian St.	W	1-0
10/24	At Old Dominion	L	0-5
10/27	Clemson-1	L	1-2
10/29	Appalachian State-2	W	2-1
10/30	Duke-2	W	1-0
10/31	High Point-3	W	4-1
11/6	Eastern Kentucky-4	W	2-0
11/7	Virginia-4	L	0-1

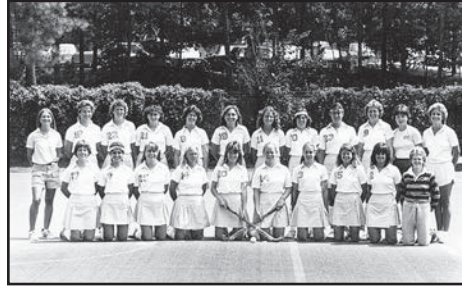
1-Charlotte, N.C.; 2-NCAIAW State Tournament, High Point, N.C.; 3-Deep South Tournament, High Point, N.C.; 4-AIAW Southern Region II Tournament, Blacksburg, Va.



1979: 11-5-1
First in state AIAW, Third in region
Home: 4-0 Away: 5-4 Neutral: 2-1-1

9/21	James Madison-1	L	0-1
9/21	Davis & Elkins-1	T	1-1
9/27	At Catawba	W	4-0
10/2	At East Carolina	W	7-1
10/4	At Pfeiffer	W	2-0
10/6	At Virginia	L	0-1
10/7	At Old Dominion	W	2-0
10/9	Davidson	W	3-0
10/11	High Point	W	1-0
10/12	Wake Forest	W	6-0
10/16	Duke	W	2-1
10/24	At Appalachian State	W	4-2
10/26	At Hollins	L	0-1
10/27	At Virginia Tech	L	0-2
11/2	Duke-2	W	3-1
11/16	At William & Mary-3	L	0-2
11/17	James Madison-3	W	3-0

1-Longwood Tournament, Farmville, Va.; 2-NCAIAW State Tournament, Rock Hill, S.C.; 3-AIAW Southern Region II Tournament, Williamsburg, Va.



1982: 11-8
Home: 6-1 Away: 3-4 Neutral: 2-3

9/11	Northwestern-1	W	2-1
9/12	At Connecticut-1	L	6-0
9/17	William & Mary	W	5-1
9/21	Duke	W	6-0
9/25	Richmond	W	3-0
9/26	Old Dominion	L	5-0
9/29	Virginia	W	2-0
10/2	At Penn State	L	6-1
10/3	At Temple	L	1-0
10/7	At James Madison	W	5-1
10/14	Pfeiffer	W	2-1
10/16	Maryland-2	L	4-3 3OT,PS
10/17	Wake Forest-2	W	7-0
10/19	At Wake Forest	W	4-0
10/21	Appalachian State	W	5-0
11/1	At Duke	W	1-0 3OT,PS
11/6	At Old Dominion-3	L	2-1
11/7	Springfield-3	L	2-0
11/7	Maryland-3	L	1-0

1-Husky Classic, Storrs, Conn.; 2-Cavalier Classic, Charlottesville, Va.; 3-Lady Monarch Classic, Norfolk,



1980: 8-7
First in state AIAW, Fourth in region
Home: 3-2 Away: 3-2 Neutral: 2-3

9/19	at Connecticut	L	0-5
9/20	Vermont-1	L	0-1
9/25	Durham Club	W	3-1
9/28	James Madison	L	1-3
10/2	Pfeiffer	W	2-0
10/4	Virginia	L	0-2
10/7	At Wake Forest	W	1-0
10/10	At William & Mary	L	0-4
10/14	At High Point	W	6-0
10/16	At Duke	W	1-0
10/23	Appalachian State	W	4-1
10/31	Appalachian State-2	W	1-0
11/7	James Madison-3	W	3-1
11/7	Old Dominion-3	L	2-3
11/8	Virginia-3	L	0-5

1-Storrs, Conn.; 2-NCAIAW State Tournament, Durham, N.C.; 3-AIAW Southern Region II Tourn., High Point, N.C.



1978: 18-5
First in state AIAW, Second in region
Home: 4-0 Away: 6-0 Neutral: 8-5

9/26	Appalachian State	W	3-0 OT
9/29	at Longwood	W	1-0
9/30	Richmond-1	W	1-0
9/30	William & Mary-1	L	1-2
10/3	at Davidson	W	4-0
10/6	at Roanoke	W	4-2
10/7	Eastern Kentucky-2	L	0-1
10/7	Kalamazoo-2	W	7-0
10/7	Virginia Tech-2	L	1-2
10/10	at High Point	W	3-2
10/12	UNC Greensboro	W	1-0
10/14	Virginia Tech	W	3-0
10/17	at Duke	W	4-2
10/20	East Carolina	W	5-0
10/24	at Wake Forest	W	5-0
10/27	Duke-3	W	3-1
10/27	High Point-3	L	1-2
10/28	UNC Greensboro-3	W	1-0
10/28	Appalachian State-3	W	1-0 OT
10/29	High Point-3	W	1-0 OT
11/10	Old Dominion-4	W	2-0



YEAR-BY-YEAR RESULTS

11/10 Univ. of the South-4 W 6-0
 11/11 Virginia-4 L 0-1
 1-Longwood Tournament, Farmville, Va.; 2-Roanoke, Va.; 3-NCAIAW State Tournament., Boone, N.C.; 4-AIAW Southeast Regionals, Roanoke, Va.



1976: 4-6-1

Home: 3-1 Away: 1-3-1 Neutral: 0-2

9/27 Pfeiffer College W 6-2
 9/30 Appalachian State W 2-0
 10/5 East Carolina W 8-0
 10/12 At Catawba W 2-0
 10/18 At Duke L 1-2
 10/22 At Virginia L 1-3
 10/26 UNC Greensboro L 3-5
 10/28 at Wake Forest T 2-2
 11/5 UNC Greensboro-1 L 1-2
 11/6 Appalachian State-1 L 1-3
 11/10 At High Point L 2-3
 1-Deep South Tournament, Greenville, N.C.

10/2 At UNC Greensboro L 1-2
 10/9 Duke W 5-3
 10/14 Wake Forest W 8-1
 10/21 At East Carolina T 3-3
 10/28 Catawba W 4-2
 10/30 High Point W 6-2



1977: 13-4-1

First in state AIAW, Third in region

Home: 3-2 Away: 5-1-1 Neutral: 5-1

9/20 at UNC Greensboro L 0-1
 9/22 at Pfeiffer W 6-0
 9/28 at Appalachian State W 5-1
 9/30 at Hollins College T 0-0
 10/1 at Roanoke W 2-0
 10/1 Virginia Tech-1 W 3-0
 10/4 at East Carolina W 9-0
 10/7 Virginia L 2-3
 10/11 Catawba W 7-0
 10/19 Davidson-2 W 5-0
 10/25 Duke W 1-0
 10/27 Wake Forest W 5-0
 10/31 High Point L 0-1
 11/3 High Point-3 W 3-0
 11/3 at Duke-3 W 2-1 OT
 11/11 Louisville-4 W 2-0
 11/11 James Madison-4 L 0-2
 11/12 Longwood-4 W 2-0

1-Roanoke, Va.; 2-Greensboro, N.C.; 3-NCAIAW State Tournament, Durham, N.C.; 4-AIAW Region II Tournament, Williamsburg, Va.



1975: 4-2-1

Home: 4-0 Away: 0-2-1 Neutral: 0-0

9/30 At Appalachian State L 1-2



1974: 4-3-2

Home: 3-1-1 Away: 0-2 Neutral: 1-0-1

10/3 At Duke L n/a
 10/9 N.C. State W 5-1
 10/16 Wake Forest W 3-2
 10/18 At East Carolina L 2-3
 10/25 UNC Greensboro L 2-5
 10/31 High Point T n/a
 11/4 Campbell W 4-0
 11/8 Converse College-1 W 5-4
 11/8 Wake Forest-1 T 2-2
 1-Deep South Tournament, Greensboro, N.C.

UNC'S RECORD AGAINST ...

Opponent	Shelton	Overall	East Carolina	0-0-0	4-3-1	Monmouth	1-0-0	1-0-0	Southern Illinois	1-0-0	1-0-0
Albany	1-0-0	1-0-0	Eastern Kentucky	1-0-0	1-1-0	New Hampshire	4-3-0	4-3-0	Springfield	2-1-0	2-1-0
Appalachian State	11-0-0	18-2-0	Georgetown	1-0-0	1-0-0	Northeastern	10-1-0	10-1-0	St. Louis	2-0-0	2-0-0
American	3-0-0	3-0-0	High Point	2-0-0	8-4-2	Northern Illinois	2-0-0	2-0-0	Stanford	9-1-0	9-1-0
Ball State	1-0-0	1-0-0	Hofstra	2-0-0	2-0-0	Northwestern	4-4-1	4-4-1	Syracuse	5-2-0	5-2-0
Boston College	12-1-0	12-1-0	Hollins	0-0-0	0-1-1	UNC Greensboro	0-0-0	2-7-0	Temple	14-3-1	14-3-1
Boston University	6-0-0	6-0-0	Indiana	0-1-0	0-1-0	N.C. State	0-0-0	2-0-0	Tennessee	0-0-0	1-0-0
California	5-0-0	5-0-0	Iowa	23-3-0	23-3-0	Ohio	1-0-0	1-0-0	Univ. of the South	0-0-0	1-0-0
Cal State-Chico	1-0-0	1-0-0	James Madison	31-3-1	33-6-1	Ohio State	2-0-0	2-0-0	Ursinus	1-0-0	1-0-0
Campbell	0-0-0	1-0-0	Kalamazoo	0-0-0	1-0-0	Old Dominion	40-34-2	42-35-2	Vermont	0-0-0	0-1-0
Catawba	0-0-0	4-2-0	Kent State	2-2-0	2-2-0	Pacific	1-0-0	1-0-0	Villanova	8-0-0	8-0-0
Clemson	0-1-0	0-1-0	Lafayette	1-0-0	1-0-0	Penn State	21-7-1	21-7-1	Virginia	49-10-0	49-16-0
Coker	0-0-0	0-1-0	Lock Haven	1-0-0	1-0-0	Pfeiffer	1-1-0	5-1-0	VCU	13-0-0	13-0-0
Connecticut	7-2-0	7-3-0	Longwood	5-0-0	7-0-0	Princeton	6-2-0	6-2-0	Virginia Tech	1-0-0	3-2-0
Converse	0-0-0	1-0-0	Louisville	0-1-0	1-1-0	Providence	0-1-0	0-1-0	Wake Forest	38-18-0	45-19-4
Dartmouth	1-0-0	1-0-0	Maine	3-0-0	3-0-0	Purdue	1-0-0	1-0-0	West Chester	7-1-0	7-1-0
Davidson	10-0-0	13-0-0	Maryland	34-26-0	34-26-0	Radford	27-0-0	27-0-0	William & Mary	24-0-2	24-3-2
Davis & Elkins	1-0-0	1-0-1	Massachusetts	8-2-1	8-2-1	Richmond	6-0-0	7-0-0	Yale	2-0-0	2-0-0
Delaware	5-1-0	5-1-0	Miami (Ohio)	1-0-0	1-0-0	Roanoke	0-0-0	2-0-0			
Duke	59-8-0	69-11-1	Michigan	18-3-0	18-3-0	Rutgers	2-0-0	2-0-0			
Durham Club	0-0-0	1-0-0	Michigan State	4-1-0	4-1-0	San Jose	0-1-0	0-1-0			



THE RAMS CLUB

THANK YOU RAMS CLUB MEMBERS!

YOU ARE WHY OUR WORLD-CLASS STUDENT-ATHLETES AND COACHES WORK TO BE SMARTER, FASTER AND STRONGER EVERY YEAR IN ORDER TO LIVE UP TO CAROLINA'S TRADITION OF SUCCESS.

Each year, The Rams Club's primary mission of fully funding all 450 of Carolina's student-athlete scholarships becomes more and more challenging. Thanks to the incredible generosity and longevity of support from Rams Club members, The Rams Club has always been able to fulfill our mission.

Because of this support, Carolina student-athletes have excelled representing the Tar Heels in the classroom and on the playing field.

In addition to the nine ACC Players of the Year and four ACC Freshmen of the Year, 88 Tar Heels were recognized on All-ACC Academic Teams, two were named ACC Scholar Athletes of the Year and UNC Field Hockey's **Loren Shealy** was named Sports Illustrated's College Athlete of the Year. None of these incredible feats would be possible without the foundation of support you provide for Carolina Athletics.

YOU ARE WHY Carolina continues to educate and inspire the best student-athletes in the nation!



329 student-athletes were named to UNC's Dean's List during the academic year of 2013-2014.



The NCAA honored five University of North Carolina athletic programs whose Academic Progress Rates are among the top 10 percent nationally.



A record number of UNC student-athletes – 347 – made the ACC Academic Honor Roll in 2013-14. UNC's previous high was 329 in 2012-13.



THE RAMS CLUB



YOU ARE WHY...

Carolina Educates & Inspires the Best Student-Athletes in the Country



THE RAMS CLUB

THANK YOU RAMS CLUB MEMBERS

CURRENT MEMBERS

MAKE AN EVEN GREATER IMPACT!

As costs continue to increase, current Rams Club members can make an even greater impact on the success of Carolina Athletics through the following ways:

GIVE 110%

Our student-athletes routinely give 110%. By simply giving 110% of your membership level, you can help insure that The Rams Club can continue to meet rising scholarship costs.

REFER MEMBERS

In order to continue support for a successful athletics program, we need to build our membership! By having a new member mention your name upon signing up for The Rams Club, you'll earn additional priority points.

CAPITAL PROJECTS

By making a pledge to The Loudermilk Center for Excellence, you can help complete the fundraising for this project that now provides student-athletes a world-class academic and training facility. Contributions will receive 1.4 points per \$100 contributed.

FUTURE MEMBERS

JOIN THE RAMS CLUB TODAY!

Support from Rams Club members has been integral in establishing Carolina as a leader in collegiate athletics. Consider joining The Rams Club to help solidify the tradition of excellence that Carolina works to uphold.

Members of The Rams Club enjoy many great benefits – the most rewarding benefits being your commitment to provide opportunities for worthy young men and women to represent Carolina. Rams Club members also receive ticket priority over the general public for football, men's and women's basketball and baseball as well as exclusive access to the latest Carolina news and special events. For more information about how you can help secure the future success of Carolina Athletics and enjoy the benefits of being a Rams Club member, visit RamsClub.com or call The Rams Club at 919.843.2000.



919.843.2000



www.ramsclub.com



ramsclub@ramsclub.com



The Rams Club



@TheRamsClub

2014 Schedule

- Aug. 30 • Michigan
- Aug. 31 • Iowa
- Sept. 5 • @ Maryland
- Sept. 7 • @ Delaware
- Sept. 12 • Syracuse
- Sept. 20 • @ Louisville
- Sept. 21 • vs. Miami, Ohio (@ Louisville)
- Sept. 26 • @ Boston College
- Sept. 28 • vs. Connecticut (@ B.C.)
- Oct. 3 • Virginia
- Oct. 9 • @ Wake Forest
- Oct. 10 • @ Longwood
- Oct. 12 • VCU
- Oct. 17 • @ Duke
- Oct. 19 • @ Liberty
- Oct. 25 • Wake Forest
- Oct. 26 • Pacific
- Nov. 2 • @ Old Dominion

ACC Tournament

Nov. 6, 7, 9 @ Durham, N.C.

NCAA First/Second Rounds

Nov. 15-16 @ Campus Sites

NCAA Semis/Finals

Nov. 21, 23 @ College Park, Md.



Junior Casey DiNARDO

Junior Emily WOLD

Junior Nina NOTMAN

Junior Emma BOZEK



Heels in Holland

The Tar Heels traveled to The Netherlands in the summer of 2014, on a 10-day trip dedicated to field hockey and fun. The group toured the country, played three scrimmage games and cheered at the Hockey World Cup, where five UNC players – including current Carolina junior Emily Wold – played for the U.S. and one represented South Africa.